

CADTH Health Technology Review

Stereotactic Ablative Radiotherapy for the Treatment of Oligometastatic Cancer: A Clinical Review as Part of a Health Technology Assessment, Version 2.0

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This is the final report of a living systematic review (i.e., no further updates are planned). Please see the [CADTH project page](#) for its version history, and to access the baseline version of the report.

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Clinical Review

The following authors contributed to this final report, which updates the baseline report.⁷⁵

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Conflicts of Interest

There are no conflicts of interest to declare relevant to this report.

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Abbreviations

3DCRT	3-dimensional conformal radiation therapy
ADT	androgen deprivation therapy
AE	adverse event
CI	confidence interval
CT	computerized tomography
CTCAE	Common Terminology Criteria for Adverse Events
ENRT	elective nodal radiotherapy
GRIPP2-SF	Guidance for Reporting Involvement of Patients and the Public (version 2) – Short Form
HR	hazard ratio
HTA	Health Technology Assessment
IMRT	intensity-modulated radiation therapy
IQR	interquartile range
LC	lesional control
LSR	living systematic review
OS	overall survival
PFS	progression-free survival
PRISMA	Preferred Reporting Items for Systematic Reviews and Meta-Analyses
QoL	quality of life
RCT	randomized controlled trial
RoB 2	Cochrane risk-of-bias tool for randomized trials
RoBANS	Risk of Bias Assessment Tool for Nonrandomized Studies
SABR	stereotactic ablative radiotherapy
SOC	standard of care
TKI	tyrosine kinase inhibitor

Table 1: Protocol Amendments

Section	Amendment	Page	Rationale
Decision problem	The decision problem was expanded beyond the elements related to the clinical review.	17	To reflect the scope of the entire Health Technology Assessment as described in the Scoping Brief. ¹
Research questions	The term “clinical effectiveness” replaced “clinical benefits” and the term “safety” replaced “clinical harms” in the phrasing of the 2 research questions.	18	To clarify the scope of information sought for each clinical research question.
Literature search methods	For the baseline review, the WHO’s International Clinical Trials Registry Platform (ICTRP) search portal was removed from the search strategy.	19	The access portal was not working when the baseline review was being conducted (March to August 2020).
Selection and eligibility criteria	<p>The protocol stated that outcomes for question 2 are restricted to the AEs described in the Common Terminology Criteria for Adverse Events (CTCAE) version 5.0.</p> <p>For the baseline review and subsequent updates, all relevant studies reporting quantifiable AEs for both groups are included irrespective of the tools used.</p>	21	To capture all AEs.
	<p>The protocol stated that the progression-free survival and freedom-from-progression outcomes for question 1 included the time from randomization (or diagnosis for nonrandomized controlled trials) to any documented progression of disease at any site using RECIST. The lesional control outcome for question 1 was defined as time from randomization (or diagnosis for nonrandomized controlled trials) until radiological evidence of progression at the treated site or development of a previously unknown metastatic lesion using RECIST criteria.</p> <p>For the baseline review and subsequent updates, the restriction to the use of RECIST criteria for the definition of progression-free survival, freedom from progression, and lesional control outcomes is removed.</p>	22	Progression-free survival and lesional control definitions varied among included studies and were not limited to RECIST criteria. No data were identified for the freedom-from-progression outcome for the baseline review; however, the protocol was amended to maintain a consistent approach for all progression-related outcomes for subsequent updates.
	<p>The protocol defined lesional control as time from randomization (or diagnosis for nonrandomized controlled trials) until radiological evidence of progression at the treated site or development of a previously unknown metastatic lesion.</p> <p>For the baseline review and subsequent updates, lesional control was redefined as the absence of progression in the lesions initially present at randomization or at diagnosis from nonrandomized controlled trials.</p>	22	Based on clinical expert input that lesional control only concerns existing lesions and not new lesions.

Section	Amendment	Page	Rationale
	<p>The protocol stated that studies of patients with a history of widespread metastatic disease (i.e., patients with induced oligometastatic cancer) would be excluded based on clinical expert input indicating that the nature of their disease progression is clinically different than the intended oligometastatic population for this review.</p> <p>The protocol also stated that for studies with mixed populations (i.e., comprising both individuals who met and those who did not meet the eligibility criteria) that did not report results for the population of interest separately, those studies would be considered eligible if at least 80% of the population met the inclusion criteria.</p> <p>For the baseline review and subsequent updates, it was clarified that “induced metastatic cancer” included “induced oligoprogression and induced oligopersistence.” In addition, results were included only if 100% of the population met the inclusion criteria.</p>	22	To clarify and ensure that the findings were relevant to the population of interest, based on further clinical expert input.
	<p>The protocol stated that if there were multiple publications fulfilling the inclusion criteria from the same study (i.e., same population), all publications that provided unique results (e.g., different outcomes or time points) would be included.</p> <p>For the baseline review and subsequent updates, all publications for each relevant study would be included, even if reporting the same results.</p>	23	For comprehensiveness, as there were no pre-specified criteria to determine which citation should be included when reporting results described in multiple publications.
Data extraction	<p>The protocol stated that Microsoft Excel and the SR management software DistillerSR² would be used to facilitate data extraction.</p> <p>For the baseline review, only Microsoft Excel was used for data extraction. This change will also be made for the updates.</p>	23	Microsoft Excel was sufficient for data extraction.
	<p>The protocol stated that data from each included study would be extracted by 1 reviewer and checked for accuracy by a second reviewer.</p> <p>For the baseline review, all relevant study data were extracted independently by 2 reviewers and then compared and combined. Discrepancies were resolved through discussion until consensus was reached, involving a third reviewer and clinical experts when necessary. This change will also be made for the updates.</p>	25	To further increase the methodological rigour.
Critical appraisal	<p>For the baseline review and subsequent updates, an overall risk-of-bias judgment was made for each nonrandomized study assessed with RoBANS, as follows:</p>	25	This was done to provide an overall risk-of-bias judgment for nonrandomized studies consistent with the planned approach to do this for RCTs. As the RoBANS guidance did not provide

Section	Amendment	Page	Rationale
	<ul style="list-style-type: none"> • “high risk of bias,” if the study had at least 1 domain that was at “high risk of bias” • “some concerns,” if the study had at least 1 domain that was “unclear” but no domain that was at “at high risk of bias” • “low risk of bias,” if the study had a “low risk of bias” for all domains. <p>This was not specified in the protocol.</p>		<p>a specific approach for making study-level judgments, this was borrowed from the RoB 2 guidance for methodological consistency.</p>
	<p>For the baseline review and subsequent updates, the risk of bias was assessed for individual outcomes within individual studies (i.e., bias due to deviations from missing outcome data and measurement of the outcome in RCTs, outcome assessment, and incomplete outcome data in nonrandomized studies). This was not specified in the protocol.</p>	25	<p>To address sources of bias that may differ across outcomes within a single primary study.</p>
Patient engagement	<p>The protocol stated that a patient will be invited to reflect on their personal experiences with SABR treatment before protocol finalization and during drafting and upon completion of the final report. This was updated to specify patient involvement during drafting and completion of the baseline clinical review, and to add opportunities for involvement during clinical review updates as part of the LSR phase and upon transitioning the clinical review out of living mode in the event that the review conclusions change.</p>	27	<p>To clarify the planned patient engagement activities for the baseline clinical review and throughout the LSR phase.</p>

Summary

Key Messages

- Oligometastatic cancer (cancer with a limited number of metastases) represents an intermediate state between cancer confined to a single location in the body and cancer that has metastasized — or spread — widely.
- One treatment option, for which there is growing interest, is stereotactic ablative radiotherapy, also known as SABR.
 - SABR precisely delivers a high dose of radiation to ablate tumours at specific sites while minimizing the radiation dose to surrounding normal tissues.
 - SABR may be used independently or alongside other treatment options in the management of oligometastatic cancer.
- This CADTH clinical review evaluated the evidence regarding the clinical effectiveness and safety of SABR with or without standard of care (SOC) for people with oligometastatic cancer and found the following:
 - SABR in addition to SOC may offer a benefit in terms of overall survival (OS) and progression-free survival (PFS).
 - The findings for the effectiveness of SABR alone compared with SOC were mixed and deemed inconclusive.
 - There are insufficient data related to adverse events (AEs) at the present time to draw conclusions regarding the safety of SABR relative to SOC alternatives.
- This CADTH clinical review was maintained as a living systematic review for 1 year from January 2021 to January 2022. Updates were conducted every 3 months during that year to ensure the findings remained up to date as new evidence emerged. Please refer to the [CADTH project page](#) for all versions of the report and for the version history document, which outlines the results of each quarterly update.

Abstract

Context and Decision Problem(s)

Oligometastatic cancer (cancer with a limited number of metastases) represents an intermediate state between cancer confined to a single location in the body and cancer that has metastasized — or spread — widely. Treatment options for oligometastatic cancer may include surgery, conventional radiotherapy, or systemic therapy, depending on factors such as the type, location, and ease of access of each lesion. Stereotactic ablative radiotherapy (SABR) is an additional treatment option for which there is growing interest. SABR precisely delivers a high dose of radiation to ablate tumours at specific sites while minimizing the radiation dose to surrounding normal tissues. SABR may be used independently or alongside other treatment options in the management of oligometastatic cancer.

While interest in the use of SABR for oligometastatic cancer is high, there remain key questions. What is the clinical effectiveness and safety of SABR for patients with oligometastatic cancer? What would form appropriate patient selection criteria and what would be the optimal dose or regimen? What is the cost-effectiveness of SABR, and what are the key implementation considerations? The purpose of this CADTH Health Technology Assessment (HTA) was to address these questions, starting with a review of the clinical evidence, which is presented here.

Clinical Effectiveness and Safety Evidence

Because the evidence on SABR for oligometastatic cancer was rapidly evolving at the initiation of this review, CADTH used a living systematic review (LSR) approach for the clinical review. The status of the LSR was updated every 3 months from January 2021 until January 2022 to ensure the findings reflected the latest up-to-date evidence on the topic.

CADTH compared SABR plus standard of care (SOC) with SOC alone, and compared SABR alone with SOC alone, for people with oligometastatic cancer. Outcomes identified as important by patient and clinical expert input were overall survival (OS), progression-free survival (PFS), and adverse events (AEs). Additional outcomes of interest included freedom from progression, health-related quality of life (QoL), lesional control (LC), and systemic therapy use after treatment.

The first version of this review (i.e., the baseline review) included 3 randomized controlled trials (RCTs) and 6 nonrandomized studies.⁷⁵ Three additional nonrandomized studies were identified during updates and incorporated into the current version (i.e., the final review, which marks the end of the LSR). This review now includes 3 RCTs and 9 nonrandomized studies. The findings suggested there may be OS and PFS benefits associated with SABR plus SOC compared with SOC alone. However, the findings from the studies comparing SABR alone with SOC were mixed and deemed inconclusive. With regard to AEs, there are limited available data to assess whether SABR with or without SOC is more or less harmful than SOC alone. There was a lack of literature identified to inform conclusions for other outcomes of interest.

Conclusions and Implications for Decision- or Policy-Making

The current clinical evidence suggests that SABR plus SOC may offer survival benefits for patients with oligometastatic cancer compared to SOC alone. However, the clinical effectiveness and safety of SABR largely remain to be confirmed with future high-quality studies (e.g., phase III trials at low risk of bias). In addition to this clinical review, CADTH has conducted an Environmental Scan that reported that while SABR is currently being offered as a standard treatment option for patients with oligometastatic cancer in all Canadian provinces, there are a lack of standardized consensus guidelines with common criteria for patient selection, prioritization, and treatment across jurisdictions,⁷⁷ likely reflecting the current state of the clinical literature on SABR. In fact, the Environmental Scan reported that a greater proportion of Canadian cancer care centres are likely to adopt the use of SABR for the treatment of oligometastatic cancer, as well as expand their current SABR programs to other oligometastatic sites, if more robust clinical data emerges. To inform patient selection and prioritization, future research on the effectiveness of SABR in patients with different characteristics is needed to clarify who might benefit most from this treatment. Evidence on the optimal regimen or dose of SABR for the treatment of oligometastases, which was not the focus of this review, will further address the decision problem, and also be of value to decision-makers. Finally, this clinical review represents 1 component among many that decision-makers will consider when making the decision about the expanded use of SABR in Canada. The Environmental Scan⁷⁷ also described the barriers and facilitators to the implementation of SABR, information that, along with this HTA, will help support decision-making.

Introduction

Background and Rationale

Cancer and Oligometastatic State

Cancer is the leading cause of death in Canada, comprising 30% of all death events.³ In 2021, there will be an estimated 229,200 new cancer cases and 84,600 deaths.⁷⁶ Tumour metastasis is the main cause of cancer-related death.^{4,6} The development of metastases is a potential complication among patients with cancer.⁷ Metastasis occurs when cancer cells, originating from 1 part of the body, move from the place of origin (primary tumour) and spread to another location to form 1 or more tumours.^{4,7} The extent of systemic disease and the number, size, and location(s) of lesions can affect the overall prognosis for a patient.⁸

In 1995, Hellman and Weichselbaum first introduced the term oligometastatic state and proposed that the process of cancer metastasis occurs along a continuum — from localized to widespread metastatic disease.^{9,10} Oligometastases may represent a paradigm shift in the treatment intent for metastatic cancer: if a limited number of metastases can be treated, then the outcome may be curative.¹¹ Hellman and Weichselbaum described 2 different clinical scenarios that would both be considered oligometastases: “tumours early in the chain of progression with metastases limited in number and location;” and “patients with oligometastases who had widespread metastases that were mostly eradicated by systemic drugs, the chemotherapy having failed to destroy those remaining because of the number of tumour cells, the presence of drug-resistant cells, or the tumour foci being located in some pharmacologically privileged site.”⁹ Moreover, as these 2 classes of oligometastases represent different clinical scenarios, they are associated with different prognoses and may also require different treatments.¹² Current definitions of oligometastatic disease in the literature are heterogeneous, although the European and American societies for radiotherapy and oncology recently published a consensus definition as 1 to 5 metastatic lesions, with control of the primary tumour being optional but where all metastatic sites must be safely treatable.¹³

Since the publication of this seminal paper by Hellman and Weichselbaum,⁹ the concept of oligometastasis has been generally accepted; however, specific criteria that define an oligometastatic state, such as the number of metastases and organ sites, are still unclear.^{12,14} Oligometastasis includes situations where the primary tumour is present, not present (i.e., removed), treated, or untreated; therefore, a patient can have oligometastases regardless of the state of the primary tumour.¹⁵ Moreover, patients can be described as having synchronous oligometastatic disease (maximum 6-month interval between the diagnosis of oligometastatic disease and the primary cancer diagnosis) and metachronous oligometastatic disease (more than a 6-month interval between the diagnosis of oligometastatic disease and the primary cancer diagnosis).¹² Imaging is currently the most relevant diagnostic method for defining oligometastatic cancer, which is broadly understood as a limited number of metastatic lesions.^{12,16}

Stereotactic Ablative Radiotherapy

Treatment options for patients presenting with oligometastatic cancer may include, but are not limited to, surgery, conventional radiotherapy, systemic therapy (e.g., chemotherapy, hormone therapy), observation, and ablative therapies such as cryoablation, microwave ablation, radiofrequency ablation, and SABR.^{11,17-19} SOC is variable according to the type of cancer. The notion of using targeted therapies such as surgery or radiation therapy to

eliminate oligometastatic disease has been termed metastasis-directed therapy or local consolidative therapy.^{9,20,21} Metastasis-directed therapy has been shown to improve survival relative to SOC (observation or maintenance systemic therapy) in RCTs of patients with oligometastatic prostate cancer²² and non–small cell lung cancer.²¹ In those studies, the choice of surgery or radiation therapy, particularly SABR, was determined by the multidisciplinary team and patient characteristics. Though there are multiple treatment options within the class of metastasis-directed therapies, and surgical resection is considered the gold standard for the treatment of certain oligometastases (e.g., partial liver resection for metastases from colorectal cancer), SABR may be an alternative non-invasive treatment option for achieving LC.¹⁷

SABR, also known as stereotactic body radiation therapy (SBRT), is a method of precisely delivering high doses of radiation to ablate tumours at specific sites while sparing radiation dose to surrounding normal tissue.²³⁻²⁵ First developed in Sweden in the early 1990s,²⁶ SABR builds on the treatment delivery paradigm used to treat brain tumours with intracranial stereotactic radiosurgery, but it targets tumours outside of the brain (e.g., lungs, liver, bone, and lymph nodes).²³ SABR relies on an imaging component to map the treatment area using CT scans or MRI, tumour motion reduction, and reproducible patient set-up strategies (e.g., respiratory compression, body immobilization devices [e.g., alpha-cradle or vacuum-lock system]), and advanced radiotherapy-delivery techniques using conventional linear accelerators or novel precision delivery systems.²³ Newer technology with the potential for application in this area includes C-arm S-band linear accelerator systems, robotic X-band CyberKnife, image-guided Gamma Knife Icon system, proton-based applications, and MR Linac.^{27,28} SABR is considered an alternative to surgical resection and is often the preferred option for patients with cancer that is medically inoperable. Treatment advantages include limited recovery time before resuming systemic therapy and the ability to treat areas with metastatic involvement that are either not surgically accessible or include more than 1 organ, or patients at high risk of post-operative complications.¹²

SABR in Canada

The availability of SABR has increased across Canada. In 2014, a survey of 41 Canadian radiotherapy centres reported that 5 provinces (British Columbia, Alberta, Manitoba, Ontario, Quebec) had centres with SABR capacity and substantial growth was expected.²⁹ Currently, all provinces in Canada have SABR capability.³⁰ SABR is also available in some northern centres (e.g., Northeast Cancer Centre in Ontario).³¹ Canadian centres are using SABR to treat primary tumours and oligometastases in different areas of the body, such as the lungs, liver, bone, and lymph nodes.^{29,32} However, there is variation in patient selection criteria for SABR treatment across radiotherapy centres, and not all centres offer SABR for the treatment of oligometastases.²⁹

CADTH received input from Canadian jurisdictions that identified several common considerations regarding the use and implementation of SABR for oligometastatic cancer. There is a desire to determine the appropriate use of SABR across Canada regarding which patients should be treated with SABR to achieve the greatest benefit (e.g., location and number of metastases) and how those patients should be managed (e.g., radiation dose fractionation, treatment sites, immobilization methods, tumour-tracking methods, and image guidance strategies). Decision-makers are also seeking more information regarding the long-term outcomes of treatment with SABR. In addition to patient treatment and management, jurisdictions expressed interest in gathering information regarding the implementation of the technology, including how other jurisdictions have successfully operationalized the

use of technology for oligometastatic cancer (e.g., billing codes, time to treatment, length of individual treatment sessions, staffing), and in a review of resource and infrastructure considerations (e.g., requirements for additional staff training, software, or equipment upgrades). An understanding of patients' and clinicians' perspectives (e.g., acceptability, feasibility) and ethical considerations (e.g., a shifting risk-benefit profile compared with standard care) will also become salient if expanded use of SABR is pursued. Equity issues relating to accessing SABR as a result of the specialized nature of therapy and its delivery in urban centres may also emerge. All of the jurisdictions that responded expressed an interest in an economic analysis of the expanded use of this technology.

Moreover, the use of SABR for the ablation of oligometastases is an active area of research. Specifically, a 2019 paper identified 64 ongoing studies examining SABR for oligometastatic cancer.³³ In the summer of 2016, the National Health Service (UK) produced a policy document stating that it would not routinely commission SABR for oligometastatic cancer, given there was inconclusive evidence to support the provision of treatment.³⁴ However, recently identified evidence has suggested the potential for improved health outcomes, such as OS and PFS, with the use of SABR for oligometastases.³⁵ A CADTH HTA is warranted for critically reviewing the current evidence of SABR in the treatment of patients with oligometastatic cancer.

Decision Problem

Based on the context, jurisdictional feedback, and results of a detailed scoping exercise, the aim of a CADTH HTA on this topic was to inform the following decision problem:

- Should the use of SABR be expanded to include the treatment of patients with oligometastatic cancer?
 - If so, what are the appropriate patient selection criteria?
 - If so, what is the optimal regimen or dose?
- What is the value for money and affordability of SABR for oligometastatic cancers?
- What are the main challenges to and enablers of the implementation of SABR in Canada?

Objective

The clinical evidence regarding SABR is still developing; therefore, a staged approach to this HTA was followed, as proposed in the Scoping Brief.¹ CADTH first conducted a clinical review using systematic review methods to synthesize and critically appraise the current evidence of SABR for the treatment of patients with oligometastatic cancer. An Environmental Scan was also conducted to explore considerations for the implementation of SABR for this purpose.⁷⁷

The scoping review did not identify any qualitative literature on the topics of oligometastatic cancer or SABR. Given the paucity of published evidence, engaging directly with patients who have experience with SABR is a more relevant method for capturing patients' experiences with this health technology.

Similarly, the scoping review did not identify any literature reporting ethical considerations related to the use of SABR for the treatment of oligometastatic cancer. Ethical considerations were acknowledged and discussed among the broader review team, such as the potential to exacerbate existing equity considerations regarding access to cancer treatments, and the aforementioned challenges in defining an oligometastatic state. However, in consultation with

ethics experts and in the absence of published literature, it was determined that a full ethical analysis would not be warranted.

As previously noted, jurisdictions have expressed an interest in an economic analysis of the expanded use of SABR for oligometastatic cancer. At the time of the protocol development in 2020, CADTH was aware of several Canadian groups conducting analyses addressing the economic considerations regarding the use of SABR for the treatment of oligometastatic cancer. To avoid duplication of effort, CADTH monitored ongoing Canadian economic analyses and identified existing work⁸⁴ to meet the economic evidence needs of stakeholders.

The objective of this report is to inform the part of the decision problem on the clinical effectiveness and safety of SABR in the treatment of patients with oligometastatic cancer through a systematic review of the literature. As the clinical evidence regarding SABR was still developing at the time of the baseline review⁷⁵ and there were several ongoing clinical trials, CADTH used an LSR approach to regularly update the review. The baseline review was completed in January 2021⁷⁵ and maintained as a LSR for 1 year. Updates were conducted every 3 months for that year. The 4 updates identified new and relevant evidence that was unlikely to change the review conclusions, so the review was not updated at those times. This final review incorporates all available evidence, including that identified in the updates. The results of the Environmental Scan⁷⁷ were also described in the Discussion section of this report. An analytical framework guiding the clinical review can be found in [Appendix 1 \(Figure 1\)](#).

Research Questions

This clinical review addressed the following research questions:

1. What is the clinical effectiveness of SABR alone or in combination with other therapies for the treatment of patients, of any age, with oligometastatic cancer?
2. What is the safety of SABR alone or in combination with other therapies for the treatment of patients, of any age, with oligometastatic cancer?

Opportunities for Stakeholder Feedback

Stakeholders (i.e., clinicians, policy-makers, researchers, health associations) have been given the opportunity to provide feedback on the draft of the list of included studies, a draft report of the baseline clinical review, and a draft report of the final clinical review. No unpublished data were identified as part of the feedback process. Additionally, CADTH sought input from decision-makers in Canadian jurisdictions 1 year after the review had been living to determine whether there was continued interest in this topic to inform whether to maintain or transition the review out of living mode.

Methods

The conduct of the clinical review was informed by a CADTH Rapid Response report,³⁶ an informal scoping review of the existing literature (Scoping Brief),¹ discussion with clinical experts, and patient engagement. A protocol³⁷ was written a priori, using the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) Protocols

(PRISMA-P)³⁸ for guidance on clarity, transparency, and completeness, and the protocol was followed throughout the study process. Any deviations from the prospectively registered protocol were disclosed in the final report ([Table 1](#): Protocol Amendments) and updates were made to the PROSPERO submission accordingly (registration number: CRD42020167767).

Study Design

This clinical review was designed as an LSR to answer research questions 1 and 2, enabling continual surveillance and updates to the analysis contingent on following a priori stopping rules (see Project Protocol³⁷ for more details). The LSR model allowed for ongoing assessment of evidence on the clinical effectiveness and safety of SABR, and opportunities to incorporate new results as they became available. The methods employed for the baseline review were also used for all updates, without modifications.

This review aims to comprehensively explore the clinical effectiveness and safety of SABR for oligometastatic cancer for different primary tumours and any metastatic sites amenable to SABR, as outlined in research questions 1 and 2. Specifically, CADTH decided to conduct an LSR in consideration of the systematic review methods outlined in the *Cochrane Handbook for Systematic Reviews of Interventions*,³⁹ as well as the LSR methods outlined in the *Guidance for the Production and Publication of Cochrane Living Systematic Reviews: Cochrane Reviews in Living Mode - Version December 2019*.⁷⁸

This report presents the final review for the LSR, updating and superseding the baseline review,⁷⁵ both of which are in keeping with the same core methods and review steps as a standard systematic review. With the publication of this final review, the clinical review is now considered to have transitioned out of living mode (i.e., no further updates are planned).

Literature Search Methods

The literature search for clinical studies was performed by an information specialist using a peer-reviewed search strategy according to the *PRESS Peer Review of Electronic Search Strategies* checklist (www.cadth.ca/resources/finding-evidence/press).⁴⁰ The complete search strategy is presented in [Appendix 2](#).

Published literature was identified by searching the following bibliographic databases: MEDLINE All (1946–) through Ovid, Embase (1974–) through Ovid, and the Cochrane Central Register of Controlled Trials (CENTRAL) through Ovid. The search strategy comprised both controlled vocabulary, such as the National Library of Medicine's MeSH (Medical Subject Headings), and keywords. The main search concepts were SABR and oligometastatic cancer. The following clinical trial registries were searched: the US National Institutes of Health's clinicaltrials.gov, the Health Canada Clinical Trials Database, and the Canadian Cancer Trials Database.

No filters were applied to limit the retrieval by study type. Retrieval for the baseline review was limited to publications published between January 1, 1990, and March 20, 2020. Conference abstracts were excluded from the search results, though they were reviewed by clinical team members for forecasting purposes.

The initial search was completed on March 20, 2020. Monthly alerts were conducted until the end of the stakeholder feedback period for the baseline review (January 18, 2021). Search alerts were then conducted every 3 months to support the LSR phase of the HTA. The final

literature search alert was conducted on December 30, 2021. The clinical trial registries were searched on April 28, 2020, with an updated search completed before the completion of the stakeholder feedback period for the baseline review. Following the completion of the baseline report, the clinical trial registries search was updated every 6 months. The final clinical trial registries search update was conducted on January 21, 2022.

Grey literature (literature that is not commercially published) was identified by searching sources listed in relevant sections of the [Grey Matters: A Practical Tool For Searching Health-Related Grey Literature resource](#),⁴¹ which includes the websites of regulatory agencies, HTA agencies, clinical guideline repositories, systematic review repositories, patient-related groups, and professional associations. Google was used to search for additional internet-based materials. These searches were supplemented through contacts with experts, as appropriate. The initial grey literature search was conducted between April 27, 2020, and May 7, 2020, and was updated before the completion of the stakeholder feedback period for the baseline review. Grey literature searches were updated every 6 months during the LSR phase of the HTA. The final grey literature search update was conducted between January 10, 2022, and January 24, 2022. See [Appendix 2](#) for more information on the grey literature search strategy.

Selection and Eligibility Criteria

Studies were included if they met the eligibility criteria, including the specific population, intervention, comparators, and outcomes (PICO), presented in [Table 2](#). The inclusion criteria were informed by the CADTH Rapid Response report,³⁶ the informal scoping review of the existing literature,¹ patient engagement, and consultation with clinical experts.

For this clinical review, the population of interest was patients with oligometastatic cancer, described by study authors as having limited metastatic lesions using terminology such as “oligo,” “limited,” or “few.” Studies that did not state clearly that the patient population was restricted to or included oligometastatic patients were excluded. Oligometastasis includes situations where the primary tumour is present, not present (i.e., removed), treated, or untreated.¹⁵ Since a participant can have oligometastases regardless of the state of the primary tumour, the status of the primary tumour was not part of the eligibility criteria.¹⁵ Moreover, this review included patients with an imaging-based diagnosis of a limited number of metastases identified at presentation or before initial therapy, or a limited number of metastases identified after initial therapy of the primary tumour, or a metastatic relapse of a limited number of metastases where initial metastatic sites are controlled or resolved, or a known metastatic site that responded to previous treatment (local treatment or systemic treatment or both) that showed interval growth (or regrowth) with or without a systemic-free interval.^{12,44-47} Studies of patients with a history of widespread metastatic disease (i.e., patients with induced oligometastatic cancer, including induced oligopersistence) were excluded based on clinical expert input indicating that the nature of their disease progression is clinically different than the intended oligometastatic population for this review.¹² Studies that included patients with a history of metastases but did not report enough detail to determine whether this represents a history of oligometastasis (i.e., limited or few metastases) versus a history of widespread metastatic disease were also excluded. Studies with mixed populations (i.e., comprising both individuals who met and those who did not meet the eligibility criteria) were considered eligible for inclusion if the results pertaining to the population of interest were reported separately.

The intervention of interest was SABR (synonym: SBRT), with or without 1 or more concurrent or neoadjuvant therapies. Stereotactic radiosurgery for brain-only metastases was excluded,

Table 2: Selection Criteria for Clinical Review

Criteria	Description
Population	<p>Patients with oligometastatic cancer (i.e., limited metastatic lesions). No restrictions on age, sex, gender, ethnicity, comorbidities, location of primary cancer site, or length of time since diagnosed.</p> <p>Exclusions:</p> <ul style="list-style-type: none"> • Patients with metastases only in the brain • Patients with a previous history of widespread metastatic disease
Intervention(s)	<p>SABR of any dose or fractionation alone or in combination with one or more concurrent or neoadjuvant therapies, for example:</p> <ul style="list-style-type: none"> • surgery • conventional radiotherapy • chemotherapy • immunotherapy • hormone therapy • other ablative treatments, such as cryoablation and radiofrequency ablation • targeted therapy (e.g., targeting specific mutations, proteins) • standard of care (not otherwise specified)
Comparator(s)	<p>Standard of care (variable according to cancer type), for example:</p> <ul style="list-style-type: none"> • surgery • conventional radiotherapy • chemotherapy • immunotherapy • hormone therapy • other ablative treatments, such as cryoablation and radiofrequency ablation • targeted therapy (e.g., targeting specific mutations, proteins) • no treatment
Outcomes	<p>Question 1 (clinical effectiveness):</p> <ul style="list-style-type: none"> • OS^{a,b} • PFS^{a,c} • Freedom from progression^d • Health-related quality of life^{a,e} • LC^f • Systemic therapy use (e.g., yes/no; number of cycles of chemotherapy and/or systemic therapy; total duration of chemotherapy and/or systemic therapy) <p>Question 2 (safety):</p> <ul style="list-style-type: none"> • adverse events
Study design(s)	<p>Comparative study designs:</p> <ul style="list-style-type: none"> • randomized controlled trials • nonrandomized controlled trials^g • cohort studies^h • case-control studies

Criteria	Description
	<p>Exclusions:</p> <ul style="list-style-type: none"> • cross-sectional studies • single-arm before-and-after studies or single-arm interrupted time series studies • case reports • case series • qualitative studies • guidelines • review articles • editorials, letters, and commentaries • studies of any design published as conference abstracts, presentations, or dissertations
Study setting	Any setting
Time frame	1990 to present ⁱ
Language	Studies published in English

AE = adverse event; LC = lesional control; OS = overall survival; PFS = progression-free survival; SABR = stereotactic ablative radiotherapy.

^aThese outcomes were identified as being of importance to a patient, based on the input received during an interview conducted by CADTH.

^bOS: Time from randomization (or diagnosis for nonrandomized controlled trials) to death from any cause. OS is appropriate for this review, as it is generally based on objective and quantitative assessment.

^cPFS: Time from randomization (or diagnosis for nonrandomized controlled trials) to any documented progression of disease at any site, appearance of new metastases, or death from any cause, whichever occurs first (follow-up: any length of time).

^dFreedom from progression: Time from randomization (or diagnosis for nonrandomized controlled trials) to any documented progression of disease at any site or appearance of new metastases, whichever occurs first (follow-up: any length of time).

^eHealth-related quality of life. All instruments measuring quality of life were considered; possible questionnaires included: Functional Assessment of Cancer Therapy–General (FACT-G), European Organisation for Research and Treatment of Cancer Quality of Life Questionnaire Core 30 (EORTC QLQ-C30), MD Anderson Symptom Inventory for Lung Cancer (MDASI-LC).

^fLC: The absence of progression in the lesions initially present at randomization (or at diagnosis for nonrandomized controlled trials).

^gNonrandomized controlled trials are defined as a clinical trial in which the participants are not assigned by chance to different treatment groups. Participants may choose which group they want to be in, or they may be assigned to the groups by the researchers.⁴²

^hCohort studies are defined as studies in which participants are sampled based on exposure and in which outcomes are assessed in a follow-up. This is distinct from case series studies, in which participants are sampled based on the presence of an outcome, or of both an exposure and outcome, where absolute or relative risk cannot be calculated.⁴³ Only study designs providing comparative evidence are eligible for inclusion.

ⁱSABR was first developed in the early 1990s in Sweden,²⁶ and the term oligometastatic state was first introduced by Hellman and Weichselbaum in 1995.⁹ Given this, only studies published after the year 1990 were included, which should include a complete list of relevant studies.

as ablative therapy to the central nervous system is more clinically established and not the focal area of interest for this HTA.⁴⁸ Studies of metastasis-directed therapy that did not report results specific to SABR were also excluded. For instances where the intervention was SABR in combination with 1 or more concurrent or neoadjuvant therapies, the study was eligible for inclusion if the comparator also included the same concurrent or neoadjuvant therapies to explore the true effects of SABR.

For the clinical effectiveness outcomes for research question 1, the data at all time points as reported in the included studies were included. In cases where studies used more than 1 tool to assess health-related QoL, all data were included. The “systemic therapy use” outcomes were meant to explore whether there was a difference in the need for systemic therapy subsequent to treatment with SABR (e.g., in terms of the number of cycles or total duration of systemic therapy) compared with the use of systemic therapy in patients who do not receive SABR.

For the safety outcomes for research question 2, data that allowed for comparisons between the intervention and comparator groups were of interest and included, irrespective of the tools used to measure or describe the AEs (e.g., frequencies or prevalence of individual or grades of AEs [e.g., grades 1 to 2 versus grades 3 to 5] reported for each group were in scope, but non-quantifiable lists of AEs for both groups were not in scope).

Both RCTs and nonrandomized studies were eligible for inclusion as it was noted from the scoping activities undertaken during protocol development that there might be limited RCT evidence. If there were multiple publications fulfilling the inclusion criteria from the same study (i.e., same population), all publications were included; in those cases, data from multiple publications were extracted and discussed as 1 single study.

Study Selection

Study selection was conducted using the systematic review management software DistillerSR (Evidence Partners, Ottawa, Canada). Two reviewers independently screened titles and abstracts of all retrieved citations (i.e., literature searches of academic databases, clinical trial registries, grey literature searches, citations identified by clinical content experts, and stakeholder feedback) against the eligibility criteria (Table 2). Exclusion by both reviewers was required for a record to be excluded at the title and abstract level. Articles that were judged to be potentially relevant by at least 1 reviewer from their title or abstract were retrieved for full-text screening. The same 2 reviewers independently examined all full-text articles against the eligibility criteria and compared their included and excluded studies from the full-text review. Consensus was required for inclusion in the review. Discrepancies were resolved by discussion between the 2 reviewers, through the involvement of a third reviewer, or by consultation with a clinical expert as needed.

The study selection processes were documented in PRISMA⁴⁹ flow charts for the baseline review,⁷⁵ all updates, and the final review. Lists of included studies and excluded studies were generated.

Data Extraction

Reviewers used Microsoft Excel to document and tabulate all relevant information from the included studies. Using the data-extraction spreadsheet, 2 reviewers extracted data independently and then compared and combined their data. Discrepancies were resolved through discussion until consensus was reached; when necessary, a third reviewer or clinical experts were also involved.

The following relevant information was extracted, where available:

- Study level: Description of publication (e.g., first author's last name, title, publication year, journal), study characteristics (e.g., clinical trial registry identification number, trial acronym, objectives, study design, year of the conducted study, sample size, study setting, country of the conducted study, study funding source)
- Patient level: Number of patients, age (mean, standard deviation), proportion of women or female patients (as reported by study authors), clinical situation of the diagnosis (e.g., limited metastases at presentation or before initial therapy, after therapy, relapse), number of metastases (mean, standard deviation), location of primary tumour site, status of primary tumour (e.g., treated versus untreated), previous treatment (e.g., for the

primary tumour or for metastases), location(s) of metastases, number of metastases per metastatic site

- Intervention level: type (SABR, co-intervention), dose, total duration of treatment, frequency of treatment (e.g., single dose, multiple fractions or treatment), equipment type (brand)
- Comparator level: type (e.g., surgery, conventional radiotherapy, chemotherapy, immunotherapy, hormone therapy, other ablative treatment [cryoablation, radiofrequency ablation, and so forth], targeted therapy [e.g., targeting specific mutations, proteins], no treatment), dose, total duration of treatment, frequency of treatment (i.e., number of cycles), and equipment type (brand)
- Outcome level: Description of outcomes (e.g., subgroup definition, measurement method, unit of measurement, length of follow-up), results, and conclusions of outcomes and subgroups of interest

Data were extracted for all relevant outcomes for this study at any duration of follow-up. Measures of treatment effects (e.g., risk ratios, odds ratios, or risk differences for dichotomous outcomes, mean differences for continuous outcomes, and hazard ratios [HRs] for survival outcomes), and any results of statistical tests reported on those measures were extracted. Data from figures were extracted if explicit numerical data were reported. No attempts were made to contact study authors, as no relevant data were deemed conflicting or missing from text or figures and needed for meta-analyses, which were the 2 conditions pre-specified in the protocol for contacting the corresponding authors.³⁷

As mentioned, if a study was reported in multiple publications and each publication provided unique results, data from these publications were extracted and discussed as 1 single study.

Critical Appraisal

The risk of bias of the primary studies was systematically evaluated using the methods described in version 2 of the Cochrane risk-of-bias tool for randomized trials (RoB 2)⁵⁰ and the Risk of Bias Assessment Tool for Nonrandomized Studies (RoBANS),^{51,52} including cohort studies.

The RoB 2 tool⁵⁰ allowed for the assessment of 5 sources of bias or “domains”: bias arising from the randomization process, bias due to deviations from intended interventions, bias due to missing outcome data, bias in measurement of the outcome, and bias in selection of the reported result. Each question within each domain was answered with a yes, probably yes, probably no, no, or no information. Afterwards, a judgment of “low risk of bias,” “high risk of bias,” or “some concerns” was assigned for each domain, with rationale for each decision included in the comments box field.⁵⁰ An overall risk-of-bias judgment for each study was provided as “high risk of bias” if the study had at least 1 domain that was at “high risk of bias” or if the study had multiple domains with “some concerns” in a way that substantially lowered confidence in the result; “some concerns” if the study had at least 1 domain that indicated “some concerns” but no domain that was at “high risk of bias;” or “low risk of bias” where the study had “low risk of bias” for all domains, as per the RoB 2 guidance.⁵⁰

The RoBANS tool^{51,52} allowed for the assessment of the risk of 5 types of bias across 8 domains: the possibility of the target group comparisons, target group selection, confounder, exposure measurement, blinding of assessors, outcome assessment, incomplete outcome data, and selective outcome reporting. For each item, a risk-of-bias judgment of “low,” “high,” or “unclear” was assigned with rationale for each decision included in the comments box field.⁵¹ An overall risk-of-bias judgment for each study was provided as “high risk of bias,”

where the study had at least 1 domain that was at “high risk of bias;” “some concerns;” where the study had at least 1 domain that was “unclear” but no domain that was at “at high risk of bias;” or “low risk of bias;” where the study had “low risk of bias” for all domains. As the RoBANS guidance did not provide a specific approach for making study-level judgments, this was borrowed from the RoB 2 guidance for methodological consistency.

For sources of bias that may differ across outcomes within a single primary study (e.g., bias due to deviations from missing outcome data and measurement of the outcome in RCTs; outcome assessment and incomplete outcome data in nonrandomized studies), the risk of bias was assessed for individual outcomes within individual studies.

The risk-of-bias assessments of the included studies was performed by 1 reviewer and verified by a second reviewer. All disagreements were resolved through discussion between the 2 reviewers. The tools were used as a guide to evaluate the risk of bias in the included studies; additional insight beyond the items on the instruments has also been provided, when applicable. Results of the risk-of-bias assessment were not used to exclude studies from this review.

Data Analysis and Synthesis

Narrative Synthesis

Narrative syntheses were performed. The narrative syntheses included presentation of study characteristics (e.g., the total number of studies included, study designs, publication years, countries in which the studies were conducted, and PICO elements, including dose) and findings within the main text and summary tables. All syntheses were conducted separately for each outcome. Under each outcome, all comparisons were grouped under 1 of 2 different categories – SABR plus SOC versus SOC alone and SABR alone versus SOC alone – which allowed us to summarize the effects of SABR alone or in combination with 1 or more concurrent therapies separately.

For assessing safety outcomes (research question 2), AEs were reported as described in each respective publication. In some studies, the number of patients experiencing an AE or complication was reported, whereas in other studies, the number of unique AEs or complications (i.e., events) was reported; in both cases, some individuals may have experienced more than 1 AE or complication.

The direction and size of any observed effects and any results of statistical tests that reported on those effects were summarized across studies, including an assessment of the likelihood of clinical benefit (i.e., research question 1, clinical effectiveness) or harm (i.e., research question 2, safety) based on statistical significance of the results and consistency or inconsistency in the results across studies. If relevant statistical comparisons were not conducted in the primary studies, this was explicitly stated; the results of findings were summarized as reported in the studies, and the overall findings were described as “uncertain” or “unclear.”

The following subgroups were of interest for research question 1:

- age
- sex or gender
- location of primary tumour site

- number of metastases sites (e.g., number of metastatic locations; single [e.g., lung only] versus multiple sites [e.g., lung, kidney, adrenal])
- number of metastases (e.g., total, regardless of metastatic location; 5 or fewer versus 3 or fewer metastases)
- location of metastases (e.g., metastatic site specific [e.g., prostate only, lung only])
- previous treatment of primary tumour (i.e., yes, no)
- previous treatment of metastases (i.e., yes, no)

Any relevant data on these subgroups of interest were extracted and synthesized.

Meta-Analysis

The possibility of conducting meta-analyses was considered during the baseline review and reconsidered at each update for OS, PFS, and AE outcomes (i.e., the outcomes identified as most important by the interviewed patient and clinical experts consulted) and all subgroups of interest for these outcomes. Specifically, clinical, methodological, and statistical characteristics of the included studies were explored, in consultation with clinical and statistical experts, to determine if the data were sufficiently homogeneous for pooling. Meta-analyses were deemed inappropriate (during the baseline review and subsequent updates, alike) and not conducted, and the reasons for these decisions were documented.

Reporting of Findings

The systematic review was prepared in consideration of relevant reporting guidelines (i.e., PRISMA statement⁵³ and Synthesis Without Meta-analysis [SWiM] guideline⁵⁴).

Updating and Transitioning Out of Living Mode

Detailed criteria for judging whether new evidence should be incorporated into the syntheses during each update are detailed in the protocol.³⁷ As outlined, at the time of each update, new studies were to be incorporated into the syntheses only if the review team judged that the new evidence would change the review's conclusions. In each case, the new evidence was judged unlikely to change the review's conclusions and was therefore retained for integration at a later update.

Detailed criteria for deciding to transition out of living mode are also detailed in the protocol.³⁷ After 4 consecutive updates over 1 year, no evidence that was judged to change the review's conclusions was identified. No ongoing trials were identified via registries that were expected to be imminently completed or published. Further, there was no continued interest in this topic expressed by Canadian jurisdictions after 1 year of living mode. For these reasons, the review was ultimately transitioned out of living mode and all evidence identified during the updates were incorporated into this final review.

The version history document ([Appendix 3](#)) outlines the results of each quarterly update. The current report represents the final clinical review and incorporates the new and relevant evidence into the baseline review.⁷⁵

Patient Engagement

CADTH involves patients, patient families, and patient groups to improve the quality and relevance of our assessments, ensuring that those affected by the assessments have an opportunity to contribute to them. CADTH has adopted the CADTH Framework for Patient

Engagement in Health Technology Assessment.⁵⁷ The framework includes Standards for Patient Involvement in Individual Health Technology Assessments and is used to support and guide our activities involving patients. CADTH engaged 1 adult cancer patient who has lived experience with SABR treatment for their oligometastatic cancer.

Invitation to Participate and Consent

A person with SABR experience was identified through CADTH's informal network of radiation oncologists. A CADTH patient engagement officer contacted potential participants by phone to explore their interest in becoming involved. The preliminary request described CADTH and the purpose and scope of this review, the purpose of the engagement, and the nature of the engagement activities. The patient engagement officer obtained this person's informed consent.

Engagement Activities

The objective of patient engagement is to inform the research team about the experience of SABR and to raise considerations and perspectives that are not available in clinical trials. The purpose is not to analyze the views and comments of the patient; rather, the patient's perspectives are used to help interpret the clinical evidence. A patient was invited to reflect on their personal experiences at several time points during assessment, including:

- before clinical protocol finalization
- during drafting of the initial baseline clinical review
- upon completion of the baseline clinical review
- during the clinical review updates as part of the LSR phase in the event that the review conclusions change
- upon transitioning the clinical review out of living mode in the event that the review conclusions change.

The patient perspectives gained through engagement helped ensure the relevance of outcomes of interest for the clinical assessment. Comments were also garnered on other key concepts that were initially identified through prior scoping activities. The involvement of patients prompted the research team to consider the possible need to explore avenues of analysis that may have otherwise been missed or underdeveloped. The involvement of patients enabled the research team to consider the evidence alongside an understanding of the wider experiences of patients and caregivers.

Once preliminary findings of the baseline review were available, the patient was invited to be interviewed. The conversation explored the patient's perceptions of key findings, including whether the findings were understandable, and whether they reflect personal experiences or understandings. Final conversations were held with the patient upon completion of the baseline clinical review. CADTH shared the key results of the full assessment and described how engagement activities were used. A similar process for patient engagement was followed during updating of the clinical review during the LSR phase and when the clinical review transitioned out of living mode.

Reporting

The reporting of this section follows the Guidance for Reporting Involvement of Patients and the Public – Short Form (GRIPP2-SF) reporting checklist.⁵⁵

Results: Quantity of Research Available

The baseline report⁷⁵ identified 9 studies (3 RCTs and 6 nonrandomized studies) in 12 publications relevant to research question 1,^{32,58-68} and 6 studies (3 RCTs and 3 nonrandomized studies) in 8 publications relevant to research question 2.^{32,58,62,63,66-68} During the update period (i.e., from January 2021 to January 2022), 3 additional nonrandomized studies (3 publications) were identified that are relevant to both research questions. The review now includes 12 studies (15 publications) relevant to research question 1,^{32,58-68,79-81} and 9 studies (11 publications) relevant to research question 2.^{32,58,62,63,66-68,79-81} The study selection process was documented in PRISMA⁴⁹ flow charts ([Appendix 4](#)) for the baseline review⁷⁵ ([Figure 3](#)) and for subsequent updates ([Figures 4 to 7](#)). Lists of included and excluded citations, with details describing the rationale for those excluded, are presented in [Appendix 5](#) and [Appendix 6](#), respectively. CADTH acknowledges that there are randomized trials of metastasis-directed therapy for oligometastatic cancer that are not limited to SABR. However, given the focus of this HTA on SABR specifically, studies of metastasis-directed therapy that did not report results specific to SABR were excluded and can be found in [Appendix 6](#).

Heterogeneity and Decisions Regarding Meta-Analysis

The included studies were considered to be too heterogeneous in terms of clinical or methodological characteristics to be pooled in meta-analyses for OS, PFS, and AE outcomes. In some cases, the results of the studies were inconsistent, which could have made a pooled effect misleading. In 1 instance, a meta-analysis might have been appropriate for 2 studies but it was considered not to add any additional value compared to the narrative synthesis, as the point estimates from those studies matched closely in their direction, magnitude, and statistical significance. Thus, findings for all outcomes were synthesized narratively for this review. The complete list of relevant studies for each comparison and the detailed rationale for not conducting meta-analyses is found in [Appendix 7](#). In brief, sources of heterogeneity included differences across the studies in:

- study designs (i.e., RCTs and nonrandomized studies needing to be analyzed separately, leading to a small number of studies per comparison-outcome)
- data availability (e.g., 2 relevant studies for the comparison-outcome of interest, but HRs reported for only 1 study)
- outcome measures (e.g., the AEs that were reported included different AE grades, treatment versus non-treatment-related AEs, or event data versus patient data)
- direction or magnitude of results (i.e., large variability in the direction, magnitude, and statistical significance of the results).

Study Characteristics

Additional details regarding the characteristics of included studies are provided in [Appendix 8](#).

Study Design, Year of Publication, Sample Size, and Funding

Question 1: Clinical Effectiveness

Three RCTs (in 5 publications^{32,58,59,62,63}) and 9 nonrandomized studies (1 prospective cohort study⁶⁴ and 8 retrospective cohort studies in 9 publications^{60,61,65-68,79-81}) were identified regarding the clinical effectiveness of SABR (with or without SOC) versus SOC comparators. These studies were published between 2013 and 2021. Figure 8 identifies the number of publications by study year.

The sample size of the included studies ranged from 26 to 506 patients (RCTs: 29 to 99 patients; nonrandomized studies: 26 to 506 patients). Of the included studies, 4 received public funding,^{32,58,59,66,80} 1 received private funding,⁶³ 1 disclosed that no financial support was provided to undertake the research,⁶⁷ and 7 studies did not report the source of funding.^{60,61,64,65,68,69,79,81} No studies reported being sponsored by industry.

Question 2: Safety

Three RCTs (in 4 publications^{32,58,63,69}) and 6 nonrandomized studies (all retrospective cohort studies^{66-68,79-81}) were identified regarding the safety of SABR (with or without SOC) versus SOC comparators. These studies were published between 2016 and 2021 (Figure 8).

The sample size of the included studies ranged from 26 to 506 patients (RCTs: 29 to 99 patients; nonrandomized studies: 26 to 506 patients). Of the included studies, 4 received public funding,^{32,58,66,80} 1 received private funding,⁶³ 1 disclosed that no financial support was provided to undertake the research,⁶⁷ and 4 did not report the source of funding.^{68,69,79,81} No studies reported being sponsored by industry.

Country of Origin

Question 1: Clinical Effectiveness

Two RCTs were conducted in the US^{63,69} and 1 RCT (in 3 publications)^{32,58,59} was conducted at multiple institutions across Canada, the Netherlands, UK, and Australia. The nonrandomized studies were conducted in Turkey,⁶⁵ the Netherlands,^{60,61,64} Italy,⁶⁸ Germany,⁷⁹ and China.^{67,80,81} One additional nonrandomized study⁶⁶ was conducted across multiple institutions across Belgium, Italy, France, Switzerland, UK, and Spain.

Question 2: Safety

Two RCTs were conducted in the US^{63,69} and 1 RCT (in 2 publications)^{32,58} was conducted across multiple institutions across Canada, the Netherlands, UK, and Australia. The nonrandomized studies were conducted in Germany,⁷⁹ China,^{67,80,81} and Italy.⁶⁸ One additional nonrandomized study⁶⁶ was conducted across multiple institutions across Belgium, Italy, France, Switzerland, the UK, and Spain.

Patient Population

Question 1: Clinical Effectiveness

The median patient age ranged from 54⁸¹ to 71⁶⁷ years, and males were more represented overall, given the prevalence of patients with primary prostate cancer in the included studies.

Consistent with our inclusion criteria, all studies included patients with oligometastatic cancer, as described by study authors as having limited metastatic lesions using terminology such as “oligo,” “limited,” or “few.”^{32,58-68} The location of the primary tumour and metastatic sites varied widely across studies and, in some cases, within a study (i.e., in a single study, the included population may have included patients with different primary tumour locations or metastatic sites).

Type of primary tumour included breast,^{32,58,64} lung,^{32,58-61,64,69,70,79} kidney,^{60,61,64,81} colorectal,^{32,58-61,67,68,79} prostate,^{32,58,59,63-66,70} sarcoma,^{60,61} liver,⁷⁹ pancreas,⁸⁰ and other (non-specified).^{32,58-61,64,79} Most All studies included patients who had some previous treatment of the primary tumour (3 RCTs,^{32,58,59,62,63} 9 nonrandomized studies^{60,61,64-68,79-81}).

All studies allowed for up to 5 metastatic lesions per patient with the exception of 2 studies,^{63,67} which included patients with up to 3 metastatic lesions. Locations of the metastases included bone,^{32,58,59,63-65,69,81} lymph nodes,^{32,58,59,65-67,69} soft tissue,^{63,64} brain,^{32,58,59,81} nasopharynx,⁶⁹ adrenal gland,^{32,58,59,69,79} lung,^{32,58-61,68,69,81} liver,^{32,58,59,64,69,80,81} and unspecified locations.⁶⁴ Of note, in the RCT (SABR-COMET) that included patients with brain metastases (n = 1 metastatic lesion in the SABR intervention group; n = 3 metastatic lesions in the control group), all of those patients also had metastases in locations other than the brain.^{32,58,59}

Five nonrandomized studies^{60,61,67,68,79,80} included patients with metastasis to a single location in either the lung,^{60,61,68} adrenal gland⁷⁹ or liver.^{67,80} Seven studies (3 RCTs,^{32,58,63,69} 4 nonrandomized studies^{64-66,81}) included patients with metastasis to multiple locations; 5 of these studies^{32,58,63-65,69} included patients with metastases in the bone and other sites, and 1 study⁶⁶ had patients with metastases in the lymph nodes of the pelvic and extra-pelvic areas. The study by Liu et al.⁸¹ had patients with metastases in the lung, bone, liver, and brain. This study included both patients with (N = 82) or without (N = 108) oligometastases.⁸¹

Ten studies included at least some patients who had received previous treatment for metastases^{32,58-61,64,66-69,79-81}; the remaining 2 studies were unclear in their reporting of any history of treatment for oligometastases.^{63,65}

Question 2: Safety

The median patient age ranged from 54⁸¹ to 71⁶⁷ years, and males were more represented overall, given the prevalence of patients with primary prostate cancer in the included studies.

All studies included patients with oligometastatic cancer.^{32,58,63,66-69,79-81} The location of the primary tumour and metastatic sites varied widely across studies and, in some cases, within a study. Types of primary tumour included breast,^{32,58} lung,^{32,58,69,79} kidney,⁸¹ colorectal,^{32,58,67,68,79} prostate,^{32,58,63,66} liver,⁷⁹ pancreas,⁸⁰ and other (non-specified).^{32,58,79} Three RCTs^{32,58,63,69} and 3 nonrandomized studies⁶⁶⁻⁶⁸ included patients who all had any previous treatment of the primary tumour. Four studies included patients with metastasis to a single location (i.e., lung metastases,^{67,68} adrenal,⁷⁹ or liver⁸⁰); 4 studies included patients with metastasis in the bone and other sites, including lung, liver, brain, adrenal, mediastinum, axilla and nasopharynx^{32,58,63,69,81}; and 1 study had patients with metastasis in the lymph nodes of pelvic and extra-pelvic areas.⁶⁶ As noted previously, 4 (4.0%) patients in 1 RCT (SABR-COMET)^{32,58,59} with brain metastases (1 [1.5%] in the SABR group and 3 [9.1%] in the control group) also had metastases in locations other than the brain. Eight studies included at least some patients who had previous treatment of metastases,^{32,58,66-69,79-81} and 1 study was unclear in their reporting of any history of treatment for oligometastases.⁶³

Interventions and Comparators

Question 1: Clinical Effectiveness

The intervention of interest was SABR of any dose or fractionation alone or in combination with 1 or more concurrent or neoadjuvant therapies (i.e., SABR alone or in combination with SOC). In the included studies, 6 examined SABR alone,^{60,61,63,64,67,68,79} 4 examined SABR with systemic therapy,^{32,58,59,69,80,81} and 2 examined SABR with or without systemic therapy (i.e., hormone therapy, androgen deprivation therapy [ADT]) at the discretion of the physician.^{65,66} The dose used when administering SABR was study-dependent and varied based on the protocol used in consideration of the location(s) of the targeted metastatic site(s), and the frequency and number of fractions per lesion per patient (see [Appendix 8](#)).

SABR was compared with SOC. The SOC comparators in the included studies comprised no therapy (i.e., observation),⁶³ surgery,^{60,61,68} systemic therapy (i.e., maintenance chemotherapy),^{69,80,81} conventional radiotherapy (i.e., 3-dimensional conformal radiation therapy [3DCRT]),^{64,67,79} conventional radiotherapy (i.e., conventional fractionation radiotherapy or elective nodal radiotherapy [ENRT]) with or without systemic therapy (i.e., hormone therapy, ADT) at the discretion of the physician,^{65,66} and palliative SOC.^{32,58,59} Specifically, palliative SOC offered to the SABR-COMET trial's control group included systemic therapy and palliative (not radical) radiotherapy to alleviate symptoms or prevent anticipated complications of progression.^{32,58,59}

For the 2 studies^{65,66} that had common concomitant treatments (e.g., SABR with systemic therapy versus ENRT with systemic therapy) provided in both the intervention and control groups, the effects of those treatments were assumed to be the same in both groups and non-synergistic, allowing the comparison of interest to distill down to SABR versus SOC for the sake of categorization in this review.

Question 2: Safety

Among 7 included studies, 5 examined SABR alone,^{63,67,68,79} 4 examined SABR with systemic therapy,^{32,58,69,80,81} and 1 examined SABR with or without systemic therapy (i.e., ADT) at the discretion of the physician.⁶⁶

The comparators included observation,⁶³ surgery,⁶⁸ systemic chemotherapy (i.e., maintenance chemotherapy),^{69,80,81} conventional radiotherapy (i.e., 3DCRT),^{67,79} a combination of radiotherapy with palliative intent and systemic therapy,^{32,58} and radiotherapy (i.e., ENRT) with or without systemic therapy (i.e., ADT) at the discretion of the physician.⁶⁶

Outcomes

Question 1: Clinical Effectiveness

All studies captured at least 1 key outcome (i.e., OS, PFS) to answer this research question. Ten studies examined OS (2 RCTs,^{32,58,69} 8 nonrandomized studies^{60,61,64,65,67,68,79,80}) and 9 studies examined PFS (3 RCTs,^{32,58,63,69} 6 nonrandomized studies^{60,61,64,65,68,79,80}).

Additional outcomes of interest included health-related QoL (3 studies: 2 RCTs^{32,58,59,63} and 1 nonrandomized study⁶⁴) and LC (3 studies: 1 RCT,^{32,58} 2 nonrandomized studies^{60,61,79}). The 2 RCTs assessed health-related QoL using validated tools such as the Brief Pain Inventory (Short Form)⁶³ and the Functional Assessment of Cancer Therapy–General (FACT-G).^{32,58,59} The nonrandomized study⁶⁴ measured QoL using validated questionnaires: the European Organisation for Research and Treatment of Cancer (EORTC) Quality of Life Questionnaire Core 15 Palliative (QLQ-C15-PAL), the Brief Pain Inventory, and the EQ-5D. None of the included studies explored freedom from progression or systemic therapy use after treatment with SABR.

In the included studies, the length of follow-up was variable and also reported inconsistently (i.e., some studies reported total follow-up,^{58,60,61,63,65-67,69,79-81} and others reported follow-up separately for the intervention and comparator^{32,64,68}). The shortest follow-up point for a key outcome was a median follow-up of 9.6 months (interquartile range [IQR], 2.4 to 30.2 months)⁶⁹; the longest follow-up point was a median follow-up of 91 months (IQR, 69.6 to 117.6 months).⁶¹

Question 2: Safety

Nine studies examined AEs (3 RCTs,^{32,58,63,69} 6 nonrandomized studies^{66-68,79-81}). The studies used version 3, version 4, or version 5 of the Common Terminology Criteria for Adverse Events (CTCAE)⁸² or the Radiation Therapy Oncology Group (RTOG) assessment tool⁸³ to evaluate AEs for SABR compared with its comparators. Reporting on AEs varied among studies: 5 reported AE grades of 1 or higher,^{63,67,69,80,81} 2 reported AE grades of 2 or higher,^{32,58,79} 1 reported AE grades of 0 or higher,⁶⁸ and 1 reported AE grades of 3 or higher.⁶⁶

Critical Appraisal of Individual Studies

A summary of the critical appraisal for RCTs can be found in [Table 3](#) and in [Table 4](#) for nonrandomized studies. [Appendix 9](#) presents details of the critical appraisal of both the included RCTs ([Table 19](#)) and nonrandomized studies ([Table 20](#)). Overall, each of the included studies exhibited at least some risk of bias concerns, described subsequently.

Risk of Bias in RCTs

The risk of bias in 3 RCTs (from 5 publications^{32,58,59,63,69}) was assessed with RoB 2⁵⁰ ([Table 3](#)).

Table 3: Risk of Bias Summary – RCTs (Cochrane Risk of Bias Tool 2⁵⁰)

Author (year); relevant for research question(s)	Bias arising from the randomization process	Bias due to deviations from intended interventions	Bias due to missing outcome data	Bias in measurement of the outcome	Bias in selection of the reported result	Overall risk-of-bias judgment
Phillips et al. (2020) ⁶³ 1, 2	High risk	Some concerns	PFS: Low risk AEs: Low risk Health-related QoL: Low risk	PFS: Low risk AEs: Some concerns Health-related QoL: Some concerns	Low risk	High risk for all outcomes
SABR-COMET Palma et al. (2019), ³² Palma et al. (2020), ⁵⁸ Olson et al. (2019) ⁵⁹ 1, ^{32,58,59} 2 ^{32,58}	High risk	Some concerns	OS: Low risk PFS: Low risk AEs: Low risk LC: Low risk Health-related QoL: Low risk	OS: Low risk PFS: Low risk AEs: Some concerns LC: Low risk Health-related QoL: Some concerns	Low risk	High risk for all outcomes
Iyengar et al. (2018) ⁶⁹ 1, 2	Some concerns	Some concerns	OS: Low risk PFS: Low risk AEs: Low risk	OS: Low risk PFS: Low risk AEs: Some concerns	Low risk	Some concerns for all outcomes

AE = adverse event; LC = lesional control; OS = overall survival; PFS = progression-free survival; RCT = randomized controlled trial; QoL = quality of life.

For 2 of the included RCTs,^{32,58,59,63} there was a high risk of bias arising from the randomization process. Though both studies used a computerized random allocation sequence, no information was provided about whether the allocation sequence was concealed until

participants were enrolled and assigned to the intervention.^{32,58,59,63} Moreover, some baseline differences between intervention groups may suggest bias in the randomization or allocation process: in Phillips et al.,⁶³ the control arm had a higher Gleason score (from the grading classification system that helps in evaluating the prognosis of patients with prostate cancer) and a higher proportion of patients in the intervention arm received prior ADT; in SABR-COMET,^{32,58,59} the intervention arm had a higher proportion of patients with prostate cancer, which could have led to bias in favour of the intervention. Generally, the methods described in the third RCT by Iyengar et al.⁶⁹ were brief in nature, making the risk of bias for various categories uncertain; therefore, it is possible the risk of bias is higher or lower than what was reported (i.e., the quality of the reporting might have impacted the critical appraisal). Due to the lack of information provided by Iyengar and colleagues,⁶⁹ there were some concerns of bias arising from the randomization process. Iyengar et al.⁶⁹ did not provide details about whether the allocation sequence was random and, if so, concealed until participants were enrolled and assigned to the intervention groups. However, the authors reported no significant differences in baseline characteristics between the 2 arms, which might argue against there being any serious bias in the randomization and allocation process.⁶⁹

There were some concerns of bias due to deviations from intended interventions for all 3 RCTs.^{32,58,59,63,69} All 3 RCTs were open-label studies, meaning both the participants and the individuals delivering the interventions were aware of the intervention assignments during the trial, which could have led to some deviations. However, although 1 patient (3.0%) from the control group in the SABR-COMET study^{32,58,59} withdrew consent for further follow-up to pursue SABR, this single deviation was unlikely to have affected the balance between the groups or the results due to the relatively large sample size. Similarly, Iyengar et al.⁶⁹ reported that 2 patients (13.3%) crossed over from the control arm to the intervention arm, but these deviations were unlikely to have affected the interpretation of the results. For the other RCT,⁶³ no information was provided about whether there were deviations from the intended intervention that arose because of the trial context.

The included RCTs^{32,58,59,63,69} used appropriate analyses to estimate the effect of intervention assignments using an intention-to-treat (ITT) analysis. For all outcomes of interest for all included RCTs,^{32,58,59,63,69} outcome data were available for all or nearly all participants randomized. Thus, there was a low risk of bias due to missing outcome data for all included RCTs.

The level of risk of bias in the measurement of the outcome depended on the RCT being assessed and the type of outcome explored, ranging from low risk to some concerns. Generally, the method of measurement and analysis for all included outcomes for all RCTs was likely appropriate (e.g., the Kaplan–Meier method was used to estimate survival outcomes, CTCAE was used to classify AEs, FACT-G was used to assess health-related QoL).^{32,58,59,63,69} However, none of the studies reported having adjusted for multiplicity in their outcome measures, suggesting that the type I error rate might have been inflated if multiple testing was conducted. For 1 RCT, outcome assessors were aware of the intervention received by study participants⁶³; however, this was unclear for the other 2 RCTs.^{32,58,59,69} However, it is unlikely that the measurement or ascertainment of the outcomes would have been different between the intervention groups.^{32,58,59,63,69} For outcomes that inherently have some subjectivity in the assessment (e.g., outcomes that involve assessment of a radiograph or clinical examination based on medical records, such as LC, AEs, and QoL outcomes), it is possible that the assessment of these outcomes could have been influenced by the knowledge of the intervention received.

There was a low risk of bias in the selective reporting of outcomes for the included RCTs,^{32,58,59,63,69} as data analyses and reported results were all in accordance with a pre-specified analysis plan indicated in the corresponding protocols.^{32,58,59,63,69}

One RCT^{32,58,59} reported a similar median follow-up between the treatment arms, but the range was wider in the comparator arm. The other 2 RCTs^{63,69} reported only the median follow-up of the total population with a wide IQR, without providing follow-up details for each treatment arm. Therefore, it was unclear whether there was any difference in the follow-up duration between the treatment arms in those studies.

Overall risk-of-bias judgment revealed that 2 RCTs^{32,58,59,63} were considered to have an overall high risk of bias and 1 RCT⁶⁹ as having some concerns of bias overall for all outcomes.

Risk of Bias in Nonrandomized Studies

The risk of bias in 9 nonrandomized studies (from 10 publications)^{60,61,64-68,79-81} was assessed using RoBANS^{51,52} ([Table 4](#)).

The risk of selection bias from the domain related to the possibility of the target group comparisons (i.e., domain called “Selection bias due to the selection of inappropriate comparison target group”) varied between the included studies: 2 studies were considered to be at low risk of bias because pertinent baseline characteristics were balanced between groups,^{67,79} and 6 studies were considered to be at high risk of bias because the intervention groups differed in some of the main baseline characteristics.^{60,61,64,66,68,80,81} For instance, 2 studies^{60,61,81} had older patients (i.e., higher in median age) receiving SABR, 2 studies (in 3 publications)^{60,61,64} had higher proportions of patients in the SABR group who had received prior treatment for metastatic disease and had imbalances in the primary tumour location between groups, 1 study⁶⁶ had a higher proportion of patients receiving adjuvant ADT in the comparator group compared with SABR, 1 study⁶⁸ had a higher proportion of patients in the SABR group who had been diagnosed with metastases at a later period compared with surgery, and 1 study⁸⁰ had a higher proportion of patients in the SABR group who had poor performance status. Given various differences in baseline characteristics, it is difficult to predict the direction of bias. The remaining study⁶⁵ was considered to have an unclear risk of bias because the baseline characteristics were not reported for each group, preventing comparison.⁶⁵

All nonrandomized studies were at low or unclear risk of selection bias for the target group selection domain. Studies were considered to be at low risk of bias when the participant recruitment strategy (e.g., standard of inclusion or exclusion, selection method) was the same for both groups.^{64,67,68,80,81} Studies were considered to have an unclear risk of bias when the participant recruitment strategy was not clearly described (e.g., unknown whether participants selected from different institutions were balanced between groups).^{60,61,65,66,79}

All nonrandomized studies were at a low risk or unclear risk of selection bias due to confounders: low-risk studies confirmed confounders and considered them during the planning and analysis stages,^{60,61,64,66,68,80,81} and the studies with unclear risk of bias were not clear for at least 1 outcome if confounders were confirmed or considered during the planning and analysis stages.^{65,67,79}

For all included nonrandomized studies,^{60,61,64-68,79-81} there was a low risk of performance bias (i.e., exposure measurement domain), since the data were obtained from medical records

— and for reasons of detection bias (i.e., blinding of assessor’s domain) — as the main end points were time-to-event (survival) outcomes (i.e., objective outcomes).

For all outcomes of all included nonrandomized studies,^{60,61,64-68,79-81} the outcome assessment was probably appropriate (i.e., low risk of confirmation bias), since outcome data were confirmed with medical records. One study⁶⁴ reported having adjusted for multiplicity but only for QoL outcome measures, and no other study reported having adjusted for multiplicity in its outcome measures, suggesting the type I error rate might have been inflated if multiple testing was conducted.

When considering attrition bias via the incomplete outcome data domain, 2 studies were at low risk of bias, given there were no missing data in the analysis of all reported outcomes,^{60,61,81} 1 study had high risk of bias due to more patients lost to follow-up in the intervention group (25%) compared to the control group (0.7%),⁶⁸ and 5 studies had an unclear risk of bias, as it was unclear whether all participant data were included in the analyses.^{65-67,79,80} One study⁶⁴ had a low risk of attrition bias for OS and PFS outcomes (i.e., all data included in analyses), but a high risk of bias for pain response and QoL outcomes because not all patient data were included in the analyses for these outcomes (i.e., study authors excluded all patients with no pain at baseline).

One study had been publicly registered a priori (ClinicalTrials.gov NCT02356497; low risk of reporting bias).⁶⁴ The remaining studies did not mention having or registering a protocol a priori; therefore, it is unclear whether there was any selective outcome reporting (i.e., reporting bias) for these studies.^{60,61,65-68,79-81}

Regarding follow-up duration, 2 studies^{64,68} reported that the median follow-up in the intervention group was much shorter compared with that in the comparator group. Seven studies^{60,61,65-67,79-81} reported the median follow-up of the total population. It was therefore unclear whether there was any difference in the duration of follow-up between the treatment arms in those studies.

Overall risk-of-bias judgment revealed that 6 studies^{60,61,64,66,68,80,81} were considered to have an overall high risk of bias and that 3 studies^{65,67,79} had some concerns of bias overall for all outcomes.

Data Analysis and Synthesis

[Table 5](#) presents a high-level summary of the findings of the included studies on the clinical effectiveness and safety of SABR for the treatment of patients with oligometastatic cancer, which were grouped into 2 main comparisons (i.e., SABR + SOC versus SOC alone, and SABR versus SOC). [Appendix 10](#) presents the main study findings with regard to OS ([Table 21](#)), PFS ([Table 22](#)), health-related QoL ([Table 23](#)), LC ([Table 24](#)), and AEs ([Table 25](#)).

Due to the limited amount of available data, subgroup analyses were not possible.

Question 1: Clinical Effectiveness

SABR With SOC Versus SOC Alone

Overall Survival

From 2 RCTs using ITT analyses,^{32,58,69} with an overall risk of bias of either high or with some concerns and considering multiple metastatic sites and up to 5 oligometastases in patients previously treated for their primary tumour, there is some evidence suggesting an OS benefit

Table 4: Risk of Bias Summary – Nonrandomized Studies (RoBANS^{51,52})

Author (year); relevant for research question(s)	The possibility of the target group comparisons	Target group selection	Confounder	Exposure measurement	Blinding of assessors	Outcome assessment	Incomplete outcome data	Selective outcome reporting	Overall risk-of-bias judgment
	Risk of selection bias due to selection of inappropriate comparison target group	Risk of selection bias due to inappropriate intervention or inappropriate selection of exposure group or patient group	Risk of selection bias due to inappropriate confounder confirmation and consideration	Risk of performance bias due to inappropriate intervention or inappropriate exposure measurement	Risk of confirmation bias due to inappropriate blinding of assessors	Risk of confirmation bias due to inappropriate outcome assessment methods	Risk of attrition bias due to inappropriate handling of incomplete data	Risk of reporting bias due to selective outcome reporting	
Buergy et al. (2021) ⁷⁹ 1, 2	Low	Unclear	Unclear	Low	Low	OS: Low PFS: Low LC: Low AEs: Low	OS: Unclear PFS: Unclear LC: Unclear AEs: Unclear	Unclear	Some concerns for all outcomes
Ji et al. (2021) ⁸⁰ 1, 2	High	Low	Low	Low	Low	OS: Low PFS: Low AEs: Low	OS: Unclear PFS: Unclear AEs: Unclear	Unclear	High risk for all outcomes
Liu et al. (2021) ⁸¹ 1,2	High	Low	Low	Low	Low	OS: Low AEs: Low	OS: Low AEs: Low	Unclear	High risk for all outcomes
Hurmuz et al. (2020) ⁶⁵ 1	Unclear	Unclear	Unclear	Low	Low	OS: Low PFS: Low	OS: Unclear PFS: Unclear	Unclear	Some concerns for all outcomes

Author (year); relevant for research question(s)	The possibility of the target group comparisons	Target group selection	Confounder	Exposure measurement	Blinding of assessors	Outcome assessment	Incomplete outcome data	Selective outcome reporting	Overall risk-of- bias judgment
	Risk of selection bias due to selection of inappropriate comparison target group	Risk of selection bias due to inappropriate intervention or inappropriate selection of exposure group or patient group	Risk of selection bias due to inappropriate confounder confirmation and consideration	Risk of performance bias due to inappropriate intervention or inappropriate exposure measurement	Risk of confirmation bias due to inappropriate blinding of assessors	Risk of confirmation bias due to inappropriate outcome assessment methods	Risk of attrition bias due to inappropriate handling of incomplete data	Risk of reporting bias due to selective outcome reporting	
van de Ven et al. (2020) ⁶⁴ 1	High	Low	Low	Low	Low	OS: Low PFS: Low Pain response: Low Health-related QoL: Low	OS: Low PFS: Low Pain response: High Health-related QoL: High	Low	High risk for all outcomes
De Bleser et al. (2019) ⁶⁶ 1, 2	High	Unclear	Low	Low	Low	AEs: Low	AEs: Unclear	Unclear	High risk for all outcomes
He et al. (2018) ⁶⁷ 1, 2	Low	Low	Unclear	Low	Low	OS: Low AEs: Low	OS: Unclear AEs: Unclear	Unclear	Some concerns for all outcomes
Filippi et al. (2016) ⁶⁸ 1, 2	High	Low	Low	Low	Low	OS: Low PFS: High AEs: Low	OS: High PFS: High AEs: High	Unclear	High risk for all outcomes

Author (year); relevant for research question(s)	The possibility of the target group comparisons	Target group selection	Confounder	Exposure measurement	Blinding of assessors	Outcome assessment	Incomplete outcome data	Selective outcome reporting	Overall risk-of- bias judgment
	Risk of selection bias due to selection of inappropriate comparison target group	Risk of selection bias due to inappropriate intervention or inappropriate selection of exposure group or patient group	Risk of selection bias due to inappropriate confounder confirmation and consideration	Risk of performance bias due to inappropriate intervention or inappropriate exposure measurement	Risk of confirmation bias due to inappropriate blinding of assessors	Risk of confirmation bias due to inappropriate outcome assessment methods	Risk of attrition bias due to inappropriate handling of incomplete data	Risk of reporting bias due to selective outcome reporting	
Widder et al. (2013) ⁶⁰ and Lodeweges et al. (2017) ⁶¹ 1, 2	High	Unclear	Low	Low	Low	OS: Low PFS: Low LC: Low	OS: Low PFS: Low LC: Low	Unclear	High risk for all outcomes

AE = adverse event; LC = lesional control; OS = overall survival; PFS = progression-free survival; RoBANS = Risk of Bias Assessment Tool for Nonrandomized Studies; QoL = quality of life.

Table 5: High-Level Summary of the Findings

Overarching comparison	Intervention vs. comparator	OS	PFS	FFP	HRQoL	LC	Systemic therapy use	AEs
SABR + SOC vs. SOC	SABR + systemic therapy vs. systemic therapy ^{32,58,59}	Short-term F/U: NS Longer-term F/U: +	Short-term F/U: + Longer-term F/U: +	NR	NS	Short-term F/U: + Longer-term F/U: +	NR	Related AE grade ≥ 2: – Other: NS
	SABR + chemotherapy vs. chemotherapy ⁶⁹	?	+	NR	NR	NR	NR	?
	SABR + TKI vs. TKI ⁸¹	+	NR	NR	NR	NR	NR	?
	SABR + chemotherapy vs. chemotherapy ⁸⁰	Overall: NS 1° tumour at head of pancreas or ECOG PS 0 to 1: +	NS	NR	NR	NR	NR	NS
SABR vs. SOC	SABR vs. observation ⁶³	NR	+	NR	NS	NR	NR	?
	SABR ± hormonotherapy vs. conventional fractionation radiotherapy ± hormonotherapy ⁶⁵	NS	+	NR	NR	NR	NR	NR
	SABR vs. 3DCRT ⁶⁴	+	+	NR	NS	NR	NR	NR
	SABR ± ADT vs. ENRT ± ADT ⁶⁶	NR	NR	NR	NR	NR	NR	+
	SABR vs. 3DCRT ⁶⁷	NS	NR	NR	NR	NR	NR	NS
	SABR vs. various resections ⁶⁸	NS	–	NR	NR	NR	NR	?
	SABR vs. PME ^{60,61}	NS	NS	NR	NR	NS	NR	NR
	SABR vs. 3DCRT/IMRT ⁷⁹	+	NS	NR	NR	NS	NR	?
SABR vs. palliative RT ⁷⁹	+	+	NR	NR	+	NR	?	

+ = intervention more favourable than comparator; – = intervention less favourable than comparator; ? = not compared statistically; 3DCRT = 3-dimensional conformal radiation therapy; ADT = androgen deprivation therapy; AE = adverse event; ECOG PS = Eastern Cooperative Oncology Group performance status; ENRT = elective nodal radiotherapy; FFP = free from progression; F/U = follow-up; IMRT = intensity-modulated radiotherapy; LC = lesional control; NR = not measured or not reported; NS = not statistically significant; OS = overall survival; PFS = progression-free survival; PME = pulmonary metastasectomy; SABR = stereotactic ablative radiotherapy; SOC = standard of care; TKI = tyrosine kinase inhibitor; vs. = versus.

associated with SABR plus SOC compared with SOC alone (Table 6). The initial findings from the SABR-COMET RCT (N = 99 patients)³² found longer median OS and a lower hazard of death in the SABR plus systemic therapy (n = 66 patients) compared with systemic therapy (n = 33; i.e., systemic therapy with patients being allowed to receive radiotherapy with palliative intent) in patients with multiple primary tumour locations. The median OS was 41 months (95% confidence interval [CI], 26 to not reached) for SABR plus systemic therapy and 28 months (95% CI, 19 to 33) for systemic therapy alone. The unadjusted HR was 0.57 (95% CI, 0.30 to 1.10; P = 0.09) with a median follow-up of 26 months (IQR, 23 to 37) for SABR plus systemic therapy and 25 (IQR, 19 to 54) months for systemic therapy. A longer follow-up period (median follow-up for both arms was 51 months; IQR, 46 to 58 months) revealed a significant difference in OS in favour of SABR plus systemic therapy compared with systemic therapy alone (unadjusted HR was 0.47; 95% CI, 0.27 to 0.81; P = 0.006).⁵⁸ The Iyengar et al. RCT⁶⁹ of 29 patients with primary lung cancer provided limited OS findings for their study: for the SABR plus maintenance chemotherapy intervention arm (n = 14), median OS was not reached during the investigation period (i.e., more than half the patients were still alive); for the maintenance chemotherapy arm, median OS was nearly 1 year for patients who did not cross over (n = 13) and was 17 months for patients who crossed over to receive SABR at oligoprogression (n = 2). No HRs for OS were reported and the authors reported their study was not powered to show a statistical difference in survival.⁶⁹ Both RCTs^{32,58,69} had patients who had been previously treated for their metastases.

Two retrospective cohort studies^{80,81} with high risk of bias provided some evidence regarding the benefit of SABR plus SOC compared with SOC alone (Table 6). The study by Ji et al. (2021)⁸⁰ did not find any significant differences between SABR plus chemotherapy and chemotherapy alone for 1-year OS rates and median OS. The HR for death showed no significant difference between groups. Analyses of OS were performed in matched population using a propensity model that includes T stage, N stage, gender, age, performance status, primary pancreatic tumor location, CA19-9, and year of diagnosis. A subgroup analysis revealed that SABR plus chemotherapy improved OS compared with chemotherapy alone in patients with a primary tumour located in the head of the pancreas and among those with good performance status (i.e., ECOG score of 0 to 1).⁸⁰ The subgroup analysis is exploratory and should not be used to draw conclusions. The study by Liu et al. (2021)⁸¹ found an OS benefit for SABR plus a tyrosine kinase inhibitor (TKI) when compared with TKI alone for OS measures reported as OS rates, median OS, unadjusted HRs, and adjusted HRs. Both studies did not report whether they performed a sample size calculation to obtain enough power to determine a statistical difference between groups for OS.

Ji et al.⁸⁰ found no OS benefit for SABR plus chemotherapy (n = 34) at 1 year compared with chemotherapy alone (n = 55) in patients with primary pancreatic cancer with liver-only oligometastases (≤ 5). In the propensity-score-matched analysis, the rates of OS at 1 year were 34.0% (95% CI, 17.8 to 65.1) for the SABR plus chemotherapy group compared with 16.5% (95% CI, 5.9 to 46.1) for chemotherapy alone group (P = 0.115; median follow-up for all patients was 20.9 [95% CI, 17.7 to 24.1] months). The median OS was 8.9 (95% CI, 5.7 to 18.8) months for the SABR plus chemotherapy group compared with 7.5 (95% CI, 6.0 to 9.6) for the chemotherapy alone group. The HR (95% CI) was 0.58 (95% CI, 0.29 to 1.15; P value not reported). Subgroup analyses in selected patients revealed that the addition of SABR to chemotherapy was associated with an OS benefit in patients with primary tumour located in the head of the pancreas (HR = 0.28; 95% CI, 0.09 to 0.90) and in those with good performance status (HR = 0.24; 95% CI = 0.07 to 0.86). The subgroup analyses are exploratory and should not be used to draw conclusions.

Liu et al.⁸¹ compared SABR plus TKI (n = 85) with TKI alone (n = 105) in patients with renal cell carcinoma metastasized to multiple sites (e.g., lung, bone, liver, brain); 43.2% (n = 82) of patients had oligometastases (≤ 5). As the population of interest in this review included patients with oligometastases, only the results of this subgroup were presented instead of those of the total study population. Patients with oligometastases (≤ 5) had significantly longer OS with SABR + TKI (with median OS not reached) compared with TKI alone (HR = 0.33; 95% CI, 0.15 to 0.76; P = 0.009).

Progression-Free Survival

The results for PFS were equivocal. In 2 RCTs,^{32,58,69} either at high risk of bias or with some concerns of bias overall, SABR plus systemic therapy was more effective than systemic therapy alone for PFS^{32,58,69} (Table 7). Both RCTs^{32,58,69} included patients with multiple metastatic sites and a maximum of 5 oligometastases. However, 1 nonrandomized study⁸⁰ with high risk of bias found no PFS benefit for SABR plus chemotherapy compared with chemotherapy alone.

One RCT (SABR-COMET) with 2 publications^{32,58} reported a significant advantage in PFS for patients with multiple primary tumour locations who received SABR plus systemic therapy compared with systemic therapy alone. The initial findings from the SABR-COMET RCT³² found a significant PFS benefit for SABR plus systemic therapy compared with systemic therapy alone (unadjusted HR was 0.47; 95% CI, 0.30 to 0.76; P = 0.0012; N = 99; median follow-up was 26 months [IQR, 23 to 37 months] for SABR plus systemic therapy; and 25 months [IQR, 19 to 54] for systemic therapy alone). A longer surveillance period (median follow-up for both arms was 51 months; IQR, 46 to 58 months) revealed similar PFS benefits in favour of SABR plus systemic therapy (unadjusted HR was 0.48; 95% CI, 0.31 to 0.76; P = 0.001; N = 99).⁵⁸ Another RCT by Iyengar et al.⁶⁹ of patients with primary lung cancer also reported a significant PFS benefit for SABR plus maintenance chemotherapy compared with maintenance chemotherapy alone (unadjusted HR was 0.304; 95% CI, 0.113 to 0.815; P = 0.01; N = 29). Median follow-up for total population was 9.6 months (IQR, 2.4 to 30.2 months). Both RCTs^{32,58,69} had patients whose primary tumour and metastases had been previously treated.

The retrospective cohort study by Ji et al.⁸⁰ found no PFS benefit of SABR plus chemotherapy (n = 34) compared with chemotherapy alone (n = 55) in patients with liver-only oligometastatic pancreatic cancer. In propensity-matched analysis, the 12-month PFS rates were 0% (95% CI not reported) and 5.2% (95% CI not reported) for SABR plus chemotherapy and chemotherapy alone, respectively. No HRs were reported by this study.⁸⁰

Freedom From Progression

None of the included studies explored freedom from progression.

Health-Related QoL

One RCT with 3 publications^{32,58,59} with an overall high risk of bias reported no significant differences between SABR plus systemic therapy and systemic therapy in health-related QoL outcomes (Table 8). The SABR-COMET trial reported no significant differences between the 2 groups at 6 months in the patient-reported FACT-G outcome measure used to assess health-related QoL (FACT-G total, mean [standard deviation] for SABR plus systemic therapy: 82.6 [16.6] versus systemic therapy: 82.5 [16.4]; P = 0.99; N = 99).³² There were also no significant differences between the 2 groups when examining subscales of the FACT-G tool at 6 months (i.e., physical, social, emotional, functional: P > 0.40 for all).³² The SABR-COMET trial

Table 6: OS Comparing SABR With SOC Versus SOC

Study	Treatments (intervention vs. comparator); follow-up	Patient characteristics	Death events; n	1-year OS rate, % (95% CI)	2-year OS rate, % (95% CI)	5-year OS rate, % (95% CI)	Median OS (95% CI); months	Unadjusted HR (95% CI)	Adjusted HR (95% CI)
RCTs									
SABR-COMET Palma et al. (2019) ³² and Palma et al. (2020) ⁵⁸ RCT RoB: High	SABR + systemic therapy (n = 66) vs. systemic therapy (n = 33) Short-term F/U Median F/U (IQR): • SABR + systemic therapy: 26 (23 to 37) months • Systemic therapy: 25 (19 to 54) months ³² Long-term F/U Median F/U (IQR): Total: 51 (46 to 58) months ⁵⁸	Age, median (IQR): • SABR + SOC: 66.8 (42.8 to 89.4) years • SOC: 68.6 (44.2 to 87.0) years % male: • SABR + SOC: 61 • SOC: 58 Primary tumour location; Breast, colorectal, lung, prostate, and other (not described in publication) Met site: Multiple Number of mets: ≤ 5 Mets location: Adrenal, bone, liver, lung, other: • brain (3 lesions in control; 1 lesion in SABR + SOC) • lymph nodes (1 lesion in control; 3 lesions in SABR + SOC) • para-renal (1 in SOC) Previous tx primary tumour: Yes Previous tx mets: Yes	Short-term F/U: 24 vs. 16 Long-term F/U: 35 vs. 24	NR	Short- and long-term F/U: NR	Short-term F/U: NR Long-term FU: 42.3 (28 to 56) vs. 17.7 (6 to 34)	Short-term F/U: 41 (26 to not reached) vs. 28 (19 to 33) Long-term F/U: 50 (29 to 83) vs. 28 (18 to 39)	Short-term F/U: 0.57 (0.30 to 1.10); P = 0.09 Long-term F/U: 0.47 (0.27 to 0.81); P = 0.006	NR

Study	Treatments (intervention vs. comparator); follow-up	Patient characteristics	Death events; n	1-year OS rate, % (95% CI)	2-year OS rate, % (95% CI)	5-year OS rate, % (95% CI)	Median OS (95% CI); months	Unadjusted HR (95% CI)	Adjusted HR (95% CI)
Iyengar et al. (2018) ⁶⁹ RCT RoB: Some concerns	SABR + chemotherapy (n = 14) vs. chemotherapy (n = 15) Median F/U (IQR): Total: 9.6 (2.4 to 30.2) months	Age, median (IQR): <ul style="list-style-type: none"> SABR + maintenance chemotherapy: 63.5 (51.0 to 78.0) years maintenance chemotherapy: 70.0 (51.0 to 79.0) years % male: <ul style="list-style-type: none"> SABR + maintenance chemotherapy: 64.3 maintenance chemotherapy: 73.3 Primary tumour location: Lung Met site: Multiple Number of mets: ≤ 5 Mets location: Lung, adrenal, mediastinum, axilla, liver, nasopharynx, bone (rib, spine) Previous tx primary tumour: Yes Previous tx mets: Yes	NR	NR	NR	NR	Not reached (NR) vs. about 1 year without crossover; 17 months with crossover (NR)	NR	NR
NRSs									
Ji et al. (2021) ⁸⁰ Retrospective cohort RoB: High	SABR + chemotherapy (n = 34) vs. chemotherapy alone (n = 55) Median F/U (95% CI):	Age: <ul style="list-style-type: none"> ≤ 60 years: 50% in SABR + chemotherapy; 47.3% in chemotherapy > 60 years: 50% in SABR + chemotherapy; 52.7% in chemotherapy 	NR	34.0 (17.8 to 65.1) vs. 16.5 (5.9 to 46.1); P = 0.115	NR	NR	8.9 (5.7 to 18.8) vs. 7.5 (6.0 to 9.6); P = NR; NS	NR	Overall: 0.58 (0.29 to 1.15)

Study	Treatments (intervention vs. comparator); follow-up	Patient characteristics	Death events; n	1-year OS rate, % (95% CI)	2-year OS rate, % (95% CI)	5-year OS rate, % (95% CI)	Median OS (95% CI); months	Unadjusted HR (95% CI)	Adjusted HR (95% CI)
	Total: 20.9 (17.7 to 24.1) months	<p>% male:</p> <ul style="list-style-type: none"> • SABR + chemotherapy: 64.7 • Chemotherapy: 60 <p>Primary tumour location: Pancreas</p> <p>Met site: Single</p> <p>Number of mets: ≤ 5</p> <p>Mets location: Liver</p> <p>Previous tx primary tumour: Yes</p> <p>Previous tx mets: Yes</p>							
Liu et al. (2021) ⁸¹ Retrospective cohort RoB: High	<p>SABR + TKI (n = 85) vs. TKI alone (n = 105)</p> <p>Median F/U (range): Total: 25.8 (4.8 to 122.7) months</p>	<p>Median age (range):</p> <ul style="list-style-type: none"> • SABR + TKI: 55 (21 to 86) • TKI: 54 (18 to 83) <p>% male:</p> <ul style="list-style-type: none"> • Total: 77.4 • SABR + TKI: 78.8 • TKI: 76.2 <p>Primary tumour location: Kidney</p> <p>Met site: Multiple</p> <p>Number of mets: ≤ 5</p> <p>Mets location: Lung, bone, liver, brain</p> <p>Previous tx primary tumour: Yes</p> <p>Previous tx mets: Yes</p>	NR	NR	NR	NR	NR	Oligometastatic subgroup (n = 82): 0.33 (0.15 to 0.76); P = 0.009	NR

CI = confidence interval; F/U = follow-up; HR = hazard ratio; IQR = interquartile range; met = metastasis; mets = metastases; NR = not reported; OS = overall survival; RCT = randomized controlled trial; RoB = risk of bias; SABR = stereotactic ablative radiotherapy; SOC = standard of care; TKI = tyrosine kinase inhibitor; tx = treatment; vs. = versus.

Table 7: PFS Comparing SABR With SOC Versus SOC

Study	Treatments (intervention vs. comparator); follow-up	Patient characteristics	Progression events; n	1-year PFS rate, % (95% CI)	4-year PFS rate, % (95% CI)	5-year PFS rate, % (95% CI)	Median PFS (95% CI); month	Unadjusted HR (95% CI)
RCTs								
SABR-COMET Palma et al. (2019) ³² Palma et al. (2020) ⁵⁸ RCT RoB: High	SABR + systemic therapy (n = 66) vs. systemic therapy alone (n = 33) Short-term F/U Median F/U (IQR): • SABR + systemic therapy: 26 (23 to 37) months • systemic therapy: 25 (19 to 54) months ³² Long-term F/U Median F/U (IQR): Total: 51 (46 to 58) months ⁵⁸	Age, median (IQR): • SABR + SOC: 66.8 (42.8 to 89.4) years • SOC: 68.6 (44.2 to 87.0) years % male: • SABR + SOC: 61 • SOC: 58 Primary tumour location: Breast, colorectal, lung, prostate, and other Met site: Multiple Number of mets: ≤ 5 Mets location: Adrenal, bone, liver, lung, other: • brain (3 lesions in control; 1 lesion in SABR + SOC) • lymph nodes (1 lesion in control; 3 lesions in SABR + SOC) • para-renal (1 in SOC) Previous tx primary tumour: Yes Previous tx mets: Yes	Short-term F/U: 39 vs. 28 Long-term F/U: 45 vs. 29	NR	Short-term F/U: NR Long-term F/U: 21.6 (12 to 33) vs. 3.2 (0 to 14)	Short-term F/U: NR Long-term F/U: 17.3 (8 to 30) vs. 0 (NA)	12 (6.9 to 30.4) vs. 6.0 (3.4 to 7.1) Long-term F/U: 11.6 (6.1 to 23.4) vs. 5.4 (3.2 to 6.8)	0.47 (0.30 to 0.76); P = 0.0012 Long-term F/U: 0.48 (0.31 to 0.76); P = 0.001
Iyengar et al. (2018) ⁶⁹ RCT RoB: Some concerns	SABR + chemotherapy (n = 14) vs. chemotherapy alone (n = 15)	Age, median (IQR): • SABR + maintenance chemotherapy: 63.5 (51.0 to 78.0) years • maintenance chemotherapy: 70.0 (51.0 to 79.0) years	4 vs. 10	NR	NR	NR	9.7 (NR) vs. 3.5 (NR)	0.304 (0.113 to 0.815); P = 0.01

Study	Treatments (intervention vs. comparator); follow-up	Patient characteristics	Progression events; n	1-year PFS rate, % (95% CI)	4-year PFS rate, % (95% CI)	5-year PFS rate, % (95% CI)	Median PFS (95% CI); month	Unadjusted HR (95% CI)
	<p>Median F/U (IQR): Total: 9.6 (2.4 to 30.2) months</p>	<p>% male:</p> <ul style="list-style-type: none"> • SABR + maintenance chemotherapy: 64.3 • maintenance chemotherapy: 73.3 <p>Primary tumour location: Lung</p> <p>Met site: Multiple</p> <p>Number of mets: ≤ 5</p> <p>Mets location: Lung, adrenal, mediastinum, axilla, liver, nasopharynx, bone (rib, spine)</p> <p>Previous tx primary tumour: Yes</p> <p>Previous tx mets: Yes</p>						
NRSSs								
<p>Ji et al. (2021)⁸⁰</p> <p>Retrospective cohort</p> <p>RoB: High</p>	<p>SABR + chemotherapy (n = 34) vs. chemotherapy alone (n = 55)</p> <p>Median F/U (95% CI): Total: 20.9 (17.7 to 24.1) months</p>	<p>Age:</p> <ul style="list-style-type: none"> • ≤ 60 years: 50% in SABR + chemotherapy; 47.3% in chemotherapy • > 60 years: 50% in SABR + chemotherapy; 52.7% in chemotherapy <p>% male:</p> <ul style="list-style-type: none"> • SABR + chemotherapy: 64.7 • Chemotherapy: 60 <p>Primary tumour location: Pancreas</p> <p>Met site: Single</p> <p>Number of mets: ≤ 5</p> <p>Mets location: Liver</p>	NR	0 (NR) vs. 5.2 (NR); P = 0.468	NR	NR	NR	NR

Study	Treatments (intervention vs. comparator); follow-up	Patient characteristics	Progression events; n	1-year PFS rate, % (95% CI)	4-year PFS rate, % (95% CI)	5-year PFS rate, % (95% CI)	Median PFS (95% CI); month	Unadjusted HR (95% CI)
		Previous tx primary tumour: Yes Previous tx mets: Yes						

CI = confidence interval; F/U = follow-up; HR = hazard ratio; IQR = interquartile range; met = metastasis; mets = metastases; NR = not reported; PFS = progression-free survival; RCT = randomized controlled trial; RoB = risk of bias; SABR = stereotactic ablative radiotherapy; SOC = standard of care; tx = treatment; vs. = versus.

also examined the same health-related QoL outcome measures over 42 months (N = 99) and over 5 years (N = 99).⁵⁹ At both time points, no significant differences were found between the 2 groups (P values ranged from 0.17 at 42 months to 0.98 at 5 years).^{58,59} Thus, the SABR-COMET trial concluded SABR plus systemic therapy was not associated with a health-related QoL detriment.^{32,58,59} This RCT^{32,58,59} included patients with multiple primary tumour locations and multiple metastatic sites with up to 5 oligometastases. Patients had been previously treated for their primary tumour and metastases. Although a sample size calculation was performed to detect differences for the primary outcome (i.e., OS), it was unclear if the sample size was large enough to detect differences in health-related QoL data.

Lesional Control

Data from 1 RCT^{32,58} with an overall high risk of bias suggested higher LC for SABR plus SOC compared with SOC alone ([Table 9](#)).

The SABR-COMET RCT^{32,58} found improved crude LC rates for SABR plus systemic therapy compared with systemic therapy alone during initial follow-up (75% versus 49%; P = 0.0010; median follow-up: 26 [IQR, 23 to 37] months for SABR plus systemic therapy; 25 [IQR, 19 to 54] months for systemic therapy; N = 99)³² and after longer surveillance (63% versus 46%; P = 0.039; median follow-up for both arms 51 [IQR, 46 to 58] months; N = 99).⁵⁸ HRs were not calculated for this outcome.^{32,58} This RCT^{32,58} included patients with multiple primary tumour locations and multiple metastatic sites with up to 5 oligometastases. Patients had been previously treated for their primary tumour and metastases.

Systemic Therapy Use

None of the included studies explored systemic therapy use after treatment with SABR.

SABR Versus SOC

Overall Survival

Six nonrandomized studies^{60,61,64,65,67,68,79} (1 prospective study⁶⁴ and 5 retrospective studies^{60,61,67,68,79}) at either high risk of bias or with some concerns of bias overall provided conflicting evidence about OS for SABR compared with SOC ([Table 10](#)); 4 studies did not report any significant differences between SABR and SOC for OS measures reported (i.e., OS rates, unadjusted HRs, adjusted HRs),^{60,61,65,67,68} and 2 studies found an OS benefit for SABR when compared with 3DCRT^{64,79} or with palliative radiotherapy.⁷⁹ None of the studies reported whether they performed a sample size calculation to obtain enough power to determine a statistical difference between groups for OS.

The retrospective cohort study by Buergy et al.⁷⁹ compared SABR (n = 232) with 3DCRT or intensity-modulated radiation therapy (IMRT) (n = 26) or with palliative radiotherapy (n = 68) in patients with adrenal metastases from multiple primary tumour sites and found that the 2-year OS rates were significantly higher after SABR compared with 3DCRT/IMRT (45.6% versus 26.9%; P = 0.0028) and compared with palliative radiotherapy (45.6% versus 27.0%; P = 0.041). The median OS of SABR, 3DCRT/IMRT and palliative radiotherapy were 19.1, 5.7, and 17.1 months, respectively. The 95% CI values for median OS were not reported. No HRs were provided by this study.⁷⁹

The retrospective cohort study by Hurmuz et al.⁶⁵ found no OS benefit for SABR with or without hormone therapy (n = 129) at 2 years compared with conventional fractionation radiotherapy with or without hormone therapy (n = 47) in patients with controlled primary prostate cancer with multiple metastatic sites and a maximum of 5 oligometastases. As

Table 8: Health-Related QoL Comparing SABR With SOC Versus SOC Alone

Study	Patient characteristics	Tool, follow-up, results
<p>SABR-COMET Palma et al. (2019),³² Palma et al. (2020),⁵⁸ Olson et al. (2019)⁵⁹ RCT RoB: High</p>	<p>Age, median (IQR):</p> <ul style="list-style-type: none"> • SABR plus + systemic therapy 66.8 (42.8 to 89.4) years • systemic therapy: 68.6 (44.2 to 87.0) years <p>% male:</p> <ul style="list-style-type: none"> • SABR plus systemic therapy: 61 • systemic therapy: 58 <p>Primary tumour location: Breast, colorectal, lung, prostate, and other</p> <p>Mets sites: Multiple</p> <p>Number of mets: ≤ 5</p> <p>Mets location: Adrenal, bone, liver, lung, other:</p> <ul style="list-style-type: none"> • brain (3 lesions in control; 1 lesion in SABR plus systemic therapy) • lymph nodes (1 lesion in control; 3 lesions in SABR plus systemic therapy) • para-renal (1 in systemic therapy) <p>Previous tx primary tumour: Yes</p> <p>Previous tx mets: Yes</p>	<p>Health-related QoL (tool: FACT-G; 4 subscales: physical well-being, social/family well-being, emotional well-being, and functional well-being)</p> <p>SABR plus systemic therapy vs. systemic therapy alone³²</p> <ul style="list-style-type: none"> • FACT-G at 6 months (N = 99), mean (SD): <ul style="list-style-type: none"> ◦ Total score:^a 82.6 (16.6) vs. 82.5 (16.4); P = 0.99 ◦ Subscales: <ul style="list-style-type: none"> ■ Physical: 22.4 (4.8) vs. 23.1 (4.9); P = 0.54 ■ Functional: 19.4 (5.8) vs. 18.8 (7.0); P = 0.74 ■ Emotional: 18.1 (5.1) vs. 18.3 (4.3); P = 0.87 ■ Social: 22.8 (5.1) vs. 21.8 (6.3); P = 0.48 <p>SABR plus systemic therapy vs. systemic therapy alone⁵⁹</p> <ul style="list-style-type: none"> • FACT-G over 42 months (N = 99): Total score (P = 0.42) <ul style="list-style-type: none"> ◦ Subscales: <ul style="list-style-type: none"> ■ Physical (P = 0.98) ■ Functional (P = 0.59) ■ Emotional (P = 0.82) ■ Social (P = 0.17) <p>SABR plus systemic therapy vs. systemic therapy alone⁵⁸</p> <ul style="list-style-type: none"> • FACT-G over 5 years (N = 99): Total score (P = 0.98) <ul style="list-style-type: none"> ◦ Subscales: <ul style="list-style-type: none"> ■ Physical (P = 0.72) ■ Functional (P = 0.47) ■ Emotional (P = 0.77) ■ Social (P = 0.19)

FACT-G = Functional Assessment of Cancer Therapy–General; met = metastasis; mets = metastases; IQR = interquartile range; QoL = quality of life; RoB = risk of bias; SABR = stereotactic ablative radiotherapy; SD = standard deviation; SOC = standard of care; tx = treatment.

^aTotal score = sum of FACT-G physical, social, emotional, and functional well-being scores.

Table 9: Lesional Control Comparing SABR With SOC Versus SOC

Study	Treatments (intervention vs. comparator)	Patient characteristics	Crude LC rate, % (95% CI)
RCTs			
SABR-COMET Palma et al. (2019) ³² Palma et al. (2020) ⁵⁸ RCT RoB: High	SABR + systemic therapy (n = 66) vs. systemic therapy (n = 33) Short-term F/U Median F/U (IQR): <ul style="list-style-type: none"> • SABR + systemic therapy: 26 (23 to 37) months • systemic therapy: 25 (19 to 54) months³² Long-term F/U Median F/U (IQR): Total: 51 (46 to 58) months ⁵⁸	Age, median (IQR): <ul style="list-style-type: none"> • SABR + systemic therapy: 66.8 (42.8 to 89.4) years • systemic therapy: 68.6 (44.2 to 87.0) years % male: <ul style="list-style-type: none"> • SABR + systemic therapy: 61 • systemic therapy: 58 Primary tumour location: Breast, colorectal, lung, prostate, and other Met site: Multiple Number of mets: ≤ 5 Mets location: <ul style="list-style-type: none"> • adrenal, bone, liver, lung, other: • brain (3 lesions in control; 1 lesion in SABR + systemic therapy) • lymph nodes (1 lesion in control; 3 lesions in SABR + systemic therapy) • para-renal (1 in systemic therapy) Previous tx primary tumour: Yes Previous tx mets: Yes	Short-term F/U: 75 (NR) vs. 49 (NR), P = 0.0010 Long-term F/U: 63 (NR) vs. 46 (NR), P = 0.039

CI = confidence interval; F/U = follow-up; IQR = interquartile range; LC = lesional control; met = metastasis; mets = metastases; NR = not reported; RCT = randomized controlled trial; RoB = risk of bias; SABR = stereotactic ablative radiotherapy; tx = treatment; vs. = versus.

Table 10: OS Comparing SABR Versus SOC

Study (year)	Treatments (intervention vs. comparator); follow-up	Patient characteristics	Death events; n	OS rate, % (95% CI)					Median OS (95% CI); months	UNadj HR (95% CI)	Adj HR (95% CI)
				1-year	2-year	3-year	4-year	5-year			
NRSs											
Buergy et al. (2021) ⁷⁹ Retrospective cohort RoB: Some concerns	SABR (n = 232) vs. 3DCRT/IMRT (n = 26) vs. Palliative RT (n = 68) Median F/U (mean): Total: 11.7 (15.9) months	Age, median (range): 64.8 (10.5) years % male: • Total: 63.8 • SABR: 65.8 • 3DCRT/IMRT: 53.8 • Palliative RT: 63.2 Primary tumour location: Lung, melanoma, colorectal, liver, other Met site: Single Number of mets: ≤ 5 Mets location: Adrenal Previous tx primary tumour: Yes Previous tx mets: Yes	NR	67.1(NR) vs. 34.6 (NR) vs. (62.5 (NR)	45.6 (NR) vs. 26.9 (NR) vs. 27.0 (NR) P = 0.041 for SABR vs. Palliative RT P = 0.0028 for SABR vs. 3DCRT/IMRT	NR	NR	NR	19.1 (NR) vs. 5.7 (NR) vs. 17.1 (NR)	NR	NR
Hurmuz et al. (2020) ⁶⁵ Retrospective cohort RoB: Some concerns	SABR ± hormonotherapy (n = 129) vs. conventional fractionation radiotherapy ± hormonotherapy (n = 47) Median F/U	Age, median (range): 65 (42 to 84) years % male: 100 Primary tumour location: Prostate Met site: Multiple Number of mets: ≤ 5 Mets location: Bone or lymph	NR	NR	87.7 (NR) vs. 87.3 (NR); P = 0.91	NR	NR	NR	NR	NR	NR

Study (year)	Treatments (intervention vs. comparator); follow-up	Patient characteristics	Death events; n	OS rate, % (95% CI)					Median OS (95% CI); months	UNadj HR (95% CI)	Adj HR (95% CI)
				1-year	2-year	3-year	4-year	5-year			
	(IQR): Total: 22.9 (3.3 to 77.8) months	node Previous tx primary tumour: Yes Previous tx mets: Unclear									
Van de Ven et al. (2020) ⁶⁴ Prospective cohort RoB : High	SABR (n = 65) vs. 3DCRT (n = 66) Median F/U (IQR): • SABR: 25 (5 to 52) months • 3DCRT: 46 (9 to 55) months	Age: 64.4 years (SABR); 68.3 years (3DCRT) % male: 51.4 Primary tumour location: Prostate, breast, lung, kidney, other (not specified) Met site: Multiple Number of mets: ≤ 5 Mets location: Bone, other Previous tx primary tumour: Some patients Previous tx mets: Some patients	• 3 months: 2 vs. 5 • 6 months: 4 vs. 13 • 12 months: 6 vs. 20	85 (NR) vs. 65 (NR)	NR	NR	NR	NR	Not reached (NR) vs. 18 months (NR); P < 0.0001	0.44 (0.24 to 0.81); P = NR	NR
He et al. (2018) ⁶⁷ Retrospective cohort RoB: Some concerns	SABR (n = 11) vs. 3DCRT (n = 15) Median F/U: Total: 13 months	Age, median (IQR): 71 (45 to 87) years % male: 100 Primary tumour location: Colon and rectum Met site: Single Number of mets: ≤ 3 Mets location: Liver Previous tx primary tumour:	NR	68.2 (NR) vs. 55.8 (NR)	40.9 (NR) vs. 16.0 (NR)	20.5 (NR) vs. 0.0 (NR)	NR	NR	20 (NR) vs. 14 (NR)	0.61 (0.23 to 1.65); P = 0.323	NR

Study (year)	Treatments (intervention vs. comparator); follow-up	Patient characteristics	Death events; n	OS rate, % (95% CI)					Median OS (95% CI); months	UNadj HR (95% CI)	Adj HR (95% CI)
				1-year	2-year	3-year	4-year	5-year			
		Yes Previous tx mets: Some patients									
Filippi et al. (2016) ⁶⁸ Retrospective cohort RoB: High	SABR (n = 28) vs. surgery (n = 142) Median F/U (IQR): • SABR: 27 (16.1 to 71.7) months • Surgery: 45.8 (13.6 to 107.1) months	Age, median (IQR): • SABR: 72.1 (66.1 to 77.0) years • Surgery: 66.4 (59.3 to 72.4) years % male: • SABR: 50 • Surgery: 61.3 Primary tumour location: Colon and rectum Met site: Single Number of mets: ≤ 5 Mets location: Lung Previous tx primary tumour: Yes Previous tx mets: For some patients	10 vs. 37	89 (70 to 96) vs. 96 (92 to 99)	77 (56 to 89) vs. 82 (74 to 87)	NR	NR	NR	NR	1.7 (0.84 to 3.43); P = 0.139	1.71 ^a (0.82 to 3.54); P = 0.149
Widder et al. (2013) ⁶⁰ and Lodeweges et al. (2017) ^{b,61} Retrospective cohort RoB: High	SABR (n = 42) vs. Surgery (PME) (n = 68) Short-term F/U: Median F/U (IQR) Total: 43 (36 to 60) months ⁶⁰	Age, median (IQR): • SABR: 70 (49 to 89) years • Surgery: 61 (18 to 81) years % male: • SABR: 64.3	Short-term F/U: 17 vs. 35 Long-term F/U: NR	Short- and long-term F/U: 98 (84 to 100) vs.	Short- and long-term F/U: 86 (71 to 93) vs.	Short-term F/U: 60 (42 to 73) vs. 62 (49 to 73)	Short-term F/U: 60 (42 to 73) vs. 47 (33 to 59)	Short-term F/U: 49 (25 to 69) vs. 41 (27 to 54)	Short- and long-term F/U: NR	Short-term F/U: 0.79 (0.43 to 1.42); P =	Short-term F/U: NR Long-term F/U: 0.76 ^c

Study (year)	Treatments (intervention vs. comparator); follow-up	Patient characteristics	Death events; n	OS rate, % (95% CI)					Median OS (95% CI); months	UNadj HR (95% CI)	Adj HR (95% CI)
				1-year	2-year	3-year	4-year	5-year			
	Long-term F/U: Median F/U (IQR) Total: 91.2 (69.6 to 117.6) months ⁶¹	<ul style="list-style-type: none"> • Surgery: 54.4 Primary tumour location or type: Colorectal, lung sarcoma, kidney, other Met site: Single Number of mets: ≤ 5 Mets location: Lung Previous tx primary tumour: Yes Previous tx mets: For some patients 		87 (76 to 93)	74 (61 to 82)	Long-term F/U: 64 (48 to 77) vs. 63 (51 to 73)	Long-term F/U: 57 (41 to 70) vs. 50 (38 to 61)	Long-term F/U: 45 (30 to 59) vs. 41 (29 to 53)		0.427 Long-term F/U: 1.11 (0.70 to 1.75); P = NR; NS	(0.38 to 1.54); P = NR; NS

3DCRT = 3-dimensional conformal radiation therapy; adj = adjusted; F/U = follow-up; HR = hazard ratio; IMRT = Intensity-modulated radiation therapy; IQR = interquartile range; met = metastasis; mets = metastases; NR = not reported; NRS = nonrandomized study; NS = non-significant; OS = overall survival; PME = pulmonary metastasectomy; RoB = risk of bias; RT = radiotherapy; SABR = stereotactic ablative radiotherapy; SOC = standard of care; tx = treatment; unadj = unadjusted; vs. = versus.

^aAdjusted for gender, age at treatment, Charlson score, and carcinoembryonic antigen.

^bOS rates at 6, 7 and 8 years for SABR vs. surgery (PME) were 35% (95% CI, 21% to 50%) vs. 37% (95% CI, 26% to 48%), 29% (95% CI, 16% to 44%) vs. 35% (95% CI, 24% to 46%), and 13% (95% CI, 3% to 30%) vs. 35% (95% CI, 24% to 46%), respectively.

^cPropensity score adjustment was based on age, primary tumor, prior chemotherapy, number of prior local treatments for metastases, number of lesions, and MFI (duration from discovery or primary tumor of first detection of any metastases).

patients from both arms optionally received hormone therapy, the comparison in this study was considered to be SABR versus conventional fractionation radiotherapy. The 2-year OS rate was 87.7% (95% CI not reported) for the SABR group compared with 87.3% (95% CI not reported) for the conventional fractionation radiotherapy group ($P = 0.91$; median follow-up for both arms was 22.9 [IQR, 3.3 to 77.8] months). No HRs were provided by this study.⁶⁵

The retrospective cohort study by Filippi et al.⁶⁸ compared SABR ($n = 28$) with surgery ($n = 142$) for lung oligometastases (up to 5 lesions) from previously controlled colorectal cancer and found no significant differences in OS between groups according to the adjusted HR of 1.71 (95% CI, 0.82 to 3.54). Factors used for adjustment in multivariable analyses included gender, age at treatment, Charlson score, and carcinoembryonic antigen. This study was highly imbalanced in terms of numbers of patients in each cohort (i.e., $n = 28$ in the SABR group versus $n = 142$ in the surgery group), which was exacerbated by a higher proportion of patients who died (i.e., 36% versus 26%) and more patients lost to follow-up at 30 months (i.e., 7 [25%] versus 1 [0.7%]) in the SABR group compared with the surgery group. That imbalance might have led to the large difference in median follow-up between the 2 groups (i.e., SABR: 27 [IQR, 16.1 to 71.7] months versus surgery: 45.8 [IQR, 13.6 to 107.1] months) and potentially to the large uncertainty in the HR estimates.

Another retrospective cohort study reported in 2 publications by Widder et al.⁶⁰ and Lodeweges et al.⁶¹ compared OS outcomes at both short- and long-term follow-up time points with SABR ($n = 42$) versus surgery ($n = 68$) in patients with multiple primary tumour locations that metastasized to the lung with up to 5 oligometastases. All patients had been previously treated for their primary tumour. The median short-term follow-up was 43 (IQR, 36 to 60) months⁶⁰ and the median long-term follow-up was 91.2 (IQR, 69.6 to 117.6) months.⁶¹ Regardless of length of follow-up, no significant differences were found in OS between groups: the unadjusted HR for short-term follow-up was 0.79 (95% CI, 0.43 to 1.42; $P = 0.427$); the adjusted HR for short-term follow-up was not reported. The adjusted HR for long-term follow-up was 0.76 (95% CI, 0.38 to 1.54; P value not reported).^{60,61} Analyses of OS in long-term follow-up were performed using propensity score adjustment for age, primary tumour, prior chemotherapy, number of prior local treatments for metastases, number of lesions, and metastasis-free interval (duration from discovery or primary tumour of first detection of any metastases).

The retrospective cohort study by He et al.⁶⁷ compared SABR ($n = 11$) with 3DCRT ($n = 15$) in patients with primary colorectal cancer that metastasized to the liver with up to 3 oligometastases. All patients had been previously treated for their primary tumour. With a median follow-up of 13 months across groups, the study⁶⁷ did not find an OS benefit for SABR when compared with 3DCRT (unadjusted HR = 0.61; 95% CI, 0.23 to 1.65; $P = 0.323$). No other results with statistical testing were reported.⁶⁷

The prospective cohort study by Van de Ven and colleagues⁶⁴ found an OS benefit for the SABR group ($n = 65$) compared with the 3DCRT group ($n = 66$; unadjusted HR: 0.44; 95% CI, 0.24 to 0.81; $P = 0.00015$) in patients with multiple primary tumour locations that metastasized to the bone and other locations with up to 5 oligometastases, despite a significantly shorter time of follow-up in the SABR group (i.e., patients in the SABR group had a median follow-up of 25 [IQR, 5 to 52] months, and patients in the 3DCRT group had a median follow-up of 46 [IQR, 9 to 55] months).

Progression-Free Survival

Six studies (1 RCT,⁶³ 5 nonrandomized studies, including 1 prospective study⁶⁴ and 4 retrospective studies^{60,61,65,68,79}) at either high risk of bias or with some concerns of bias overall explored PFS for patients receiving SABR or SOC to treat their oligometastatic cancer (Table 11). Overall, the results were mixed: 3 studies suggested SABR provides a PFS benefit compared with SOC,⁶³⁻⁶⁵ 1 study reported SABR provides a worse prognosis in terms of PFS compared with SOC,⁶⁸ 1 study reported that SABR had little difference in PFS compared with SOC,⁷⁹ and 1 study did not provide any statistical comparison between groups.^{60,61}

The RCT by Phillips et al.⁶³ compared SABR with observation in patients with previously controlled primary prostate cancer that metastasized to multiple sites (bone or soft tissue) with up to 3 oligometastases and found a PFS benefit for the SABR group. The unadjusted HR was 0.3 (95% CI, 0.11 to 0.81; P = 0.002), with a median follow-up for both arms of 18.8 (IQR, 5.8 to 35.0) months; N = 54.⁶³

The nonrandomized study by Buergy et al.⁷⁹ compared SABR (n = 232) with 3DCRT/IMRT (n = 26) or with palliative radiotherapy (n = 68) in patients with adrenal metastases from multiple sites of primary tumour and found that the PFS rates after SABR were not significantly different compared with 3DCRT/IMRT after 1 year (30.9% vs. 24.3%; P > 0.05) or after 2 years (16.1% vs. 19.5%; P > 0.05). However, the SABR group had significantly longer PFS rates compared with palliative radiotherapy at both 1-year (30.9% vs. 16.5%) and 2-year treatment (16.1% vs. 5.9%); P < 0.0019. The median PFS for SABR, 3DCRT/IMRT, and palliative radiotherapy were 5.9, 4.1, and 3.7 months, respectively. No HRs were provided by this study.⁷⁹

The retrospective cohort study by Hurmuz et al.⁶⁵ found a PFS benefit of SABR with or without hormonotherapy compared with conventional fractionation radiotherapy with or without hormonotherapy (adjusted HR: 0.26; 95% CI, 0.13 to 0.55; P < 0.001; median total follow-up: 22.9; 95% CI, 3.3 to 77.8 months) in patients (N = 176) with previously controlled primary prostate cancer that metastasized to multiple sites (bone or lymph node or both) with up to 5 oligometastases. Covariates with P < 0.05 in univariate analyses were used for adjustment in multivariate analyses, including clinical T stage, number of metastases, primary tumor treatment, metastasis treatment modality, and biological equivalent dose.

The prospective cohort study by van de Ven and colleagues⁶⁴ reported a PFS benefit for SABR compared with 3DCRT in patients (N = 131) with multiple primary tumour locations and multiple metastatic sites with up to 5 oligometastases. The unadjusted HR was 0.63 (95% CI, 0.41 to 0.95; P value not reported), with a median follow-up of 25 (IQR, 5 to 52) months for the SABR group and 46 (IQR, 9 to 55) months for the 3DCRT group.⁶⁴

The retrospective cohort study by Filippi et al.⁶⁸ reported SABR provides a worse prognosis in terms of PFS compared with surgery (adjusted HR: 2.78; 95% CI, 1.67 to 4.62; P < 0.001) in patients (N = 170) with previously controlled primary colorectal cancer that metastasized to the lung with up to 5 oligometastases. However, it should be noted that the study authors stated their PFS results appeared to be attributable to the more intensive follow-up protocol after SABR compared to surgery; thus being of low validity due to high risk of biases.⁶⁸ Finally, another retrospective cohort study compared PFS outcomes at both short-term follow-up time points (median follow-up 43 [IQR, 36 to 60] months) by Widder et al.⁶⁰ and long-term follow-up time points (91.2 [IQR, 69.6 to 117.6] months) by Lodeweges et al.⁶¹ for SABR (n = 42) versus surgery (n = 68) in patients with multiple primary tumour locations that metastasized to the lung with up to 5 oligometastases. The primary tumour in all patients had been previously treated. PFS rates provided for both groups in 1-year increments from 1 to

Table 11: PFS Comparing SABR Versus SOC

Study (year)	Treatments (Intervention vs. Comparator)	Study characteristics	PFS rate, % (95% CI)					Median PFS (95% CI); month	Unadjusted HR (95% CI)	Adj HR (95% CI)	
			6-month	1-year	2-year	3-year	4-year				5-year
RCTs											
Phillips et al. (2020) ⁶³ Retrospective cohort RoB: High	SABR (n = 36) vs. observation (n = 18) Median F/U (IQR): Total: 18.8 (5.8 to 35.0) months	Age, median (IQR): • SABR: 68 (61 to 70) years • Observation: 68 (64 to 76) years % male: 100 Primary tumour location: Prostate Met site: Multiple Number of mets: ≤ 3 Mets location: Bone or soft issue Previous tx primary tumour: Yes Previous tx mets: Unclear	19 (9.6 to 35.4) vs. 61 (38.5 to 79.6)	NR	NR	NR	NR	NR	Not reached (NR) vs. 5.8 (NR)	0.3 (0.11 to 0.81); P = 0.002	NR
Non-RCTs											
Buergy et al. (2021) ⁷⁹ Retrospective cohort RoB: Some concerns	SABR (n = 232) vs. 3DCRT/IMRT (n = 26) vs. Palliative RT (n = 68) Median F/U (mean): Total: 11.7 (15.9) months	Age, median (range): 64.8 (10.5) years % male: • Total: 63.8 • SABR: 65.8 • 3DCRT/IMRT: 53.8 • Palliative RT: 63.2 Primary tumour location:	NR	30.9 (NR) vs. 24.3 (NR) vs. 16.5 (NR)	16.1 (NR) vs. 19.5 (NR) vs. 5.9 (NR) P > 0.05 for SABR vs. 3DCRT/IMRT	NR	NR	NR	5.9 (NR) vs. 4.1 (NR) vs. 3.7 (NR)	NR	NR

Study (year)	Treatments (Intervention vs. Comparator)	Study characteristics	PFS rate, % (95% CI)						Median PFS (95% CI); month	Unadjusted HR (95% CI)	Adj HR (95% CI)
			6-month	1-year	2-year	3-year	4-year	5-year			
		Lung, melanoma, colorectal, liver, other Met site: Single Number of mets: ≤ 5 Mets location: Adrenal Previous tx primary tumour: Yes Previous tx mets: Yes			P = 0.009 for SABR vs. palliative RT						
Hurmuz et al. (2020) ⁶⁵ Retrospective cohort RoB: Some concern	SABR ± hormonotherapy (n = 129) vs. conventional fractionation radiotherapy ± hormonotherapy (n = 47) Median F/U (IQR): Total: 22.9 (3.3 to 77.8) months	Age, median (range): 65 (42 to 84) years % male: 100 Primary tumour location: Prostate Met site: Multiple Number of mets: ≤ 5 Mets location: Bone or lymph node or both Previous tx primary tumour: Yes Previous tx mets: Unclear	NR	86.2 (NR) vs. 54.9 (NR); P < 0.001	NR	NR	NR	NR	NR	NR	0.26 ^a (0.13 to 0.55); P < 0.001
van de Ven et al. (2020) ⁶⁴ Prospective cohort RoB: High	SABR (n = 65) vs. 3DCRT (n = 66) Median F/U (IQR): • SABR: 25 (5 to 52) months • 3DCRT: 46 (9 to 55) months	Age: • SABR: 64.4 years • 3DCRT: 68.3 years % male: 51.4 Primary tumour location: Prostate, breast, lung, kidney, other (not clear in	NR	54 (NR) vs. 19 (NR)	NR	NR	NR	NR	12 (NR) vs. 5 (NR); P = 0.002	0.63 (0.41 to 0.95); P = NR	NR

Study (year)	Treatments (Intervention vs. Comparator)	Study characteristics	PFS rate, % (95% CI)						Median PFS (95% CI); month	Unadjusted HR (95% CI)	Adj HR (95% CI)
			6-month	1-year	2-year	3-year	4-year	5-year			
		publication) Met site: Multiple Number of mets: ≤ 5 Mets location: Bone, other Previous tx primary tumour: Some patients Previous tx mets: Some patients									
Filippi et al. (2016) ⁶⁸ Retrospective cohort RoB: High	SABR; n = 28 vs. surgery; n = 142 Median F/U (IQR): • SABR: 27 (16.1 to 71.7) months • Surgery: 45.8 (13.6 to 107.1) months	Age, median (IQR): • SABR: 72.1 (66.1 to 77.0) years • Surgery: 66.4 (59.3 to 72.4) years % male: • SABR: 50 • Surgery: 61.3 Primary tumour location: Colon and rectum Met site: Single Number of mets: ≤ 5 Mets location: Lung Previous tx primary tumour: Yes Previous tx mets: For some patients	NR	NR	NR	NR	NR	NR	NR	2.44 (1.51 to 3.94); P < 0.001	2.78 ^b (1.67 to 4.62); P < 0.001

Study (year)	Treatments (Intervention vs. Comparator)	Study characteristics	PFS rate, % (95% CI)						Median PFS (95% CI); month	Unadjusted HR (95% CI)	Adj HR (95% CI)
			6-month	1-year	2-year	3-year	4-year	5-year			
Widder et al. (2013) ⁶⁰ and Lodeweges et al. (2017) ^{c,61} Retrospective cohort RoB: High	SABR (n = 42) vs. surgery (PME) (n = 68) Short-term F/U Median F/U (IQR): Total: 43 (36 to 60) months ⁶⁰ Long-term F/U Median F/U (IQR): Total: 91.2 (69.6 to 117.6) months ⁶¹	Age, median (IQR): • SABR: 70 (49 to 89) years • Surgery: 61 (18 to 81) years % male: • SABR: 64.3 • Surgery: 54.4 Primary tumour location or type: Colorectal, lung, sarcoma, kidney, other Met site: Single Number of mets: ≤ 5 Mets location: Lung Previous tx primary tumour: Yes Previous tx mets: For some patients	Short- and long-term F/U: NR	Short-term F/U: 50 (34 to 64) vs. 54 (42 to 65)	Short-term F/U: 21 (9 to 35) vs. 33 (22 to 45)	Short-term F/U: 8 (2 to 22) vs. 22 (12 to 33)	Short-term F/U: 8 (2 to 22) vs. 18 (9 to 30)	Short-term F/U: NR Long-term F/U: 18 (8 to 32) vs. 20 (11 to 30)	Short- and long-term F/U: NR	Short- and long-term F/U: NR	Short- and long-term F/U: NR

3DCRT = 3-dimensional conformal radiation therapy; adj = adjusted; F/U = follow-up; HR = hazard ratio; IMRT = Intensity-modulated radiation therapy; IQR = interquartile range; met = metastasis; mets = metastases; NR = not reported; NRS = nonrandomized study; PFS = progression-free survival; PME = pulmonary metastasectomy; RCT = randomized controlled trial; RT = radiotherapy; RoB = risk of bias; SABR = stereotactic ablative radiotherapy; SOC = standard of care; tx = treatment; vs. = versus.

^aCovariates with P < 0.05 in univariate analysis were used for adjustment in multivariate analyses, including clinical T stage, number of metastases, primary tumor treatment, metastasis treatment modality, and biological equivalent dose.

^bFactors used for adjustment in multivariable analyses included gender, age at treatment, Charlson score, and carcinoembryonic antigen.

^cPFS rates at 6, 7, and 8 years for SABR vs. surgery (PME) for all time points were 18% (95% CI, 8% to 32%) vs. 20% (95% CI, 11% to 30%).

8 years suggested lower rates with SABR compared with surgery for metastases in the lung; however, without any statistical comparison, a conclusion could not be drawn.^{60,61} HRs were not calculated for any length of follow-up to determine the effect of SABR on PFS.^{60,61}

Freedom From Progression

None of the included studies explored freedom from progression.

Health-Related QoL

Two studies (1 RCT,⁶³ 1 prospective cohort study⁶⁴) with an overall high risk of bias reported no significant differences between SABR and SOC groups in the majority of health-related QoL outcomes ([Table 12](#)).

With no quantitative data reported, the RCT by Phillips and colleagues⁶³ concluded there were no differences in Brief Pain Inventory (Short Form) scores between groups (i.e., SABR versus observation) in patients with previously controlled primary prostate cancer that metastasized to bone or soft tissue with up to 3 oligometastases. The median follow-up was 18.8 months (IQR, 5.8 to 35.0 months).

The prospective cohort study by van de Ven et al.⁶⁴ compared SABR with 3DCRT in patients with multiple primary tumour locations and multiple metastatic sites with up to 5 oligometastases and did not find any significant differences in pain response between treatment groups. The nonrandomized study authors also assessed additional pain variables, including complete response, partial response, pain progression, responders, median duration of pain response, ongoing pain response, and re-irradiation for pain recurrence or progression. Pain response was defined according to international consensus criteria using Numeric Rating Scale and Brief Pain Inventory scores at all assessed time points (3, 6, and 12 months), no significant differences were observed between the 2 groups with the exception of responders at 12 months (i.e., complete or partial response was achieved on at least 1 of the follow-up time points: SABR: 80%, n = 8; 3DCRT: 50%, n = 13; P = 0.04; N = 103) and re-irradiation for pain recurrence or progression, where significantly more patients required re-irradiation for pain recurrence or progression after 3DCRT radiation therapy compared with SABR (SABR: 5%, n = 3; 3DCRT: 33.3%, n = 22; P < 0.05; N = 125). It should be noted, however, the authors of this study excluded all patients with no pain at baseline for the assessment of pain response, which limited the number of patients for analysis and may have amplified the effect. Moreover, no significant differences between groups were found at follow-up for any health-related QoL subscales. The physical functioning subscale appeared to be in favour of the SABR group (52-week follow-up: P = 0.04). However, the study considered P values of less than 0.01 to be statistically significant for mixed models in the health-related QoL analyses.⁶⁴ The median follow-up in the SABR group was 25 months (IQR, 5 to 52 months), which was notably shorter than the median follow-up of 46 months in the 3DCRT group (IQR, 9 to 55 months).⁶⁴

Lesional Control

Two retrospective cohort studies^{60,61,79} with an overall high risk of bias explored LC outcomes ([Table 13](#)).

The retrospective cohort study by Buergy et al.⁷⁹ compared SABR (n = 232) with 3DCRT/IMRT (n = 26) or with palliative radiotherapy (n = 68) in patients with adrenal metastases from multiple sites of primary tumor. The prescribed biological effective dose (BED10) was similar between SABR (64 ± 19 Gy10) and 3DCRT/IMRT (59 ± 16 Gy), but lower with palliative

Table 12: Health-Related QoL Comparing SABR Versus SOC

Study	Patient characteristics	Tool, follow-up, results
RCT		
Phillips et al. (2020) ⁶³ RCT RoB: High	Age, median (IQR): <ul style="list-style-type: none"> • SABR: 68 (61 to 70) years • Observation: 68 (64 to 76) years % male: 100 Primary tumour location: Prostate Met site: Multiple Number of mets: ≤ 3 Mets location: Bone or soft issue Previous tx primary tumour: Yes Previous tx mets: Unclear	Tool: Brief Pain Inventory (Short Form) Sample size: 54 Median F/U (IQR): Total: 18.8 (5.8 to 35.0) months Health-related QoL results: “No differences in Brief Pain Inventory (Short Form) scores were observed between arms or within either arm across time.” (Data not shown.)
NRS		
van de Ven et al. (2020) ⁶⁴ Prospective cohort RoB: High	Age: <ul style="list-style-type: none"> • SABR: 64.4 years • 3DCRT: 68.3 years % male: 51.4 Primary tumour location: Prostate, breast, lung, kidney, other Met site: Multiple Number of mets: ≤ 5 Mets location: Bone, other Previous tx primary tumour: Some patients Previous tx mets: Some patients	Tool or measure: <ul style="list-style-type: none"> • Pain: Defined according to international consensus criteria using numeric rating scale and Brief Pain Inventory scores; pain medication and daily oral morphine equivalent based on returned QoL questionnaires or determined during follow-ups • Health-related QoL: Global, functional, and role scales • Tools: EORTC QLQ-BM22, EORTC QLQ-C15-PAL, Brief Pain Inventory, EQ-5D Sample size: 131 Median F/U (IQR): <ul style="list-style-type: none"> • SABR: 25 (5 to 52) months • 3DCRT: 46 (9 to 55) months Pain results Number of patients with pain at baseline: <ul style="list-style-type: none"> • SBRT (n = 38); 3DCRT (n = 57) Mean (SD) numeric rating scale scores at baseline:

Study	Patient characteristics	Tool, follow-up, results
		<ul style="list-style-type: none"> • SBRT: 3.0 (3.5); 3DCRT: 4.6 (3.3) <p>Pain response:</p> <ul style="list-style-type: none"> • SBRT: 84% (n = 32); 3DCRT: 81% (n = 46); P = 0.79 <p>Complete response:</p> <ul style="list-style-type: none"> • 3 months – SBRT: 16% (n = 4); 3DCRT: 25% (n = 10); P = 0.359 • 6 months – SBRT: 34.6% (n = 9); 3DCRT: 19.4% (n = 6); P = 0.180 • 12 months – SBRT: 40% (n = 4); 3DCRT: 15.4% (n = 4); P = 0.119 <p>Partial response:</p> <ul style="list-style-type: none"> • 3 months – SBRT: 56% (n = 14); 3DCRT: 42.5% (n = 17) • 6 months – SBRT: 34.6% (n = 9); 3DCRT: 41.9% (n = 13) • 12 months – SBRT: 40% (n = 4); 3DCRT: 34.6% (n = 9) <p>Pain progression:</p> <ul style="list-style-type: none"> • 3 months – SBRT: 24% (n = 6); 3DCRT: 17.5% (n = 7) • 6 months – SBRT: 11.5% (n = 3); 3DCRT: 29% (n = 9) • 12 months – SBRT: 10% (n = 1); 3DCRT: 15.4% (n = 4) <p>Intermediate responses plus stable responses:</p> <ul style="list-style-type: none"> • 3 months – SBRT: 4.2% (n = 1); 3DCRT: 15% (n = 6) • 6 months – SBRT: 19.2% (n = 5); 3DCRT: 9.7% (n = 3) • 12 months – SBRT: 10% (n = 1); 3DCRT: 34.6% (n = 9) <p>Responders:</p> <ul style="list-style-type: none"> • 3 months – SBRT: 72% (n = 18); 3DCRT: 67.5% (n = 27); P = 0.702 • 6 months – SBRT: 69% (n = 18); 3DCRT: 60% (n = 19); P = 0.502 • 12 months – SBRT: 80% (n = 8); 3DCRT: 50% (n = 13); P = 0.04 <p>Median duration of pain response (range):</p> <ul style="list-style-type: none"> • SBRT: 24 weeks (0 to 50); 3DCRT: 23 weeks (1 to 58); P = 0.79 <p>Ongoing pain response:</p> <ul style="list-style-type: none"> • 6 months – SBRT: 65%; 3DCRT: 61%; P = 0.79 • 12 months – SBRT: 50%; 3DCRT: 42%; P = 0.77

Study	Patient characteristics	Tool, follow-up, results
		<p>Re-irradiation for pain recurrence or progression:</p> <ul style="list-style-type: none"> • SBRT: 5%; 3DCRT: 33.3%; P < 0.05 <p>Health-related QoL results (where P values of < 0.01 were considered statistically significant for mixed models):</p> <ul style="list-style-type: none"> • No significant differences between groups for any QoL subscales.

3DCRT = 3-dimensional conformal radiation therapy; EORTC QLQ-BM22 = European Organization for Research and Treatment of Cancer Quality of Life Questionnaire for Patients with Bone Metastasis 22; EORTC QLQ-C15-PAL = European Organization for Research and Treatment of Cancer Quality of Life Questionnaire Core 15 Palliative; EQ-5D = EuroQol 5-Dimensions questionnaire; FACT-G = Functional Assessment of Cancer Therapy-General; F/U = follow-up; IQR = interquartile range; met = metastasis; mets = metastases; NRS = nonrandomized study; QoL = quality of life; RCT = randomized controlled trial; RoB = risk of bias; SABR = stereotactic ablative radiotherapy; SBRT = stereotactic body radiotherapy; SOC = standard of care; tx = treatment.

radiotherapy (40 ± 7 Gy). The study found that the LC rates after SABR were not significantly different compared with 3DCRT/IMRT after 1 year (80.8% versus 60.6%; $P > 0.05$). However, statistically significant difference in LC was observed after SABR compared with palliative radiotherapy (80.8% versus 57.7%; $P = 0.026$). Median follow-up for all patients was 39.7 months. No HRs were provided by this study.⁷⁹

The retrospective cohort study published in 2 reports, one by Widder et al.⁶⁰ reporting short-term outcomes and the other by Lodeweges et al.⁶¹ reporting long-term outcomes compared LC outcomes at both short- and long-term follow-up time points between SABR ($n = 42$) and surgery ($n = 68$) in patients with multiple primary tumour locations that metastasized to the lung with up to 5 oligometastases. The primary tumour in all patients had been previously treated. The median short-term follow-up was 43 (IQR, 36 to 60) months⁶⁰ and the median long-term follow-up was 91.2 (IQR, 69.6 to 117.6) months.⁶¹ LC rates in 1-year increments from 1 to 8 years were reported but not compared statistically. An unadjusted HR was calculated at long-term follow-up, which found no significant differences between groups; the unadjusted HR was 0.8 (95% CI, 0.24 to 2.65).⁶¹

Systemic Therapy Use

None of the included studies explored systemic therapy use after treatment with SABR.

Question 2: Safety

SABR With SOC Versus SOC

Adverse Events

Two RCTs (from 3 publications)^{32,58,69} and 2 retrospective cohort studies^{80,81} at either high risk of bias or with some concerns of bias overall monitored toxicity for patients who received either SABR plus SOC or SOC alone to treat their oligometastatic cancer (Table 14). Both RCTs^{32,58,69} and 1 retrospective cohort study⁸¹ used the CTCAE version 4.0 tool to assess AEs. The other retrospective cohort study⁸⁰ used the CTCAE version 5.0 tool to assess AEs. Overall, due to limitations in reporting and analyses, it is unclear if there is a difference in AE incidence when comparing SABR with SOC to SOC alone.

The RCT by Iyengar et al.⁶⁹ compared SABR plus maintenance chemotherapy to maintenance chemotherapy alone in patients with a controlled primary lung tumour that metastasized to multiple locations with up to 5 oligometastases. This study provided AE frequencies for each group, separated according to AE grade, but did not report statistical findings. Despite this, the study authors concluded there were no differences in toxic effects between groups.⁶⁹

The SABR-COMET RCT in 2 publications^{32,58} compared SABR plus systemic therapy to systemic therapy alone in patients with controlled primary tumours in multiple locations that metastasized to multiple sites with up to 5 oligometastases. Various toxicity comparisons were presented, including AEs (grade 2 or greater), treatment-related AEs (grade 2 or greater), death (grade 5), fatigue (grade 2 and grade 3), dyspnea (grade 2 and grade 3), and pain (grade 2 [any type, including muscle, bone, and other] and grade 3 [any type]). Results from SABR-COMET^{32,58} revealed that SABR plus systemic therapy was associated with a significantly higher rate of treatment-related AEs of grade 2 or greater compared with systemic therapy alone (29% versus 9%; $P = 0.026$), with an absolute increase of 20% (95% CI, 5 to 34). For all other AE comparisons, no significant differences between groups were found.^{32,58} However, the study might not have been powered to detect differences in AEs.

Table 13: Lesional Control Comparing SABR Versus SOC

Study	Treatments (intervention vs. comparator)	Patient characteristics	LC rate, % (95% CI)						Median LC (95% CI); months	Unadjusted HR (95% CI)	Adjusted HR (95% CI)
			1-year	2-year	3-year	4-year	5-year	6-year			
NRSs											
Buergy et al. (2021) ⁷⁹ Retrospective cohort RoB: Some concerns	SABR (n = 232) vs. 3DCRT/IMRT (n = 26) vs. Palliative RT (n = 68) Median F/U (mean): Total: 11.7 (15.9) months	Age, median (range): 64.8 (10.5) years % male: • Total: 63.8 • SABR: 65.8 • 3DCRT/IMRT: 53.8 • Palliative RT: 63.2 Primary tumour location: Lung, melanoma, colorectal, liver, other Met site: Single Number of mets: ≤ 5 Mets location: Adrenal Previous tx primary tumour: Yes Previous tx mets: Yes	Unadjusted: 80.8 (NR) vs. 60.6 (NR) vs. 57.7 (NR) P > 0.05 for SABR vs. 3DCRT/IMRT P = 0.026 for SABR vs. Palliative RT	NR	NR	NR	NR	NR	39.7 (NR) for all patients	NR	NR
Widder et al. (2013) ⁶⁰ and Lodeweges et al. (2017) ^{a,61}	SABR (n = 42) vs. surgery (PME) (n = 68) Short-term F/U	Age, median (IQR): • SABR: 70 (49 to 89) years • Surgery: 61 (18 to	Short-term F/U: 94 (79 to 99) vs. 93 (83 to 97)	Short-term F/U: 94 (79 to 99) vs.	Short-term F/U: 85 (55 to 96) vs.	Short-term F/U: 85 (55 to 96) vs.	Short-term F/U: NR Long--	Short-term F/U: NR Long--	Short- and long-term F/U: NR	Short-term F/U: NR Long-term F/U: 0.8	Short- and long-term F/U: NR

Study	Treatments (intervention vs. comparator)	Patient characteristics	LC rate, % (95% CI)						Median LC (95% CI); months	Unadjusted HR (95% CI)	Adjusted HR (95% CI)
			1-year	2-year	3-year	4-year	5-year	6-year			
Retrospective cohort RoB: High	Median F/U (IQR): • Total: 43 (36 to 60) months ⁶⁰ Long-term F/U Median F/U (IQR): • Total: 91.2 (69.6 to 117.6) months ⁶¹	81) years % male: • SABR: 64.3 • Surgery: 54.4 Primary tumour location or type: Colorectal, sarcoma, lung, kidney, other Met site: Single Number of mets: ≤ 5 Mets location: Lung Previous tx primary tumour: Yes Previous tx mets: For some patients	Long-term F/U: 95 (80 to 99) vs. 93 (83 to 97)	90 (78 to 96) Long-term F/U: 95 (80 to 99) vs. 91 (79 to 96)	83 (65 to 92) Long-term F/U: 90 (70 to 97) vs. 85 (70 to 93)	83 (65 to 92) Long-term F/U: 90 (70 to 97) vs. 85 (70 to 93)	term F/U: 83 (57 to 94) vs. 81 (65 to 90)	term F/U: 83 (57 to 94) vs. 81 (65 to 90)		(0.24 to 2.65)	

adj = adjusted; CI = confidence interval; 3DCRT = 3-dimensional conformal radiation therapy; F/U = follow-up; HR = hazard ratio; IMRT = Intensity-modulated radiation therapy; IQR = interquartile range; LC = lesional control; met = metastasis; mets = metastases; NR = not reported; NRS = nonrandomized study; PME = pulmonary metastasectomy; RoB = risk of bias; RT = radiotherapy; SABR = stereotactic ablative radiotherapy; SOC = standard of care; tx = treatment; vs. = versus.

⁶⁰Rate of LC at 7 and 8 years for SABR and surgery (PME) at both time points was 83% (95% CI, 57% to 94%) vs. 81% (95% CI, 65% to 90).

Table 14: Adverse Events Comparing SABR With SOC Versus SOC

Study	Patient characteristics	Tool, follow-up, results
RCTs		
<p>SABR-COMET Palma et al. (2019),³² Palma et al. (2020)⁵⁸ RCT RoB: High</p>	<p>Age, median (IQR):</p> <ul style="list-style-type: none"> • SABR + SOC: 66.8 (42.8 to 89.4) years • SOC: 68.6 (44.2 to 87.0) years <p>% male:</p> <ul style="list-style-type: none"> • SABR + SOC: 61 • SOC: 58 <p>Primary tumour location: Breast, colorectal, lung, prostate, and other (not described in publication)</p> <p>Met site: Multiple</p> <p>Number of mets: ≤ 5</p> <p>Mets location: Adrenal, bone, liver, lung, other:</p> <ul style="list-style-type: none"> • brain (3 lesions in control; 1 lesion in SABR + SOC) • lymph nodes (1 lesion in control; 3 lesions in SABR + SOC) • para-renal (1 in SOC) <p>Previous tx primary tumour: Yes</p> <p>Previous tx mets: Yes</p>	<p>Tool used to assess toxicity: CTCAE v4.0</p> <p>Sample size: 99</p> <p>Short-term F/U: Median F/U (IQR) – SABR + SOC: 26 (23 to 37) months; SOC = 25 (19 to 54) months³²</p> <p>Long-term F/U: Median F/U (IQR) – Total: 51 (46 to 58) months⁵⁸</p> <p>Results: Number of patients with AEs</p> <p>AE grade ≥ 2 – SABR + SOC = 61% (n = 40) vs. SOC = 46% (n = 15); P = 0.15</p> <p>Treatment-related AE grade ≥ 2 – SABR + SOC = 29% (n = 19) vs. SOC = 9% (n = 3); P = 0.026 with an absolute increase of 20% (95% CI, 5 to 34)</p> <p>Death (grade 5) – SABR + SOC = 4.5% (n = 3; radiation pneumonitis [n = 1], pulmonary abscess [n = 1], and subdural hemorrhage after surgery to repair a SABR-related perforated gastric ulcer [n = 1]) vs. SOC = 0% (n = 0); P = 0.55</p> <p>Fatigue (grade 2) – SABR + SOC = 6% (n = 4) vs. SOC = 6% (n = 2); P = 0.45</p> <p>Fatigue (grade 3) – SABR + SOC = 0% (n = 0) vs. SOC = 3% (n = 1); P = 0.45</p> <p>Dyspnea (grade 2) – SABR + SOC = 2% (n = 1) vs. SOC = 0% (n = 0); P = 1.00</p> <p>Dyspnea (grade 3) – SABR + SOC = 2% (n = 1) vs. SOC = 0% (n = 0); P = 1.00</p> <p>Pain (any type, including muscle, bone, and other; grade 2): SABR + SOC = 8% (n = 5) vs. SOC = 0% (n = 0); P = 0.14</p> <p>Pain (any type, including muscle, bone, and other; grade 3): SABR + SOC = 5% (n = 3) vs. SOC = 0% (n = 0); P = 0.14</p>
<p>Iyengar et al. (2018)⁶⁹ RCT RoB: Some concerns</p>	<p>Age, median (IQR):</p> <ul style="list-style-type: none"> • SABR + maintenance chemotherapy: 63.5 (51.0 to 78.0 years) • Maintenance chemotherapy: 70.0 (51.0 to 79.0) years <p>% male:</p> <ul style="list-style-type: none"> • SABR + maintenance chemotherapy: 64.3 	<p>Tool used to assess toxicity: CTCAE v4.0</p> <p>Sample size: 29</p> <p>Median F/U (IQR): Total: 9.6 (2.4 to 30.2) months</p> <p>Toxicity results (number of events):</p> <ul style="list-style-type: none"> • Grade 1 – SABR + maintenance: 13 vs. maintenance only: 17 • Grade 2 – SABR + maintenance: 5 vs. maintenance only: 5

Study	Patient characteristics	Tool, follow-up, results
	<ul style="list-style-type: none"> Maintenance chemotherapy: 73.3 <p>Primary tumour location: Lung</p> <p>Met site: Multiple</p> <p>Number of mets: ≤ 5</p> <p>Mets location: Lung, adrenal, mediastinum, axilla, liver, nasopharynx, bone (rib, spine)</p> <p>Previous tx primary tumour: Yes</p> <p>Previous tx mets: Yes</p>	<ul style="list-style-type: none"> Grade 3 – SABR + maintenance: 4 vs. maintenance only: 2 Grade 4 – SABR + maintenance: 0 vs. maintenance only: 1 Grade 5 – SABR + maintenance: 3 vs. maintenance only: 6
NRSs		
<p>Ji et al. (2021)⁸⁰</p> <p>Retrospective cohort</p> <p>RoB: High</p>	<p>Age:</p> <ul style="list-style-type: none"> ≤ 60 years: 50% in SABR + chemotherapy; 47.3% in chemotherapy > 60 years: 50% in SABR + chemotherapy; 52.7% in chemotherapy <p>% male:</p> <ul style="list-style-type: none"> SABR + chemotherapy: 64.7 Chemotherapy: 60 <p>Primary tumour location: Pancreas</p> <p>Met site: Single</p> <p>Number of mets: ≤ 5</p> <p>Mets location: Liver</p> <p>Previous tx primary tumour: Yes</p> <p>Previous tx mets: Yes</p>	<p>Tool used to assess toxicity: CTCAE v5.0</p> <p>Sample size: 89</p> <p>Median F/U (95% CI): Total: 20.9 (17.7 to 24.1) months</p> <p>Toxicity results:</p> <ul style="list-style-type: none"> All patients had mild toxic effects of grade 1 or 2 (e.g., transient fatigue, anorexia, nausea, and vomiting) No significant differences between SABR + chemotherapy and chemotherapy alone groups in hepatotoxic nephrotoxic, and hematologic toxic effects. 1 patient had duodenal ulcer bleeding due to adverse effects of radiotherapy; the symptom was improved after endoscopic intervention.
<p>Liu et al. (2021)⁸¹</p> <p>Retrospective cohort</p> <p>RoB: High</p>	<p>Median age (range):</p> <ul style="list-style-type: none"> SABR + TKI: 55 (21 to 86) TKI: 54 (18 to 83) <p>% male:</p>	<p>Tool used to assess toxicity: CTCAE v4.0</p> <p>Sample size: 190</p> <p>Median F/U (range): Total: 25.8 (4.8 to 122.7) months</p> <p>Toxicity results after SABR:</p>

Study	Patient characteristics	Tool, follow-up, results
	<ul style="list-style-type: none"> • Total: 77.4 • SABR + TKI: 78.8 • TKI: 76.2 <p>Primary tumour location: Kidney</p> <p>Met site: Multiple</p> <p>Number of mets: ≤ 5</p> <p>Mets location: Lung, bone, liver, brain</p> <p>Previous tx primary tumour: Yes</p> <p>Previous tx mets: Yes</p>	<ul style="list-style-type: none"> • No grade 4 or 5 occurred. • Grade 2: 24 (28.2%) patients (2 events of dermatitis radiation, 4 events of nausea/vomiting, 1 event of colonic hemorrhage, 3 events of neuropathy, 2 events of bronchopleural fistula, 9 events of neutropenia, 2 events of anemia, 1 event of thrombocytopenia, 2 events of fracture. • Grade 3: 5 (5.9%) patients (1 event of dermatitis radiation, 1 event of neuropathy, 2 events of neuropathy, 6 events of anemia)

AE = adverse event; CI = confidence interval; CTCAE = Common Terminology Criteria for Adverse Events; F/U = follow-up; IQR = interquartile range; met = metastasis; mets = metastases; NR = not reported; NRS = nonrandomized study; RCT = randomized controlled trial; RoB = risk of bias; SABR = stereotactic ablative radiotherapy; SOC = standard of care; TKI = tyrosine kinase inhibitor; tx = treatment; vs. = versus.

The retrospective cohort study by Ji et al.⁸⁰ reported mild toxic effects (grades 1 and 2) in 81.4% of total events, and there were no significant differences between the SABR plus chemotherapy and chemotherapy alone groups in hepatotoxic nephrotoxic, and hematologic toxic effects. However, the study might not have been powered to detect differences in toxicities between groups.

The retrospective cohort study by Liu et al.⁸¹ reported no grade 4 or 5 toxicities after SABR. There were 24 patients (28.2%) and 5 patients (5.9%) had grade 2 and 3 toxicities, respectively. The toxicities of the control group (i.e., TKI alone) were not reported. The study authors concluded that combining SABR with TKI was generally well tolerated.

SABR Versus SOC

Adverse Events

Five studies (1 RCT,⁶³ 4 retrospective cohort studies^{66-68,79}) at a high risk of bias or with some concerns of bias overall monitored toxicity for patients who received either SABR or SOC to treat their oligometastatic cancer (Table 15). The majority of studies used the CTCAE^{63,66-68,79} or RTOG grading system^{66,67} to assess AEs. Overall, it is unclear if there is a difference in AE incidence when comparing SABR with SOC due to limitations in reporting and analyses.

One RCT by Phillips et al. reported a larger number of grade 1 AEs at both 90-day (81% in the SABR group versus 75% in the observation group) and 180-day (42% in the SABR group versus 27% in the observation group) time points.⁶³ There were fewer incidence of grade 2 AEs and no AEs of grade 3 or higher. No statistical comparisons between groups were performed. Patients in this trial had controlled primary prostate cancer that metastasized to the bone or soft tissue with up to 3 oligometastases.

One retrospective cohort study by Buergy et al.⁷⁹ reported radiotherapy-related toxicities without specifying the types of radiotherapy (i.e., SABR, 3DCRT/IMRT, or palliative radiotherapy). The study reported 4 cases (1.2%) of adrenal insufficiency and 15 patients (4.6%) having acute gastrointestinal toxicity (nausea and vomiting) requiring antiemetic therapy, but no hospital admission. There were no other toxicities such as hepatic, renal or skin. The study authors concluded that toxicity was mostly mild.

One retrospective cohort study by De Bleser et al.⁶⁶ compared SABR with or without ADT to ENRT with or without ADT in patients (N = 506) with controlled primary prostate cancer that metastasized to pelvic and extra-pelvic lymph nodes with up to 5 oligometastases. Three toxicity comparisons were presented, including early toxicity (all grades), late toxicity (all grades), and early and late toxicity (grade 3 or higher).⁶⁶ Compared with ENRT, SABR was associated with a lower rate of AEs for all 3 comparisons (P < 0.05; median follow-up for both arms: 18.8 months; IQR, 5.8 to 35.0 months).⁶⁶

The retrospective cohort study by He et al.⁶⁷ compared SABR with 3DCRT in patients (N = 26) with controlled primary colorectal cancer that metastasized to the liver with up to 3 oligometastases. The study found no differences between groups for the hepatic toxicity-inducing rate, though specific rates per group were not reported (P = 0.674). Between-group differences were descriptively reported for liver toxicity: the SABR group had 1 patient with a grade 1 or 2 AE and 1 patient with a grade 3 AE, and the 3DCRT group had 3 patients with a grade 1 or 2 AE and 2 patients with a grade 3 AE.⁶⁷ The study might not have been powered to detect any significant differences between groups.

Table 15: Adverse Events Comparing SABR Versus SOC

Study	Patient characteristics	Tool, follow-up, results
RCTs		
Phillips et al. (2020) ⁶³ RCT RoB: High	<p>Age, median (IQR):</p> <ul style="list-style-type: none"> SABR: 68 (61 to 70 years) Observation: 68 (64 to 76 years) <p>% male: 100</p> <p>Primary tumour location: Prostate</p> <p>Met site: Multiple</p> <p>Number of mets: ≤ 3</p> <p>Mets location: Bone or soft tissue</p> <p>Previous tx primary tumour: Yes</p> <p>Previous tx mets: Unclear</p>	<p>Tool used to assess toxicity: CTCAE v4.0</p> <p>Sample size: 54</p> <p>Median follow-up (IQR): Total: 36 (23 to 56) months</p> <p>Results: Number of patients with AEs</p> <ul style="list-style-type: none"> New grade 1 AEs at 90 days: SABR: 29/36 (81%) vs. observation: 12/16 (75%) New grade 1 AEs at 180 days: SABR: 15/36 (42%) vs. observation: 3/11 (27%) New grade 2 AEs at 90 days: SABR: 3/36 (8%) vs. observation: 0/16 (0) New grade 2 AEs at 180 days: SABR: 2/36 (6%) vs. observation: 0/11 (0) Grade 3 or higher: None
NRSs		
Buergy et al. (2021) ⁷⁹ Retrospective cohort RoB: Some concerns	<p>Age, median (range): 64.8 (10.5) years</p> <p>% male:</p> <ul style="list-style-type: none"> Total: 63.8 SABR: 65.8 3DCRT/IMRT: 53.8 Palliative RT: 63.2 <p>Primary tumour location: Lung, melanoma, colorectal, liver, other</p> <p>Met site: Single</p> <p>Number of mets: ≤ 5</p> <p>Mets location: Adrenal</p> <p>Previous tx primary tumour: Yes</p> <p>Previous tx mets: Yes</p>	<p>Tool used to assess toxicity: CTCAE v5.0</p> <p>Sample size: 326</p> <p>Median F/U (mean): Total: 11.7 (15.9) months</p> <p>Toxicity results: The authors reported radiotherapy-related toxicities without specifying the types of radiotherapy (i.e., SABR, 3DCRT/IMRT, or palliative RT)</p> <ul style="list-style-type: none"> 4 cases of adrenal insufficiency 15 patients had acute gastrointestinal toxicity (nausea, vomiting) requiring antiemetic therapy, but no hospital admission 1 patient had duodenal stenosis and pain (Grade 3) 1 month after SABR 9.8% of patients had fatigue 1 patient had gastric ulceration 6 months after RT (Dmax of 31 Gy in 5 fractions to the stomach) <1% of the patients had flank pain No other toxicities (e.g., hepatic, renal or skin) were reported
De Bleser et al. (2019) ⁶⁶ Retrospective cohort RoB: High	<p>Age (median, IQR):</p> <ul style="list-style-type: none"> SABR: 63 (58 to 68) years ENRT: 63 (59 to 68) years <p>% male: 100</p> <p>Primary tumour location: Prostate</p> <p>Met site: Multiple</p> <p>Number of mets: ≤ 5</p> <p>Mets location: Pelvic and extra-pelvic lymph nodes</p>	<p>Tool used to assess toxicity: CTCAE or RTOG grading system</p> <p>Sample size: 506</p> <p>Median F/U (IQR): Total: 18.8 (5.8 to 35.0) months.</p> <p>Results: Number of patients with AEs</p> <p>Grade 3 or higher in both early and late toxicity</p> <ul style="list-style-type: none"> SABR: 0 (0%) ENRT: 5 (2.5%); P = 0.009 <p>Early toxicity of all grades:</p> <ul style="list-style-type: none"> SABR: 3 (1%)

Study	Patient characteristics	Tool, follow-up, results
	<p>Previous tx primary tumour: Yes</p> <p>Previous tx mets: Some patients</p>	<ul style="list-style-type: none"> • ENRT: 12 (6%); P = 0.002 <p>Late toxicity of all grades:</p> <ul style="list-style-type: none"> • SABR: 16 (5%) • ENRT: 31 (16%); P < 0.001
<p>He et al. (2018)⁶⁷</p> <p>Retrospective cohort</p> <p>RoB: Some concerns</p>	<p>Age, median (IQR): 71 (45 to 87) years</p> <p>% male: 100</p> <p>Primary tumour location: Colon and rectum</p> <p>Met site: Single</p> <p>Number of mets: ≤ 3</p> <p>Mets location: Liver</p> <p>Previous tx primary tumour: Yes</p> <p>Previous tx mets: Some patients</p>	<p>Tool used to assess toxicity: CTCAE v3.0 or RTOG</p> <p>Sample size: 26</p> <p>Median F/U: Total: 13 months</p> <p>Liver toxicity results:</p> <ul style="list-style-type: none"> • SABR: One patient had grade 1 to 2; 1 patient had grade 3 • 3DCRT: Three patients had grade 1 and 2; 2 patients had grade 3 <p>Hepatic toxicity–inducing rate: No difference between groups (P = 0.674)</p>
<p>Filippi et al. (2016)⁶⁸</p> <p>Retrospective cohort</p> <p>RoB: High</p>	<p>Age, median (IQR):</p> <ul style="list-style-type: none"> • SABR: 72.1 (66.1 to 77.0) years • Surgery: 66.4 (59.3 to 72.4) years <p>% male:</p> <ul style="list-style-type: none"> • SABR: 50 • Surgery: 61.3 <p>Primary tumour location: Colon and rectum</p> <p>Met site: Single</p> <p>Number of mets: ≤ 5</p> <p>Mets location: Lung</p> <p>Previous tx primary tumour: Yes</p> <p>Previous tx mets: For some patients</p>	<p>Tool used to assess toxicity: CTCAE v3.0</p> <p>Sample size: 170</p> <p>Median F/U (IQR):</p> <ul style="list-style-type: none"> • SABR: 27 (16.1 to 71.7) months • Surgery: 45.8 (13.6 to 107.1) months <p>Results:</p> <p>SABR:</p> <ul style="list-style-type: none"> • Pulmonary toxicity – grade 0: 64.2% (n = 18); grade 1: 21.4% (n = 6); grade 2: 14.4% (n = 4) • Radiological lung toxicity – grade 0: 39.2% (n = 11); grade 1: 17.8% (n = 5); grade 2: 28.6% (n = 8); grade 3: 14.4% (n = 4) • Chronic chest wall pain – grade 2: 3.6% (n = 1); grade 3: 3.6% (n = 1) • Skin toxicity – grade 2: 3.6% (n = 1) <p>Surgery: Death: 0.7% (n = 1) within 30 days</p>

3DCRT = 3-dimensional conformal radiation therapy; AE = adverse event; CTCAE = Common Terminology Criteria for Adverse Events; ENRT = elective nodal radiotherapy; F/U = follow-up; IMRT = Intensity-modulated radiation therapy; IQR = interquartile range; met = metastasis; mets = metastases; NRS = nonrandomized study; RCT = randomized controlled trial; RoB = risk of bias; RT = radiotherapy; SABR = stereotactic ablative radiotherapy; RTOG = Radiation Therapy Oncology Group; tx = treatment.

The retrospective cohort study by Filippi et al.⁶⁸ did not conduct statistical testing to evaluate AEs with SABR compared with SOC. The study reported specific AEs with the number and proportion of patients in each grade, which precludes suitable comparison between groups; however, the study authors reported the SABR group had multiple grade 1 to 3 AEs and the surgery group reported 1 death. The cause of death was not reported. Patients in this study had primary colorectal cancer that metastasized to the lung with up to 5 oligometastases.

Patient Engagement

A patient collaborator was involved in the development of this project, from discussing the research question and outcomes in the protocol, to commenting on the draft findings, to being invited to provide feedback on the baseline clinical review.⁷⁵

The involvement of a patient collaborator enabled the research team to consider the evidence along with the wider experiences of patients and families when preparing the assessment. A deep discussion of clinical outcomes, particularly OS, PFS, and health-related QoL, revealed the goals of treatment with SABR. In CADTH's conversations with the patient collaborator, the outcome that was discussed most by the patient was health-related QoL, including pain and fatigue, indicating the importance of remaining active and being able to return to work after treatment. The patient compared and contrasted the experience of having chemotherapy to treat the primary tumour versus SABR to treat the metastatic site and highlighted that SABR provided improved health-related QoL outcomes. A description of the patient collaborator's rural location and distance to travel for treatment was noted. Patient group stakeholders (Canadian Partnership Against Cancer and Canadian Cancer Survivors Network) were invited to provide feedback on the clarity and relevance of the draft of the baseline clinical review.

Patient involvement is reported in [Table 26](#).⁵⁵

Summary of Results

Three RCTs (from 5 publications^{32,58,59,62,63}) and 9 nonrandomized studies (from 10 publications^{60,61,64-68,79-81}) (1 prospective⁶⁴ and 8 retrospective cohort studies^{60,61,65-68,79-81}) were identified that compared SABR alone or in combination with other SOC therapies with SOC alone for the treatment of patients with oligometastatic cancer. All 12 studies reported on clinical effectiveness. Three RCTs and 6 retrospective cohort studies reported on AEs. For the included studies, SOC interventions comprised surgery, conventional radiotherapy, systemic therapy (i.e., chemotherapy, hormonotherapy, ADT), or no therapy (i.e., observation).

Regarding the clinical effectiveness of SABR plus SOC versus SOC alone, 2 RCTs (from 3 publications)^{32,58,69} and 1 retrospective cohort study⁸¹ provided some evidence that SABR plus SOC might be associated with OS and PFS benefits compared with SOC alone. The overall risk of bias of these studies was either high or with some concerns. Results from SABR-COMET^{32,58} (n = 99; an RCT at high risk of bias) showed longer median OS and a lower hazard of death in the SABR plus systemic therapy group, compared with systemic therapy alone, in both short-term (median = 26 [IQR, 23 to 37] months in the SABR plus systemic therapy group and median = 25 [IQR, 19 to 54] months in the systemic therapy group) and long-term (median 51 [IQR, 46 to 58] months in both groups) follow-ups. However, statistically significant difference was only reached with long-term follow-up. Likewise, the results from the Iyengar et al. RCT⁶⁹ (a small RCT with some concerns for risk of bias) also suggested longer median OS in the SABR plus maintenance chemotherapy group compared with the maintenance chemotherapy alone group based on immature OS data. The median follow-up was 9.6 months (IQR, 2.4 to 30.2 months). One retrospective cohort study⁸¹ with high risk of bias showed that combining SABR with TKIs was associated with longer OS in patients with oligometastatic cancer compared to TKIs alone. The available PFS data from the same 2 RCTs^{32,58,69} suggest that SABR plus SOC provides a significant PFS benefit compared with SOC alone. Considering patients with oligometastases have already had progression of their cancer via metastases, benefits in PFS may be of particular importance to this population; CADTH's patient collaborator agreed with this suggestion. In terms of health-related QoL, SABR-COMET found no significant differences between SABR plus systemic therapy versus systemic therapy alone in the overall mean of the FACT-G scores, or in any of the physical, social, functional, or emotional subscales, at up to 5 years of follow-up.^{32,58,59} In terms of LC, SABR-COMET^{32,58} found improved crude rates for SABR plus systemic therapy compared with systemic therapy alone in both the shorter- and longer-term follow-ups. The paucity of available evidence and concerns for risk of bias in the 1 RCT that reported on health-related

QoL and LC makes it difficult to provide definitive conclusions for those outcomes. None of the included studies explored freedom-from-progression outcomes or subsequent systemic therapy use.

Eight studies, comprising 1 RCT⁶³ and 7 nonrandomized studies, including 1 prospective cohort⁶⁴ study and 6 retrospective cohort studies,^{60,61,65-68,79} explored the clinical effectiveness of SABR versus SOC. The overall risk of bias of these studies was either high or with some concerns. The SOC comparator varied widely between studies and was dependent on the type of cancer being treated. SOC comparators included observation,⁶³ 3DCRT,^{64,65,67,79} palliative radiotherapy,⁷⁹ conventional fractionation radiotherapy with or without hormone therapy,⁶⁵ ENRT with or without ADT,⁶⁶ and surgery (various resections, pulmonary metastasectomy).^{60,61,68} Consideration for these differences in the comparator is warranted when interpreting the following narrative findings.

For OS, 1 prospective cohort study⁶⁴ and 5 retrospective cohort studies^{60,61,65,67,68,79} provided evidence suggesting that SABR may not be more effective than SOC for OS. Specifically, 1 prospective cohort study⁶⁴ found that SABR was associated with a significantly longer median OS than 3DCRT, despite the shorter follow-up in the SABR group; however, the study authors attributed the OS benefit largely to selection bias demonstrated by imbalances in baseline characteristics between the 2 groups. One retrospective cohort study⁷⁹ showed that the OS rates were significantly higher after SABR compared with 3DCRT/IMRT or SABR compared with palliative radiotherapy. However, the study had some concerns in risk of bias due to limited number of patients in the 3DCRT/IMRT and palliative radiotherapy groups and differences in certain characteristics, such as histology, lesion size, and systemic treatments. The remaining 4 retrospective cohort studies^{60,61,65,67,68} did not find significant differences in OS between SABR and SOC. Most of the nonrandomized studies likely suffered from several limitations, such as incomplete control for confounding factors, immaturity in data, selection of patients as shown by differences in baseline characteristics between treatment groups, lack of power, and imbalances in sample sizes and differences in follow-up protocols between treatment groups. These preliminary findings from nonrandomized studies with potential limitations precluded a definitive conclusion regarding the clinical benefit of SABR alone compared with SOC alone in improving OS for patients with oligometastatic cancer.

In terms of PFS, 6 studies (1 RCT⁶³ and 5 nonrandomized studies, including 1 prospective cohort study⁶⁴ and 4 retrospective cohort studies^{60,61,65,68,79}) provided mixed results when comparing SABR with SOC. The studies were either with high risk of bias or with some concerns risk of bias. Three studies (1 RCT⁶³ 1 prospective cohort study⁶⁴ and 1 retrospective cohort study⁶⁵) suggested SABR provided a PFS benefit compared with SOC alone (i.e., observation, hormone therapy, or radiotherapy), 1 nonrandomized study⁶⁸ suggested that SABR provided a worse prognosis in terms of PFS compared with surgery, and 1 nonrandomized study^{60,61} did not find any significant differences between SABR and surgery. One retrospective cohort study⁷⁹ with some concerns risk of bias provided a PFS benefit compared with palliative radiotherapy, but not with 3DCRT/IMRT. Several of the limitations for OS in the nonrandomized studies indicated previously might also apply to PFS and, since PFS data do not always correlate with OS,⁷² the overall findings of PFS in the comparison of SABR versus SOC should be interpreted with caution. One RCT⁶³ and 1 prospective cohort study⁶⁴ explored health-related QoL outcomes and found no significant differences between groups (i.e., SABR versus observation,⁶³ SABR versus 3DCRT⁶⁴) in the majority of health-related QoL outcomes. Two retrospective cohort studies^{60,61,79} investigated LC and found no differences in LC rates between SABR and pulmonary metastasectomy surgery at both short- and long-term

follow-ups,^{60,61} or between SABR and 3DCRT/IMRT.⁷⁹ None of the included studies explored outcomes related to freedom from progression or systemic therapy use.

The second clinical research question for this review aimed to determine the safety of SABR alone or in combination with other therapies for the treatment of patients with oligometastatic cancer compared with SOC alone. Results were narratively summarized by comparison (i.e., SABR plus SOC versus SOC alone, SABR versus SOC).

Two RCTs (from 3 publications)^{32,58,69} and 2 nonrandomized studies^{80,81} explored AEs for patients who received SABR plus systemic therapy or systemic therapy alone. For the SABR-COMET trial,^{32,58} SABR plus systemic therapy was associated with a significantly higher rate of treatment-related AEs of grade 2 or greater, without any significant differences for all other AE comparisons. The trial by Iyengar and colleagues⁶⁹ did not statistically compare the AEs experienced by patients, but the study authors concluded there were no differences in toxic effects between SABR plus maintenance chemotherapy and maintenance chemotherapy alone. One nonrandomized study⁸⁰ found mild toxic effects of grade 1 or 2 in all patients and there were significant differences between the SABR plus chemotherapy and chemotherapy alone groups in hepatotoxic, nephrotoxic and hematologic toxic effects. One nonrandomized study⁸¹ reported no grade 4 or 5 after SABR.

Four studies (1 RCT,⁶³ 4 nonrandomized studies^{66-68,79}) provided unclear evidence on whether SABR reduces AE incidence compared with SOC (i.e., observation, radiotherapy, or surgery). Two studies^{60,63,68} did not conduct statistical testing to determine whether rates of AEs were different between SABR and SOC groups. The nonrandomized study that explored SABR with or without ADT versus ENRT with or without ADT⁶⁶ found that SABR was associated with a lower rate of AEs compared with ENRT. The nonrandomized study that compared SABR with 3DCRT⁶⁷ did not find significant differences in hepatic toxicity-inducing rates between groups. Finally, one nonrandomized study⁷⁹ reported that radioactivity-related toxicities were mostly mild, but did not specify the type of radioactivity (i.e., SABR, 3DCRT/IMRT, or palliative radiotherapy).

Discussion

Generalizability of Findings

This clinical review explores the clinical effectiveness and safety of SABR for any patients with oligometastatic cancer. There is currently no standardized definition of the oligometastatic state; therefore, CADTH used a definition for oligometastatic cancer informed by clinical experts and solicited stakeholder feedback on the included studies list for this review. For the purposes of this review, the population of interest was patients with oligometastatic cancer, described by study authors as having limited metastatic lesions using terminology such as “oligo,” “limited,” or “few,” including identification of de novo or repeat oligometastatic disease at any time during the patient’s course of treatment, irrespective of the status of the primary tumour. However, this definition may have excluded studies that other research groups may have deemed to involve oligometastatic cancer that did not meet our definition, and the results of this review may not be applicable to every interpretation of “oligometastatic cancer.” On the other hand, the other inclusion criteria were quite broad and allowed for the inclusion of diverse patient populations within the oligometastatic disease spectrum; comparative

studies examining SABR for patients with oligometastatic cancer were included regardless of the location of primary tumour, location of metastases, number of metastases, or number of metastatic sites. This review excluded studies involving patients who had a history of widespread metastatic disease (i.e., induced oligometastatic disease); 3 studies included “oligometastatic” patients without additional information regarding previous widespread disease.^{60,61,79,81} For this review, it was assumed that patients had no history of widespread metastatic disease if this was not explicitly described in the study; in those cases, the studies may have included patients with a history of widespread metastatic disease that were unknowingly included in this review.

Oligometastatic disease is an umbrella term in the sense that patients can have different types of primary and metastatic location combinations and may have different clinical profiles. Different primary cancer types have different disease prognoses, making it difficult to assess transferability of findings between patient populations. This review did not identify any within-study subgroup analyses that were judged to be credible. Nevertheless, some of the findings were specific to primary lung cancer,⁶⁹ primary pancreatic cancer,⁸⁰ primary renal cancer,⁸¹ or primary prostate cancer,^{65,66} including up to 3 metastases,^{63,67} multiple metastatic sites,^{32,58,59,63-66,69,81} or a single metastatic site such as lung,^{60,61,68} adrenal,⁷⁹ or liver,^{67,80} patients with previous treatment of a primary tumour,^{32,58-61,63,65-68} or patients with previous treatment of metastases.^{32,58-61,64,66-69,79-81} In addition, while patients of any age were of interest for this review, all included studies evaluated adult patients, with a median age above 60 years in all treatment groups. Therefore, the results may not be applicable to pediatric patients or to younger adults with oligometastatic cancer.

For this review, 1 RCT (from 3 publications)^{32,58,59} was conducted at multiple institutions across Canada, the Netherlands, UK, and Australia. The remaining 11 studies^{60-68,79-81} were conducted outside of Canada. However, the majority of the evidence was from developed countries and, therefore, may be generalizable to the Canadian context.

CADTH engaged 1 patient with lived experience of oligometastatic cancer to inform the selection of important clinical outcomes and to provide the reviewers with some context for interpretation of the findings. The purpose of patient engagement is not to be representative of all Canadians, recognizing that individual patients have a diversity of experiences and perceptions related to oligometastatic cancer and its treatment. Comments and perspectives from our patient collaborator were not analyzed; rather, CADTH drew on patient perspectives and impressions to help better inform the work and help interpret the clinical evidence. Of note, the topic and research questions were already determined before engaging the patient collaborator. Possible limitations of this patient engagement were that our collaborator and other patient stakeholders were invited to participate within a set time frame and with a deadline for providing feedback. People need access to reliable technology and phone and internet service to participate; lack of such access could possibly exclude some voices.

Limitations

There are certain limitations to consider when reviewing the report, which are described subsequently.

Evidence Gaps

There were a number of gaps in the evidence identified for this review. Namely, there were relatively few studies identified for each intervention and comparator combination; 4 studies (2 RCTs^{32,58,59,69} and 2 nonrandomized studies^{80,81}) evaluated SABR plus SOC versus SOC

alone, and 8 studies (1 RCT⁶³ and 7 nonrandomized studies^{60,61,64-68,70,79}) evaluated SABR versus SOC. Within those comparison categories, the outcomes of interest for this review were often not reported by all of the included studies, further reducing the available evidence for comparison. Evidence for the AE outcomes in particular was very limited due to how the data were recorded (e.g., treatment-related versus non-treatment-related AEs, event data versus patient data, only selective grades reported). No data were identified from any study to report on freedom from progression and subsequent use of systemic therapy. In addition, subgroup analyses within studies were few. There was no evidence identified to comment on the effectiveness or safety of SABR based on patient age, sex, or gender.

To be comprehensive, this review used broad inclusion criteria for SOC for metastatic cancer, which varies according to the type of primary cancer and metastatic site. This variety is reflected in the wide range of SOC comparators described in the included studies, which were narratively synthesized in the same manner without discerning the efficacy of 1 comparator over another (e.g., surgery versus observation). In addition, several studies broadly included patients with oligometastatic cancer that included multiple types of primary cancers and locations of oligometastases without presenting subgroup analyses of results by primary tumour or oligometastatic location. While results in the present work compare SABR with any type of SOC deemed appropriate for patients of a certain variation of oligometastatic cancer, there was not enough evidence identified in this review to truly discern whether certain cancer types or intervention combinations may benefit from SABR more than others. Similarly, the dose used when administering SABR was study-dependent and varied based on the protocol used in consideration of the location(s) of the targeted metastatic site(s), the frequency and number of fractions per lesion per patient, and complication risks to nearby normal tissue. Clinical experts engaged by CADTH have suggested that this is consistent with their experience in practice. Furthermore, the relationship between the size of the lesion(s) and dose may affect patient outcomes. For example, treating larger lesions may be associated with higher toxicities from treatment, and lower LC rates may be observed in situations where lower-dose prescriptions are used for patient safety. CADTH is unable to provide details on the optimal SABR regimen or dose, given the variation in the included studies and the scope of this review, which did not specifically look for studies on SABR regimens or doses. As SABR dose is dependent on many factors, it may be challenging to identify optimal SABR regimens or standardized doses that could be applicable across all oligometastatic cancers or patients.

Taken together, the limited amount of evidence identified combined with the variation in patient characteristics and outcome reporting across and within the included studies affected the ability to quantitatively synthesize findings and reflects a high degree of uncertainty in the findings to date. The baseline review included 9 studies from 12 publications. Four subsequent updates from April 2021 to January 2012 identified 3 additional nonrandomized studies, whose findings did not impact the overall conclusions of the review.

Heterogeneity

There was substantial clinical and methodological heterogeneity among the included studies preventing meta-analyses of the data. Specifically, sources of heterogeneity included differences in study design (i.e., RCT, nonrandomized study), data unavailability (e.g., 2 relevant studies for the comparison of interest, but HRs reported for 1 study), data variability (e.g., AE results included different AE grades reported, treatment-related versus non-treatment-related AEs, or event data versus patient data), and discordant results (i.e., large variability in the direction, magnitude, and statistical significance of the results). As discussed previously, there was variation in the patient characteristics within and across

included studies (e.g., type of primary tumour, location of oligometastases) and types of treatment comprising SOC that contributed to the heterogeneity. These differences may have contributed to the inconsistent results in the narrative synthesis for some comparisons and outcomes.

Quality of Evidence

The included studies comprised both RCTs and nonrandomized studies (with the majority using a retrospective cohort study design). The risk of bias of the included studies ranged from high risk of bias to some concerns. All included RCTs were phase II trials with limitations in the randomization process and with relatively small sample sizes, although power calculations were performed. All of the included nonrandomized studies were susceptible to the risk of selection bias, reporting bias, and lack of power calculations. For feasibility reasons, only studies published in English were eligible for inclusion. It is acknowledged that there is a potential for language bias when language restrictions are used; however, there is also evidence for minimal impact of including studies published in other languages.^{73,74} Screening of reference lists of included studies and relevant SRs identified was not performed, which might have resulted in missing potentially relevant studies. However, the list of included studies was reviewed by clinical experts and was posted for stakeholder feedback after the screening process.

Considerations for Implementation

In addition to this clinical review, an Environmental Scan was conducted to identify and describe the use of SABR in Canadian jurisdictions, the systems in place to manage the treatment of patients with oligometastatic cancer, and the barriers and facilitators to the implementation of this treatment.⁷⁷ The findings of the Environmental Scan were based a literature review; survey responses from stakeholders, who were primarily radiation oncologists; and follow-up consultations with select stakeholders. SABR is currently being offered as a standard treatment option for patients with oligometastatic cancer in all Canadian provinces, with the most common treatment sites being the lungs, bones (non-spine), lymph nodes, spine, and liver. Cancer care centres across jurisdictions reported varying internal guidance for patient selection, prioritization, and treatment, which alludes to 1 of the barriers of SABR implementation – the lack of standardized consensus guidelines with common criteria. Other areas of improvement that were reported included funding for equipment and staff resources, resource allocation for treatment planning, and imaging and planning tools. Stakeholders from leading centres in SABR implementation in Canada stated that having access to dedicated equipment and trained staff were key to facilitating the success of their treatment programs. A greater proportion of Canadian cancer care centres are likely to adopt the use of SABR for the treatment of oligometastatic cancer, as well as expand their current SABR programs to other oligometastatic sites, if more robust clinical data emerge.

Directions for Future Research

To facilitate decisions around appropriate patient selection and the optimal SABR regimen or dose, additional studies examining the clinical effectiveness and safety of SABR with detailed reporting of criteria for patient selection and dosing are required. Additional studies examining any clinical outcomes outlined in this review may also enable future meta-analyses of the data to provide more robust findings, as several of the comparisons could not be pooled due to the lack of available evidence (i.e., no HRs to pool). Specifically, the patient partner

emphasized health-related QoL as 1 of the central outcomes of interest, including breathing issues, fatigue, impact on physical activity, and being able to return to work after treatment. Some evidence was available regarding health-related QoL (3 studies), mainly focusing on pain and less on physical functioning. Additional research regarding the interventions' impact on health-related QoL is warranted. Moreover, the patient collaborator described the distance to travel for treatment and the costs associated with travel, highlighting some practical considerations related to accessing SABR treatment.

Conclusions and Implications for Decision-Making

To CADTH's knowledge, this is the first systematic review exclusively focused on the comparative clinical effectiveness and safety of SABR plus SOC versus SOC alone or SABR versus SOC alone for any patients with oligometastatic cancer (i.e., no restrictions on primary or metastatic locations). Key outcomes of interest included OS, PFS, and AEs, consistent with the opinions of our clinical experts and patient partner. Findings from the included studies suggested there may be OS and PFS benefits associated with SABR plus SOC compared with SOC alone. Findings from the included studies on OS and PFS for SABR alone versus SOC were mixed and deemed inconclusive, as the studies were generally limited by unadjusted baseline imbalances associated with the retrospective cohort study design and suffered from small sample sizes and uncertainty around whether the survival data were mature. Few studies provided conclusive AE results, making it unclear if SABR, with or without SOC, is associated with more or fewer AEs than SOC alternatives for patients with oligometastases. There was a lack of literature identified to inform conclusions for other outcomes of interest, including freedom from progression, health-related QoL, LC, and use of systemic therapy after treatment, and for subgroups of interest (i.e., age, sex, gender, location of primary tumour site, number of metastases sites, number of metastases, location of metastases, previous treatment of primary tumour, and previous treatment of metastases). More comparative studies using rigorous methods, such as high-quality randomized trials with sufficient sample sizes and mature OS data, are required to reduce this uncertainty.

CADTH's Environmental Scan on the implementation of SABR for the treatment of oligometastatic cancer in Canada reported that while SABR is currently being offered as a standard treatment option for this patient population in all Canadian provinces, there are a lack of standardized consensus guidelines with common criteria for patient selection, prioritization, and treatment across jurisdictions,⁷⁷ likely reflecting the current state of the clinical literature on SABR. In fact, the Environmental Scan reported that a greater proportion of Canadian cancer care centres are likely to adopt SABR for the treatment of oligometastatic cancer, as well as expand their current SABR programs to other oligometastatic sites, if more robust clinical data emerge. Future research on the effectiveness of SABR in patients with different characteristics is needed to clarify who might benefit most from this treatment; this would inform patient selection and prioritization criteria. In addition, evidence on the optimal regimen or dose of SABR for treatment of oligometastases, which was not the focus of this review, will further address the decision problem that informed this review. Finally, this clinical review represents 1 component among many that decision-makers will consider when making the decision about the expanded use of SABR in Canada. The Environmental Scan also described the barriers and facilitators to the implementation of SABR and identified other factors, such as staff resources and funding, that decision-makers may consider when

implementing SABR programs across Canadian jurisdictions; all of these can add to this HTA to further support decision-making.

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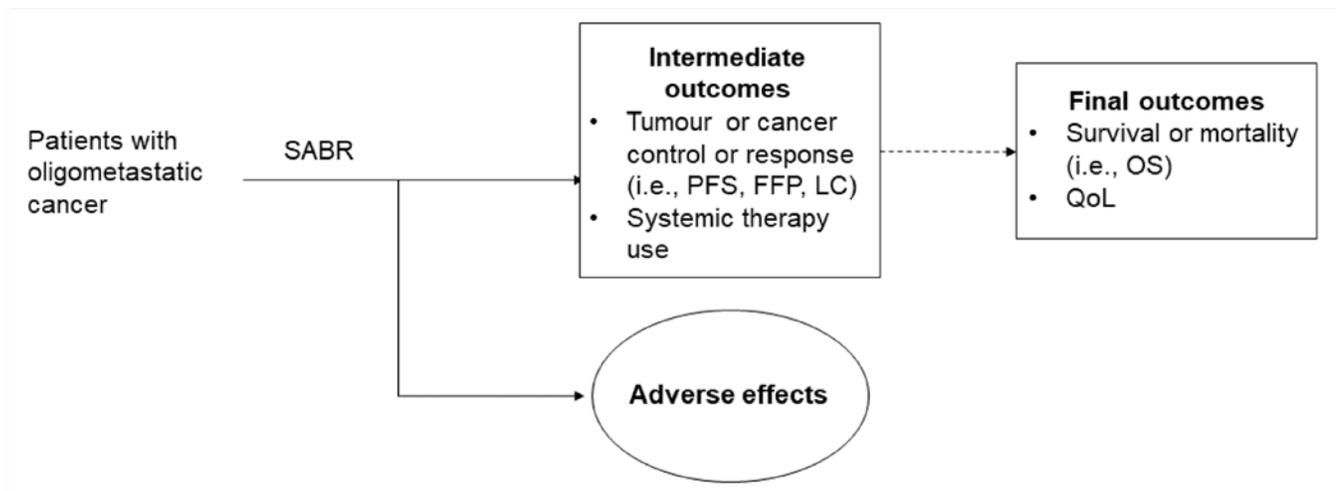
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Appendix 1: Analytical Framework

Figure 1: Analytical Framework



FFP = freedom from progression; LC = lesional control; OS = overall survival; PFS = progression-free survival; QoL = quality of life; SABR = stereotactic ablative radiotherapy.

Appendix 2: Literature Search Methods

Clinical Literature Search

Overview

Interface: Ovid

Databases: MEDLINE All (1946-present), Embase (1974-present), Cochrane Central Register of Controlled Trials (CCTR)

Note: Subject headings have been customized for each database. Duplicates between databases were removed in Ovid.

Date of initial search: March 20, 2020

Alerts: For the baseline review, search alerts were run monthly until December 20, 2020. For the LSR phase, search alerts were run every 3 months until December 30, 2021.

Study types: No publication type filters will be applied.

Limits: Publication date limit: 1990-present

Language limit: none

Conference abstracts: excluded

Syntax Guide

/ = At the end of a phrase, searches the phrase as a subject heading

MeSH = Medical Subject Heading

.fs = Floating subheading

Exp = Explode a subject heading

* = Before a word, indicates that the marked subject heading is a primary topic; or, after a word, a truncation symbol (wildcard) to retrieve plurals or varying endings

? = Truncation symbol for 1 or no characters only

adj# = Requires terms to be adjacent to each other within # number of words (in any order)

.ti = Title

.ab = Abstract

.kf = Author keyword heading word (MEDLINE)

.kw = Author keyword (Embase); keyword (CCTR)

.dq = Candidate term word (Embase)

.pt = Publication type

.my = Device index terms word (Embase)

.dv = Device trade name (Embase)

.dm = Device manufacturer (Embase)

freq = # = Requires terms to occur # number of times in the specified fields

medal = Ovid database code: MEDLINE All, 1946 to present, updated daily

oemezd = Ovid database code; Embase, 1974 to present, updated daily

cctr = Ovid database code; Cochrane Central Register of Controlled Trials

Multi-Database Strategy (Line Number and Search Strategy)

1. (exp radiotherapy/ or radiotherapy.fs.) and (stereo?ta* or stereo ta*).ti,ab,kf,kw.
2. ((stereo?ta* or stereo ta*) adj5 (ablat* or body or lung* or liver* or spin*) adj5 (radiat* or radio therap* or radio?therap* or radio surg* or radiosur* or radio frequen* or radiofrequen* or proton* or photon*)).ti,ab,kf,kw.
3. ((stereo?ta* or stereo ta* or intensity modulat* or linear accelerat*) adj4 (radiat* or radio therap* or radio?therap* or radio surg* or radiosur* or irradiation* or radio frequen* or radiofrequen* or proton* or photon*)).ti,ab,kf,kw.
4. ((fraction* or ultra hypofraction* or ultrahypofraction* or hypofraction* or hyperfraction*) adj4 (radio therap* or radio?therap* or radio surg* or radiosur* or irradiation* or radio frequen* or radiofrequen* or proton* or photon*)).ti,ab,kf,kw.
5. ((dynamic* or volumetric modulat*) adj5 (ARC or wave ARC* or waveARC*)).ti,ab,kf,kw.
6. (precision* adj5 deliver* adj5 system*).ti,ab,kf,kw.
7. (fraction* adj5 (stereo ta* or stereota*)).ti,ab,kf,kw.
8. (SRS* or SABR* or SBRT* or mdsBRT* or FSR or FSRT or LINAC* or DCA or VMAT or IMRS or IMPT or stereo tatic RT* or stereotatic RT* or stereo tatic RT* or stereotatic RT* or systemSRBT*).ti,ab,kf,kw.
9. (xknife* or infinity* or novalis* or trilog* or clinac* or accuray* or radixac* or cyberknife* or cyber knife* or synergy* or gammaknife* or gamma knife* or exactrac* or exac trac* or truebeam* or true beam* or MRLinac* or MR Linac* or eclipse* or rapid ARC* or rapidARC* or prefexion* or vero* or model u*2 or modellu* or modellc* or model c*2).ti,ab,kf,kw.
10. (integra or elekta* or varian or brainlab* or brain lab* or Mitsubishi Heavy*).ti,ab,kf,kw.
11. (versa*3 or precise*3 or edge*3).ti,kf,kw.
12. or/1-11
13. exp Neoplasm Metastasis/ and oligo*.ti,ab,kf,kw.
14. (oligomet* or oligoprogress* or oligorecur* or oligopersist* or oligofraction* or oligoclonal* or oligosynchron*).ti,ab,kf,kw.
15. (oligo* adj5 (meta* or progress* or recur* or persist* or fraction* or clonal* or synchron*)).ti,ab,kf,kw.
16. ((tumour* or tumour* or cancer* or neoplasm* or carcinoma*) adj3 (migration* or spread*)).ti,ab,kf,kw.
17. ((few* or limited* or advanced* or number*) adj2 (tumour* or tumour* or site* or metastases or spread or micrometastas*)).ti,ab,kf,kw.
18. ((transitional or intermediate) adj5 (metasta* or micrometastas*)).ti,ab,kf,kw.
19. Limited Metastatic.ti,ab,kf,kw.
20. (secondary adj5 (tumour* or tumour* or lesion* or metastases or micrometastas*)).ti,ab,kf,kw.
21. or/13-20

22. 12 and 21
23. 22 use medall
24. 22 use cctr
25. (exp radiosurgery/ or exp radiotherapy equipment/ or exp radiotherapy/ or radiotherapy.fs.) and (stereo?ta* or stereo ta*).ti,ab,kw,dq.
26. ((stereo?ta* or stereo ta*) adj5 (ablat* or body or lung* or liver* or spin*) adj5 (radiat* or radio therap* or radio?therap* or radio surg* or radiosur* or radio frequen* or radiofrequen* or proton* or photon*)).ti,ab,kw,dq.
27. ((stereo?ta* or stereo ta* or intensity modulat* or linear accelerat*) adj4 (radiat* or radio therap* or radio?therap* or radio surg* or radiosur* or irradiation* or radio frequen* or radiofrequen* or proton* or photon*)).ti,ab,kw,dq.
28. ((fraction* or ultra hypofraction* or ultrahypofraction* or hypofraction* or hyperfraction*) adj4 (radio therap* or radio?therap* or radio surg* or radiosur* or irradiation* or radio frequen* or radiofrequen* or proton* or photon*)).ti,ab,kw,dq.
29. ((dynamic* or volumetric modulat*) adj5 (ARC or wave ARC* or waveARC*)).ti,ab,kw,dq.
30. (precision* adj5 deliver* adj5 system*).ti,ab,kw,dq.
31. (fraction* adj5 (stereo ta* or stereota*)).ti,ab,kw,dq.
32. (SRS* or SABR* or SBRT* or mdSBRT* or FSR or FSRT or LINAC* or DCA or VMAT or IMRS or IMPT or stereo tactic RT* or stereotactic RT* or stereo toxic RT* or stereotoxic RT* or systemSBRT*).ti,ab,kw,dq.
33. (xknife* or infinity* or novalis* or trilogy* or clinac* or accuray* or radixac* or cyberknife* or cyber knife* or synergy* or gammaknife* or gamma knife* or exactrac* or exac trac* or truebeam* or true beam* or MRLinac* or MR Linac* or eclipse* or rapid ARC* or rapidARC* or pefexion* or vero* or model u*2 or modellu*or modellc* or model c*2).ti,ab,kw,dq,my,dv,dm.
34. (integra or elekta* or varian or brainlab* or brain lab* or Mitsubishi Heavy*).ti,ab,kw,dq,dv,dm.
35. (versa*3 or precise*3 or edge*3).ti,kw,dq,my,dv,dm.
36. or/25-35
37. exp metastasis/ and oligo*.ti,ab,kw,dq.
38. (oligomet* or oligoprogress* or oligorecur* or oligopersist* or oligofraction* or oligoclonal* or oligosynchron*).ti,ab,kw,dq.
39. (oligo* adj5 (meta* or progress* or recur* or persist* or fraction* or clonal* or synchron*)).ti,ab,kw,dq.
40. ((tumour* or tumour* or cancer* or neoplasm* or carcinoma*) adj3 (migration* or spread*)).ti,ab,kw,dq.
41. ((few* or limited* or advanced* or number*) adj2 (tumour* or tumour* or site* or metastases or spread or micrometastas*)).ti,ab,kw,dq.
42. ((transitional or intermediate) adj5 (metasta* or micrometastas*)).ti,ab,kw,dq.
43. Limited Metastatic.ti,ab,kw,dq.
44. (secondary adj5 (tumour* or tumour* or lesion* or metastases or micrometastas*)).ti,ab,kw,dq.
45. or/37-44
46. 36 and 45
47. 46 use oemezd
48. 47 not conference abstract.pt.
49. 23 or 24 or 48

50. limit 49 to yr = 1990-current

51. remove duplicates from 50

Clinical Trial Registries

Initial Search Dates: April 28, 2020

Updated: December 10, 2020; July 07, 2021; and January 21, 2022

ClinicalTrials.gov

Produced by the US National Library of Medicine. Targeted search used to capture registered clinical trials.

[Search terms included - Stereotactic Ablative Radiotherapy (SABR) OR Stereotactic Radiosurgery (SRS) OR stereotactic body radiation therapy (SBRT) OR fractionated stereotactic radiotherapy (FSRT) OR LINAC OR XKnife OR Versa OR Infinity OR Precise OR Novalis Tx OR Trilogy OR Clinac OR Accuray Tomotherapy OR Radixac OR CyberKnife OR Synergy OR Gamma Knife Icon OR ExacTrac OR TrueBeam OR Edge OR Eclipse RapidArc OR Gamma Knife Model U OR Gamma Knife Model C OR Gamma Knife Prefexion]

Health Canada. Clinical Trials Database

Produced by Health Canada. Targeted search used to capture registered clinical trials.

[Search terms included - Stereotactic Ablative Radiotherapy (SABR) OR Stereotactic Radiosurgery (SRS) OR stereotactic body radiation therapy (SBRT) OR fractionated stereotactic radiotherapy (FSRT) OR LINAC OR XKnife OR Versa OR Infinity OR Precise OR Novalis Tx OR Trilogy OR Clinac OR Accuray Tomotherapy OR Radixac OR CyberKnife OR Synergy OR Gamma Knife Icon OR ExacTrac OR TrueBeam OR Edge OR Eclipse RapidArc OR Gamma Knife Model U OR Gamma Knife Model C OR Gamma Knife Prefexion]

Canadian Cancer Trials

Produced by the Canadian Partnership Against Cancer Corporation. Targeted search used to capture registered clinical trials.

[Search terms included - Stereotactic Ablative Radiotherapy (SABR) OR Stereotactic Radiosurgery (SRS) OR stereotactic body radiation therapy (SBRT) OR fractionated stereotactic radiotherapy (FSRT) OR LINAC OR XKnife OR Versa OR Infinity OR Precise OR Novalis Tx OR Trilogy OR Clinac OR Accuray Tomotherapy OR Radixac OR CyberKnife OR Synergy OR Gamma Knife Icon OR ExacTrac OR TrueBeam OR Edge OR Eclipse RapidArc OR Gamma Knife Model U OR Gamma Knife Model C OR Gamma Knife Prefexion]

Grey Literature

Initial Search Dates: April 27, 2020 to May 07, 2020

Keywords: Stereotactic Ablative Radiotherapy (SABR) OR Stereotactic Radiosurgery (SRS) OR stereotactic body radiation therapy (SBRT) OR fractionated stereotactic radiotherapy (FSRT) OR LINAC OR XKnife OR Versa OR Infinity OR Precise OR Novalis Tx OR Trilogy OR Clinac OR Accuray Tomotherapy OR Radixac OR CyberKnife OR Synergy OR Gamma Knife Icon OR ExacTrac OR TrueBeam OR Edge OR Eclipse RapidArc OR Gamma Knife Model U OR Gamma Knife Model C OR Gamma Knife Prefexion

Limits: Publication years: 1990-present

Updated: December 07, 2020 to December 11, 2020; July 05, 2021 to July 08, 2021; and January 10, 2022 to January 24, 2022

Relevant websites from the following sections of the CADTH grey literature checklist [Grey Matters: A Practical Tool for Searching Health-Related Grey Literature](#) were searched:

- Health Technology Assessment Agencies
- Health Economics
- Clinical Practice Guidelines

- Drug and Device Regulatory Approvals
- Advisories and Warnings
- Drug Class Reviews
- Clinical Trial Registries
- Databases (free)
- Health Statistics
- Internet Search
- Open Access Journals

Appendix 3: Living Systematic Review Version History

Table 16: Key Information Regarding Each Version of this Living Systematic Review

Version and Update Number	Version and Update Details
Version 1.0 Baseline review ⁷⁵	Date of initial literature search for baseline review: March 20, 2020 Date of final literature search update for baseline review: December 20, 2020 Number of included studies in baseline review: 9 unique studies (3 RCTs and 6 nonrandomized studies) in 12 publications ^{32,58-68} Publication date: March 30, 2021
Update 1	Date of literature search update: March 30, 2021 Number of new relevant studies identified in this update: 1 nonrandomized study ⁸¹ Assessment of evidence: No important impact on review findings Decision: Integrate later (i.e., in Version 2.0) Review Status: Up to date as of March 30, 2021
Update 2	Date of literature search update: June 30, 2021 Number of new relevant studies identified in this update: 2 nonrandomized studies ^{79,80} Assessment of evidence: No important impact on review findings Decision: Integrate later (i.e., in Version 2.0) Review Status: Up to date as of June 30, 2021
Update 3	Date of literature search update: September 30, 2021 Number of new relevant studies identified in this update: 0 Assessment of evidence: Not applicable Decision: None to integrate Review Status: Up to date as of September 30, 2021
Update 4	Date of literature search update: December 30, 2021 Number of new relevant studies identified in this update: 0 Assessment of evidence: Not applicable Decision: None to integrate Review Status: Up to date as of December 30, 2021
Version 2.0 Final review	Date of final literature search update for final review: December 30, 2021 Number of included studies in final review: 12 unique studies (3 RCTs and 9 nonrandomized studies) in 15 publications ^{32,58-68,79-81} What's New (from baseline review): New evidence identified from Update #1 ⁸¹ and Update #2 ^{79,80} and assessed to have no important impact on review findings was integrated into the review. Publication date: June 2022

Appendix 4: PRISMA Flow Chart of Selected Reports

Figure 2: PRISMA Flow Chart of Selected Reports for the Baseline Review⁷⁵ (December 20, 2020)

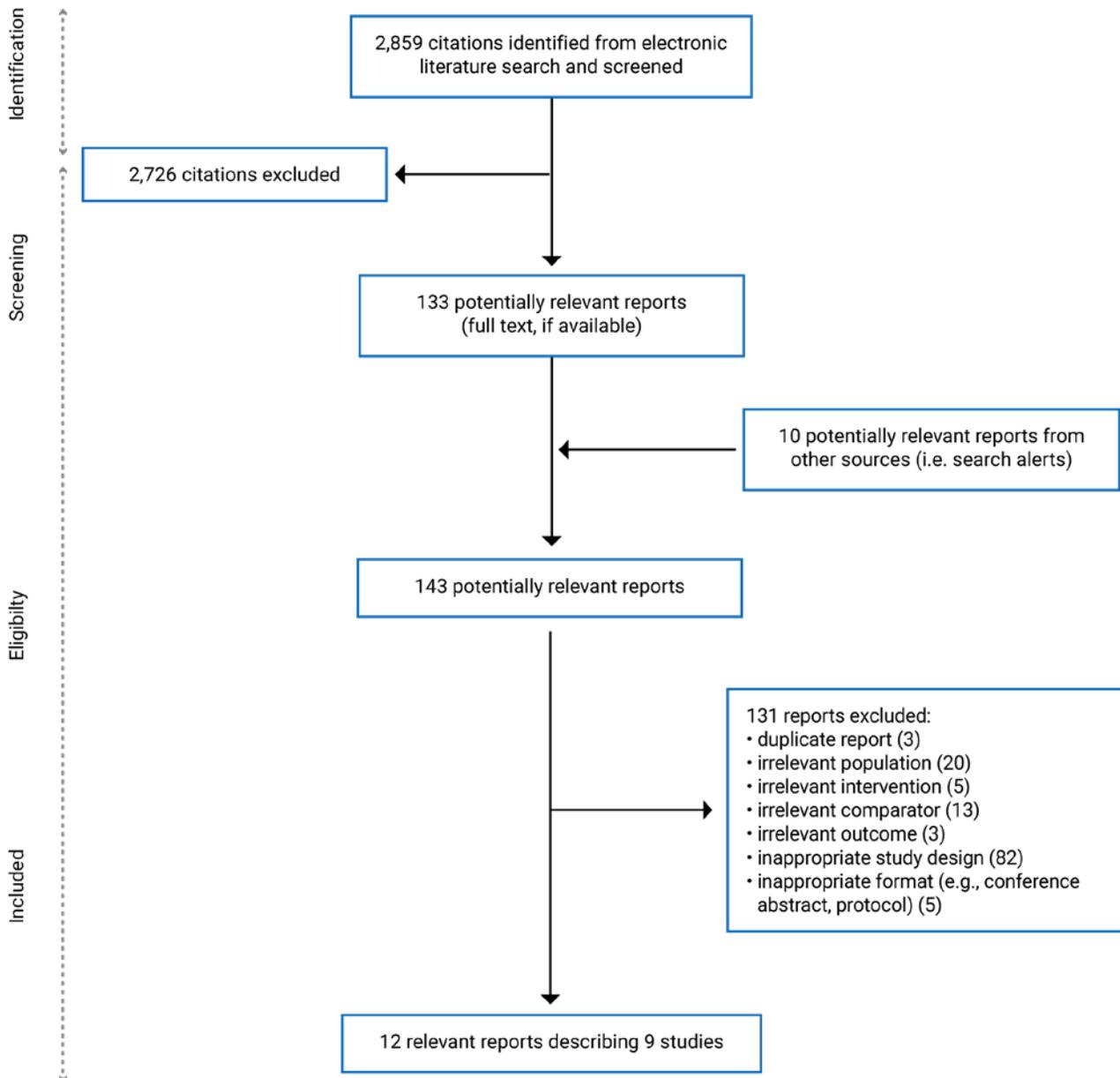
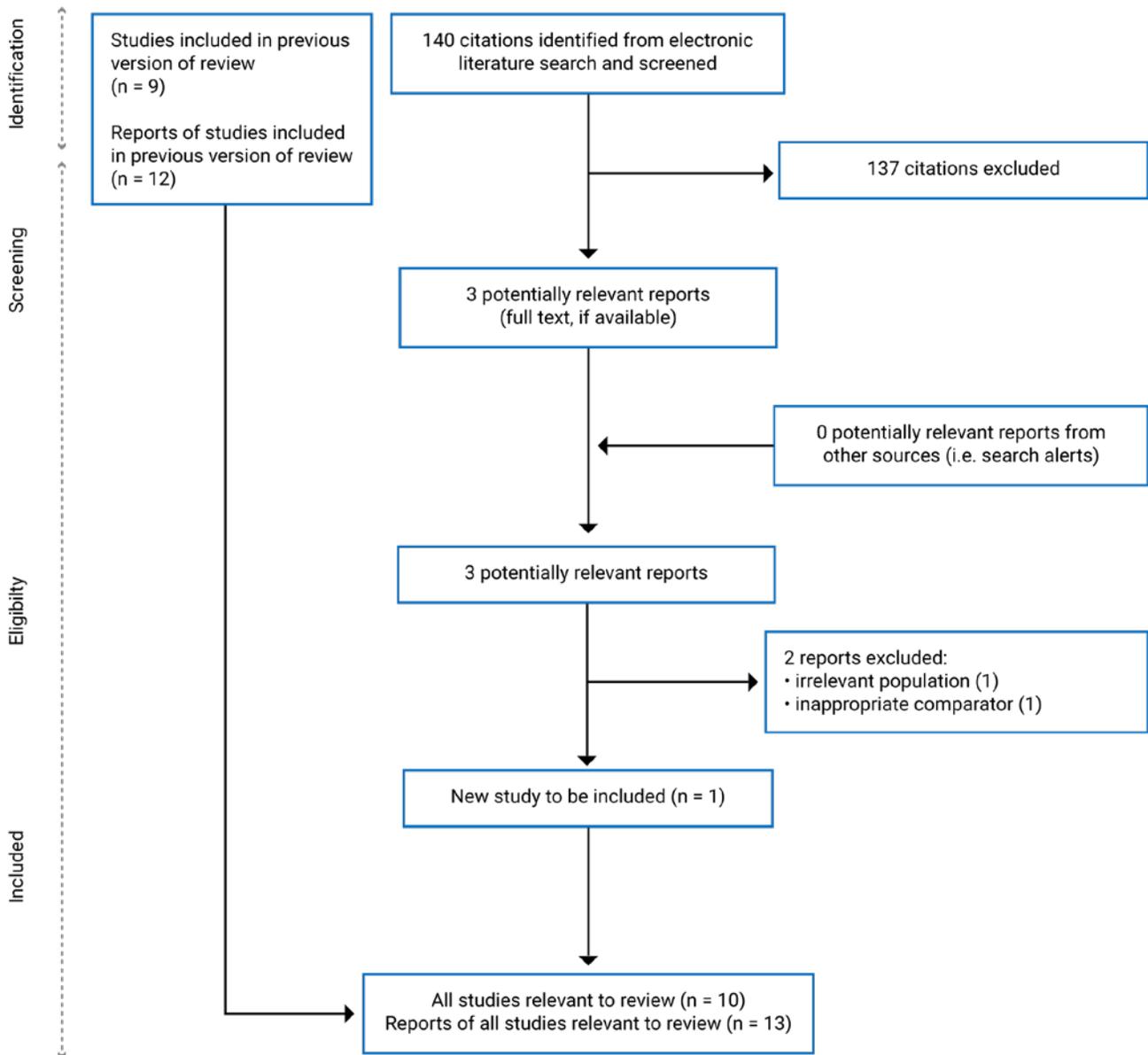
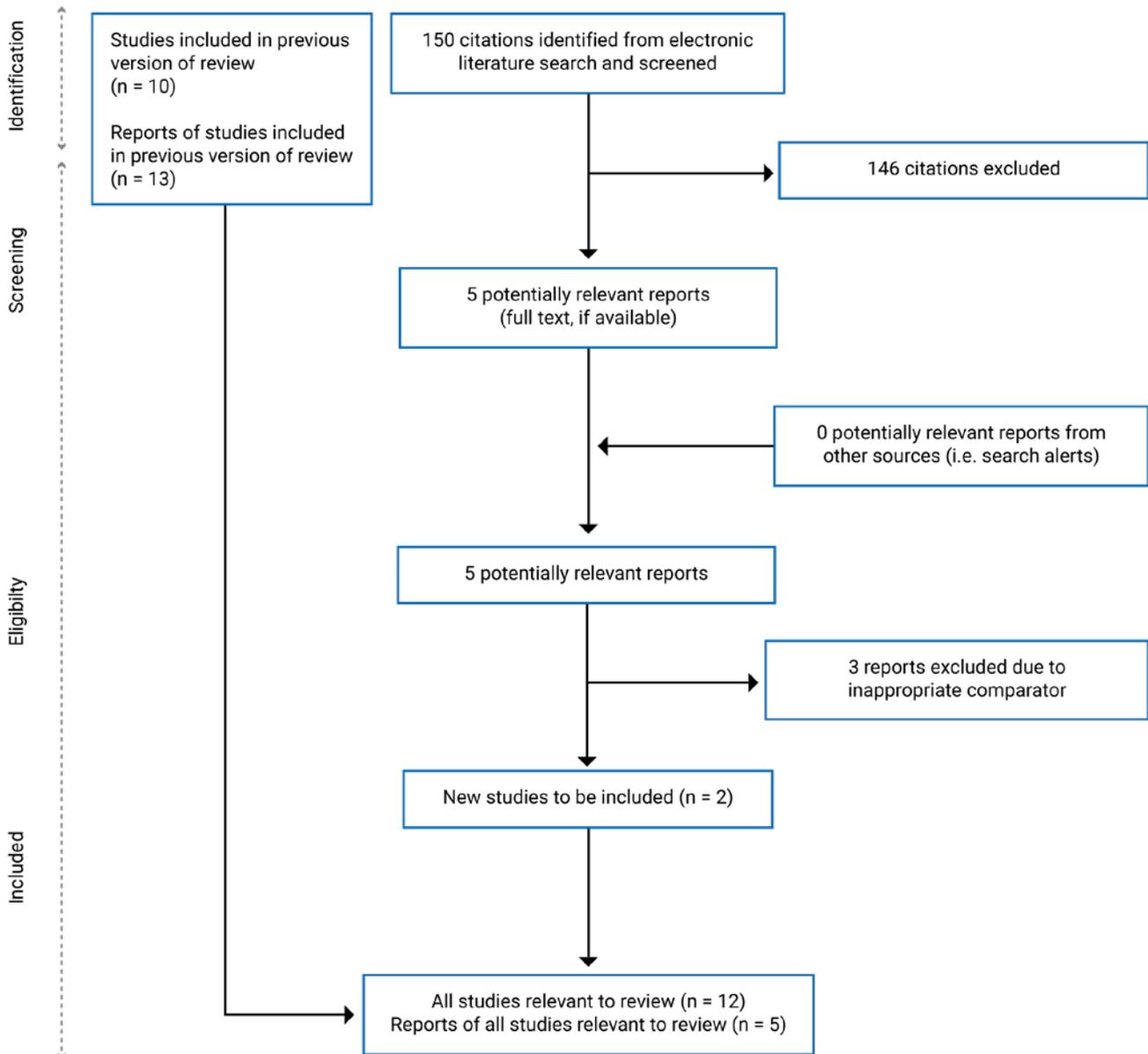


Figure 3: PRISMA Flow Chart of Selected Reports From the First Update (March 30, 2021)



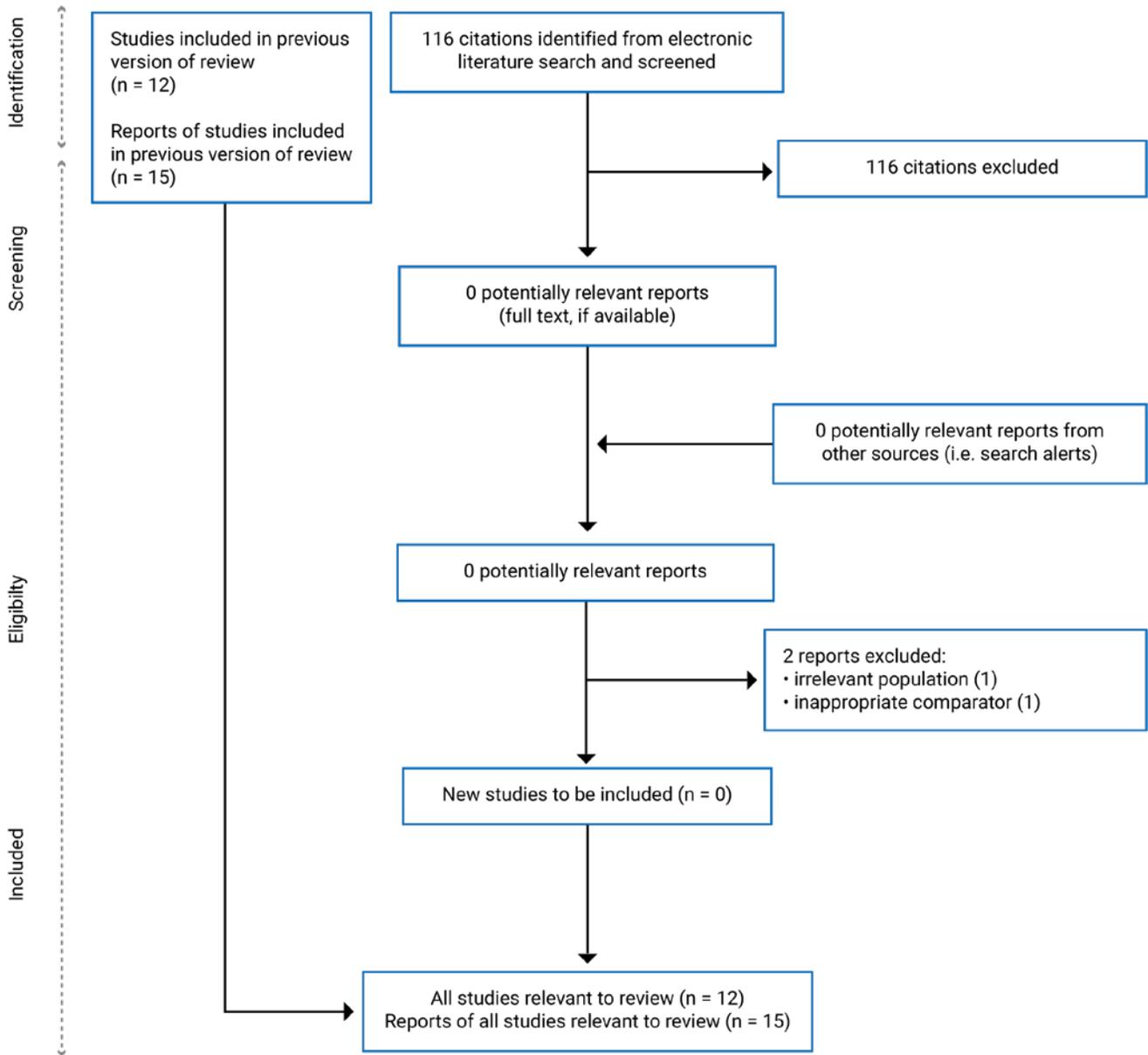
PRISMA = Preferred Reporting Items for Systematic Reviews and Meta-Analyses

Figure 4: PRISMA Flow Chart of Selected Reports from the Second Update (June 30, 2021)



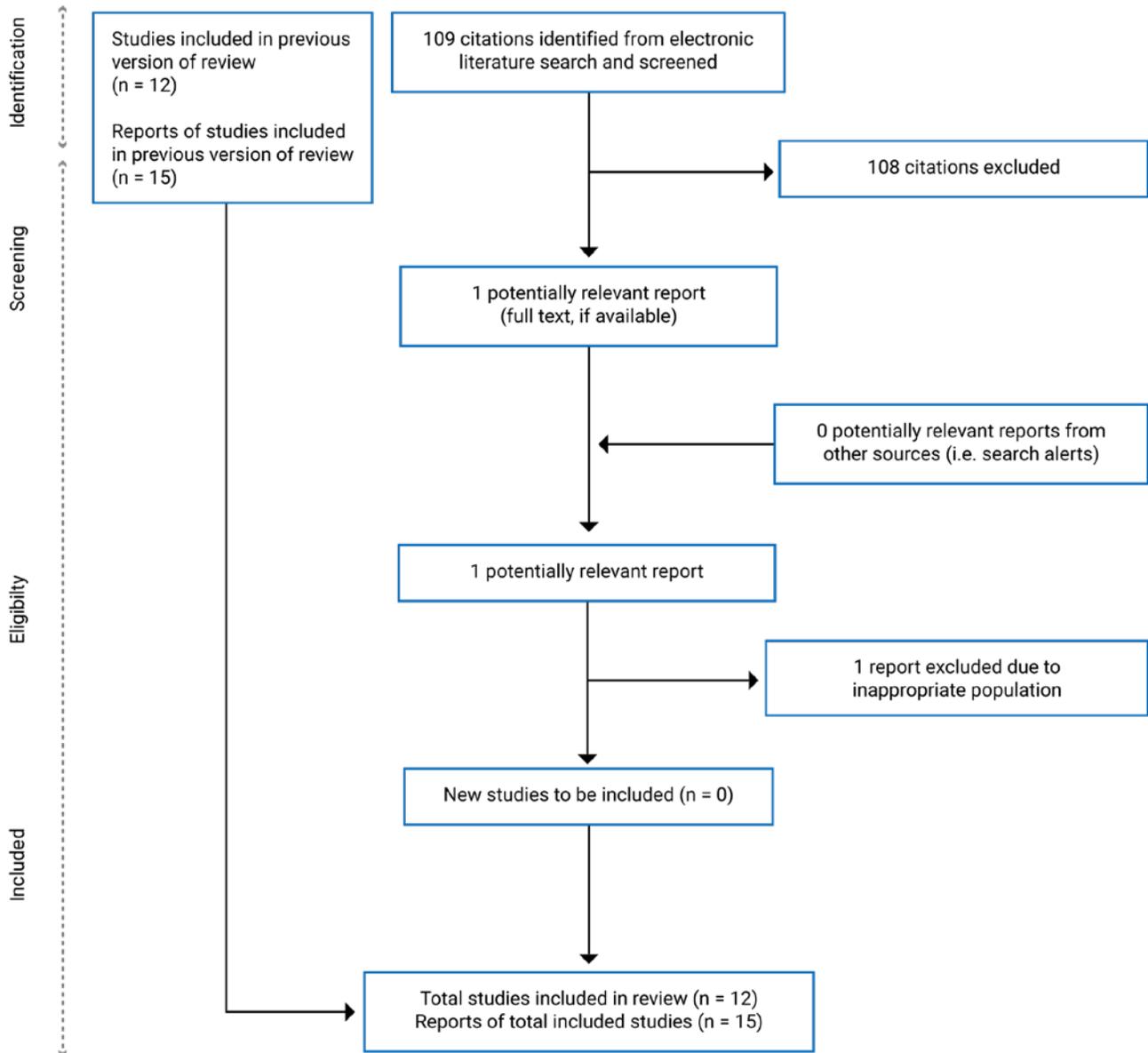
PRISMA = Preferred Reporting Items for Systematic Reviews and Meta-Analyses

Figure 5: PRISMA Flow Chart of Selected Reports From the Third Update (September 30, 2021)



PRISMA = Preferred Reporting Items for Systematic Reviews and Meta-Analyses

Figure 6: PRISMA Flowchart of Selected Reports From the Fourth Update (December 30, 2021)



PRISMA = Preferred Reporting Items for Systematic Reviews and Meta-Analyses

Appendix 5: List of Included Studies

1. Buegy D, Wurschmidt F, Gkika E, et al. Stereotactic or conformal radiotherapy for adrenal metastases: Patient characteristics and outcomes in a multicenter analysis. *Int J Cancer*. 2021;149(2):358-370. [PubMed](#)
2. Ji X, Zhao Y, He C, et al. Clinical Effects of Stereotactic Body Radiation Therapy Targeting the Primary Tumor of Liver-Only Oligometastatic Pancreatic Cancer. *Front Oncol*. 2021;11:659987. [PubMed](#)
3. Liu Y, Zhang Z, Han H, et al. Survival After Combining Stereotactic Body Radiation Therapy and Tyrosine Kinase Inhibitors in Patients With Metastatic Renal Cell Carcinoma. *Front Oncol*. 2021;11:607595. [PubMed](#)
4. Hurmuz P, Onal C, Ozyigit G, et al. Treatment outcomes of metastasis-directed treatment using (68)Ga-PSMA-PET/CT for oligometastatic or oligorecurrent prostate cancer: Turkish Society for Radiation Oncology group study (TROD 09-002). *Strahlenther Onkol*. 2020;196(11):1034-1043. [PubMed](#)
5. Palma DA, Olson R, Harrow S, et al. Stereotactic Ablative Radiotherapy for the Comprehensive Treatment of Oligometastatic Cancers: Long-Term Results of the SABR-COMET Phase II Randomized Trial. *J Clin Oncol*. 2020;38(25):2830-2838. [PubMed](#)
6. Phillips R, Shi WY, Deek M, et al. Outcomes of Observation vs Stereotactic Ablative Radiation for Oligometastatic Prostate Cancer: The ORIOLE Phase 2 Randomized Clinical Trial. *JAMA Oncol*. 2020;6(5):650-659. [PubMed](#)
7. van de Ven S, van den Bongard D, Pielkenrood B, et al. Patient-Reported Outcomes of Oligometastatic Patients After Conventional or Stereotactic Radiation Therapy to Bone Metastases: An Analysis of the PRESENT Cohort. *Int J Radiat Oncol Biol Phys*. 2020;107(1):39-47. [PubMed](#)
8. De Bleser E, Jereczek-Fossa BA, Pasquier D, et al. Metastasis-directed Therapy in Treating Nodal Oligorecurrent Prostate Cancer: A Multi-institutional Analysis Comparing the Outcome and Toxicity of Stereotactic Body Radiotherapy and Elective Nodal Radiotherapy. *Eur Urol*. 2019;76(6):732-739. [PubMed](#)
9. Olson R, Senan S, Harrow S, et al. Quality of Life Outcomes After Stereotactic Ablative Radiation Therapy (SABR) Versus Standard of Care Treatments in the Oligometastatic Setting: A Secondary Analysis of the SABR-COMET Randomized Trial. *Int J Radiat Oncol Biol Phys*. 2019;105(5):943-947. [PubMed](#)
10. Palma DA, Olson R, Harrow S, et al. Stereotactic ablative radiotherapy versus standard of care palliative treatment in patients with oligometastatic cancers (SABR-COMET): a randomised, phase 2, open-label trial. *Lancet*. 2019;393(10185):2051-2058. [PubMed](#)
11. He Z, Chen G, Ouyang B, et al. Conformal radiation therapy or stereotactic body radiation therapy: Institutional experience in the management of colorectal liver metastases by radiation therapy. *Technol Cancer Res Treat*. 2018;17.
12. Iyengar P, Wardak Z, Gerber DE, et al. Consolidative Radiotherapy for Limited Metastatic Non-Small-Cell Lung Cancer: A Phase 2 Randomized Clinical Trial. *JAMA Oncol*. 2018;4(1):e173501. [PubMed](#)
13. Lodeweges JE, Klinkenberg TJ, Ubbels JF, Groen HJM, Langendijk JA, Widder J. Long-term Outcome of Surgery or Stereotactic Radiotherapy for Lung Oligometastases. *J Thorac Oncol*. 2017;12(9):1442-1445. [PubMed](#)
14. Filippi AR, Guerrero F, Badellino S, et al. Exploratory Analysis on Overall Survival after Either Surgery or Stereotactic Radiotherapy for Lung Oligometastases from Colorectal Cancer. *Clin Oncol (R Coll Radiol)*. 2016;28(8):505-512. [PubMed](#)
15. Widder J, Klinkenberg TJ, Ubbels JF, Wiegman EM, Groen HJ, Langendijk JA. Pulmonary oligometastases: metastasectomy or stereotactic ablative radiotherapy? *Radiother Oncol*. 2013;107(3):409-413. [PubMed](#)

Appendix 6: List of Excluded Studies and Reasons for Exclusion

Duplicate Report (n = 3)

1. McDonald F, Hanna GG. Oligoprogressive Oncogene-addicted Lung Tumours: Does Stereotactic Body Radiotherapy Have a Role? Introducing the HALT Trial. *Clin Oncol (R Coll Radiol)*. 2018;30(1):1-4. [PubMed](#)
2. Trovo M, Furlan C, Polesel J, et al. Radical radiation therapy for oligometastatic breast cancer: Results of a prospective phase II trial. *Radiother Oncol*. 2018;126(1):177-180. [PubMed](#)
3. Kao J, Timmins J, Ozao-Choy J, Packer S. Effects of combined sunitinib and extracranial stereotactic radiotherapy on bone marrow hematopoiesis. *Oncol Lett*. 2016;12(3):2139-2144. [PubMed](#)

Irrelevant Population (n = 22)

1. Franzese C, Ingargiola R, Tomatis S, et al. Metastatic salivary gland carcinoma: A role for stereotactic body radiation therapy? A study of AIRO-Head and Neck working group. *Oral Dis*. 2022;28(2):345-351 [PubMed](#)
2. Liu Y, Zhang Z, Liu R, et al. Stereotactic body radiotherapy in combination with non-frontline PD-1 inhibitors and targeted agents in metastatic renal cell carcinoma. *Radiat Oncol*. 2021 Nov 02;16(1):211. [PubMed](#)
3. Deek MP, Tapparra K, Phillips R, et al. Metastasis-directed Therapy Prolongs Efficacy of Systemic Therapy and Improves Clinical Outcomes in Oligoprogressive Castration-resistant Prostate Cancer. *Eur Urol Oncol*. 2020. [PubMed](#)
4. Papadopoulos KP, Johnson ML, Lockhart AC, et al. First-In-Human Study of Cemiplimab Alone or In Combination with Radiotherapy and/or Low-dose Cyclophosphamide in Patients with Advanced Malignancies. *Clin Cancer Res*. 2020;26(5):1025-1033. [PubMed](#)
5. Schullian P, Putzer D, Laimer G, Levy E, Bale R. Feasibility, safety, and long-term efficacy of stereotactic radiofrequency ablation for tumors adjacent to the diaphragm in the hepatic dome: a case-control study. *Eur Radiol*. 2020;30(2):950-960. [PubMed](#)
6. Schullian P, Putzer D, Silva MA, Laimer G, Kolbitsch C, Bale R. Stereotactic Radiofrequency Ablation of Liver Tumors in Octogenarians. *Front Oncol*. 2019;9:929. [PubMed](#)
7. Shen PC, Chang WC, Lo CH, et al. Comparison of Stereotactic Body Radiation Therapy and Transarterial Chemoembolization for Unresectable Medium-Sized Hepatocellular Carcinoma. *Int J Radiat Oncol Biol Phys*. 2019;105(2):307-318. [PubMed](#)
8. Franzese C, Comito T, Clerici E, et al. Liver metastases from colorectal cancer: propensity score-based comparison of stereotactic body radiation therapy vs. microwave ablation. *J Cancer Res Clin Oncol*. 2018;144(9):1777-1783. [PubMed](#)
9. Ost P, Reynders D, Decaestecker K, et al. Surveillance or Metastasis-Directed Therapy for Oligometastatic Prostate Cancer Recurrence: A Prospective, Randomized, Multicenter Phase II Trial. *J Clin Oncol*. 2018;36(5):446-453. [PubMed](#)
10. Sapir E, Tao Y, Schipper MJ, et al. Stereotactic Body Radiation Therapy as an Alternative to Transarterial Chemoembolization for Hepatocellular Carcinoma. *Int J Radiat Oncol Biol Phys*. 2018;100(1):122-130. [PubMed](#)
11. Schulz D, Wirth M, Piontek G, et al. Improved overall survival in head and neck cancer patients after specific therapy of distant metastases. *Eur Arch Otorhinolaryngol*. 2018;275(5):1239-1247. [PubMed](#)
12. Sprave T, Verma V, Forster R, et al. Quality of Life Following Stereotactic Body Radiotherapy Versus Three-Dimensional Conformal Radiotherapy for Vertebral Metastases: Secondary Analysis of an Exploratory Phase II Randomized Trial. *Anticancer Res*. 2018;38(8):4961-4968. [PubMed](#)
13. Stenman M, Sinclair G, Paavola P, Wersall P, Harmenberg U, Lindskog M. Overall survival after stereotactic radiotherapy or surgical metastasectomy in oligometastatic renal cell carcinoma patients treated at 2 Swedish centres 2005-2014. *Radiother Oncol*. 2018;127(3):501-506. [PubMed](#)
14. Fleming C, Rimmer A, Foster A, Woo KM, Zhang Z, Wu AJ. Palliative efficacy and local control of conventional radiotherapy for lung metastases. *Ann*. 2017;6(Suppl 1):S21-S27. [PubMed](#)
15. Moon SH, Cho KH, Lee CG, et al. IMRT vs. 2D-radiotherapy or 3D-conformal radiotherapy of nasopharyngeal carcinoma: Survival outcome in a Korean multi-institutional retrospective study (KROG 11-06). *Strahlenther Onkol*. 2016;192(6):377-385. [PubMed](#)
16. Reijneveld JC, Taphoorn MJB, Coens C, et al. Health-related quality of life in patients with high-risk low-grade glioma (EORTC 22033-26033): a randomised, open-label, phase 3 intergroup study. *Lancet Oncol*. 2016;17(11):1533-1542. [PubMed](#)
17. Jacob R, Turley F, Redden DT, et al. Adjuvant stereotactic body radiotherapy following transarterial chemoembolization in patients with non-resectable hepatocellular carcinoma tumours of ≥ 3 cm. *HPB (Oxford)*. 2015;17(2):140-149. [PubMed](#)
18. Langendijk H, Kaanders JH, Doornaert P, et al. POPART vs CPORT in squamous cell head and neck cancer: Results of a multicenter randomised study of the Dutch head and neck Study Group. *Radiother Oncol*. 2015;114:9-10.
19. Jiang Z, Wang Q, Yang G, et al. Optimized treatment with RF thermotherapy and immunotherapy combined with CyberKnife for advanced high-risk tumors: A clinical trial report. *Biomed Rep*. 2014;2(2):245-249. [PubMed](#)
20. Yu W, Tang L, Lin F, et al. Stereotactic radiosurgery, a potential alternative treatment for pulmonary metastases from osteosarcoma. *Int J Oncol*. 2014;44(4):1091-1098. [PubMed](#)

21. Choi BO, Choi IB, Jang HS, et al. Stereotactic body radiation therapy with or without transarterial chemoembolization for patients with primary hepatocellular carcinoma: preliminary analysis. *BMC Cancer*. 2008;8:351. [PubMed](#)
22. Guo J, Sun XN, Huang M. Evaluation of the efficacy for alternated treatment on primary liver cancer by interventional therapy in combination with fractionated stereotactic conformal radiotherapy. *Chin J Clin Oncol*. 2005;32(24):1418-1420.

Irrelevant Intervention (n = 5)

1. Chan OSH, Lam KC, Li JYC, et al. ATOM: A phase II study to assess efficacy of preemptive local ablative therapy to residual oligometastases of NSCLC after EGFR TKI. *Lung Cancer*. 2020;142:41-46. [PubMed](#)
2. Gomez DR, Tang C, Zhang J, et al. Local Consolidative Therapy Vs. Maintenance Therapy or Observation for Patients With Oligometastatic Non-Small-Cell Lung Cancer: Long-Term Results of a Multi-Institutional, Phase II, Randomized Study. *J Clin Oncol*. 2019;37(18):1558-1565. [PubMed](#)
3. Steuber T, Jilg C, Tennstedt P, et al. Standard of Care Versus Metastases-directed Therapy for PET-detected Nodal Oligorecurrent Prostate Cancer Following Multimodality Treatment: A Multi-institutional Case-control Study. *Eur Urol Focus*. 2019;5(6):1007-1013. [PubMed](#)
4. Chan OSH, Lee VHF, Mok TSK, Mo F, Chang ATY, Yeung RMW. The Role of Radiotherapy in Epidermal Growth Factor Receptor Mutation-positive Patients with Oligoprogression: A Matched-cohort Analysis. *Clin Oncol (R Coll Radiol)*. 2017;29(9):568-575. [PubMed](#)
5. Roos DE, Turner SL, O'Brien PC, et al. Randomized trial of 8 Gy in 1 versus 20 Gy in 5 fractions of radiotherapy for neuropathic pain due to bone metastases (Trans-Tasman Radiation Oncology Group, TROG 96.05). *Radiother Oncol*. 2005;75(1):54-63. [PubMed](#)

Irrelevant Comparator (n = 17)

1. Zelefsky MJ, Yamada Y, Greco C, et al. Phase 3 Multi-Center, Prospective, Randomized Trial Comparing Single-Dose 24 Gy Radiation Therapy to a 3-Fraction SBRT Regimen in the Treatment of Oligometastatic Cancer. *Int J Radiat Oncol Biol Phys*. 2021 110(3):672-679. [PubMed](#)
2. Kroeze SGC, Fritz C, Schaule J, et al. Stereotactic radiotherapy combined with immunotherapy or targeted therapy for metastatic renal cell carcinoma. *BJU Int*. 2021 Jun;127(6):703-711. [PubMed](#)
3. Kroeze SGC, Henkenberens C, Schmidt-Hegemann NS, et al. Prostate-specific Membrane Antigen Positron Emission Tomography-detected Oligorecurrent Prostate Cancer Treated with Metastases-directed Radiotherapy: Role of Addition and Duration of Androgen Deprivation. *Eur Urol Focus*. 2021 Mar;7(2):309-316. [PubMed](#)
4. Liu Y, Long W, Zhang Z, et al. Metastasis-directed stereotactic body radiotherapy for oligometastatic renal cell carcinoma: extent of tumor burden eradicated by radiotherapy. *World J Urol*. 2021;39(11):4183-4190. [PubMed](#)
5. Franzese C, Comito T, Viganò L, et al. Liver Metastases-directed Therapy in the Management of Oligometastatic Breast Cancer. *Clin Breast Cancer*. 2020;20(6):480-486. [PubMed](#)
6. Kalinauskaitė GG, Tinhofer, II, Kufeld MM, et al. Radiosurgery and fractionated stereotactic body radiotherapy for patients with lung oligometastases. *BMC Cancer*. 2020;20(1):404. [PubMed](#)
7. Desideri I, Francolini G, Scotti V, et al. Benefit of ablative versus palliative-only radiotherapy in combination with nivolumab in patients affected by metastatic kidney and lung cancer. *Clin Transl Oncol*. 2019;21(7):933-938. [PubMed](#)
8. Lepinoy A, Silva YE, Martin E, et al. Salvage extended field or involved field nodal irradiation in (18)F-fluorocholine PET/CT oligorecurrent nodal failures from prostate cancer. *Eur J Nucl Med Mol Imaging*. 2019;46(1):40-48. [PubMed](#)
9. Fanetti G, Marvaso G, Ciardo D, et al. Stereotactic body radiotherapy for castration-sensitive prostate cancer bone oligometastases. *Med Oncol*. 2018;35(5):75. [PubMed](#)
10. Frost N, Tessmer A, Schmittl A, et al. Local ablative treatment for synchronous single organ oligometastatic lung cancer-A propensity score analysis of 180 patients. *Lung Cancer*. 2018;125:164-173. [PubMed](#)
11. Katoh N, Onishi H, Uchinami Y, et al. Real-Time Tumor-Tracking Radiotherapy and General Stereotactic Body Radiotherapy for Adrenal Metastasis in Patients with Oligometastasis. *Technol Cancer Res Treat*. 2018;17:1533033818809983. [PubMed](#)
12. Mazzola R, Tebano U, Aiello D, et al. Increased efficacy of stereotactic ablative radiation therapy after bevacizumab in lung oligometastases from colon cancer. *Tumori*. 2018;104(6):423-428. [PubMed](#)
13. Sundahl N, Rottey S, Decaestecker K, et al. Phase 1 trial of pembrolizumab with SBRT in metastatic urothelial carcinoma. *Radiother Oncol*. 2018;127:S357-S358.
14. Sundahl N, De Wolf K, Rottey S, et al. A phase I/II trial of fixed-dose stereotactic body radiotherapy with sequential or concurrent pembrolizumab in metastatic urothelial carcinoma: evaluation of safety and clinical and immunologic response. *J Transl Med*. 2017;15(1):150. [PubMed](#)
15. Fleckenstein J, Petroff A, Schafers HJ, Wehler T, Schöpe J, Rube C. Long-term outcomes in radically treated synchronous vs. metachronous oligometastatic non-small-cell lung cancer. *BMC Cancer*. 2016;16:348. [PubMed](#)
16. Siva S, Kron T, Bressel M, et al. A randomised phase II trial of Stereotactic Ablative Fractionated radiotherapy versus Radiosurgery for Oligometastatic Neoplasia to the lung (TROG 13.01 SAFRON II). *BMC Cancer*. 2016;16:183. [PubMed](#)
17. Wang YS, Yang G, Wang YY, Yang JL, Yang K. Early efficacy of stereotactic body radiation therapy combined with adoptive immunotherapy for advanced malignancies. *Mol Clin Oncol*. 2013;1(5):925-929. [PubMed](#)

Irrelevant Outcome (n = 3)

1. Xue P, Wu Z, Wang K, Gao G, Zhuang M, Yan M. Oncological outcome of combining cytoreductive prostatectomy and metastasis-directed radiotherapy in patients with prostate cancer and bone oligometastases: A retrospective cohort study. *Cancer Manag Res.* 2020;12:8867-8873. [PubMed](#)
2. Bouman-Wammes EW, van Dodewaard-De Jong JM, Dahele M, et al. Benefits of Using Stereotactic Body Radiotherapy in Patients With Metachronous Oligometastases of Hormone-Sensitive Prostate Cancer Detected by [18F]fluoromethylcholine PET/CT. *Clin Genitourin Cancer.* 2017;15(5):e773-e782. [PubMed](#)
3. Youland RS, Blanchard ML, Dronca R, et al. Role of radiotherapy in extracranial metastatic malignant melanoma in the modern era. *Clin Transl Radiat Oncol.* 2017;6:25-30. [PubMed](#)

Inappropriate Study Design (n = 82)

1. Burkon P, Oberreiterova S, Kazda T, et al. Stereotactic Body Radiotherapy of Lymph Node Oligometastases. *Klin Onkol.* 2020;33(2):114-122. [PubMed](#)
2. Guo T, Ni J, Yang X, et al. Pattern of Recurrence Analysis in Metastatic EGFR-Mutant NSCLC Treated with Osimertinib: Implications for Consolidative Stereotactic Body Radiation Therapy. *Int J Radiat Oncol Biol Phys.* 2020;107(1):62-71. [PubMed](#)
3. Higa J, Wilenius K, Savino S, Larsen C, Scholz M, Vogelzang N. Real World Experience With Pembrolizumab in Recurrent or Advanced Prostate Cancer. *Clin Genitourin Cancer.* 2020;18(4):e397-e401. [PubMed](#)
4. Kim DW, Lee G, Lee H, et al. Stereotactic Body Radiation Therapy to a Splenic Metastasis in Oligoprogressive Non-small Cell Lung Cancer. *Adv Radiat Oncol.* 2020;5(3):516-521. [PubMed](#)
5. Marzec J, Becker J, Paulsen F, et al. (68)Ga-PSMA-PET/CT-directed IGRT/SBRT for oligometastases of recurrent prostate cancer after initial surgery. *Acta Oncol.* 2020;59(2):149-156. [PubMed](#)
6. Nikitas J, Roach M, Robinson C, et al. Treatment of oligometastatic lung cancer with brain metastases using stereotactic radiosurgery (SRS) and stereotactic body radiation therapy (SBRT). *Clin Transl Radiat Oncol.* 2020;21:32-35. [PubMed](#)
7. Pei S, Chen K, Yang Y, Chen L, Zhu X. A retrospective cohort study of low-dose intensity-modulated radiotherapy for unresectable liver metastases. *J Int Med Res.* 2020;48(4):300060519892382. [PubMed](#)
8. Thomas T. SABR improves outcomes in men with recurrent oligometastatic prostate cancer. *Nat Rev Urol.* 2020;17(5):256. [PubMed](#)
9. Agolli L. Stereotactic body radiation therapy could improve disease control in oligometastatic patients with renal cell carcinoma: do we need more evidence? *Ann.* 2019;7(Suppl 3):S105. [PubMed](#)
10. Augugliaro M, Marvaso G, Ciardo D, et al. Recurrent oligometastatic transitional cell bladder carcinoma: is there room for radiotherapy? *Neoplasma.* 2019;66(1):160-165. [PubMed](#)
11. Aujla KS, Katz AW, Singh DP, Okunieff P, Milano MT. Hypofractionated Stereotactic Radiotherapy for Non-breast or Prostate Cancer Oligometastases: A Tail of Survival Beyond 10 Years. *Front Oncol.* 2019;9:111. [PubMed](#)
12. Bashir U, Tree A, Mayer E, et al. Impact of Ga-68-PSMA PET/CT on management in prostate cancer patients with very early biochemical recurrence after radical prostatectomy. *Eur J Nucl Med Mol Imaging.* 2019;46(4):901-907. [PubMed](#)
13. Beckham TH, Imber BS, Simone CB, 2nd. Stereotactic body radiation therapy for oligometastatic renal cell carcinoma: improving outcomes in an otherwise radioresistant malignancy. *Ann Transl Med.* 2019;7(Suppl 3):S98. [PubMed](#)
14. Chia B, Landau D, Hanna G, Conibear J. Thoracic intervention and surgery to cure lung cancer: an overview of stereotactic ablative radiotherapy in early and oligometastatic lung cancer. *J R Soc Med.* 2019;112(8):334-340. [PubMed](#)
15. Giraud N, Abdiche S, Trouette R. Stereotactic irradiation in targeted therapy of oligometastatic oncogene-addicted (non-small-cell) lung cancer. *Cancer Radiother.* 2019;23(4):361. [PubMed](#)
16. Giraud N, Abdiche S, Trouette R. Stereotactic radiotherapy in targeted therapy treated oligo-metastatic oncogene-addicted (non-small-cell) lung cancer. *Cancer Radiother.* 2019;23(4):346-354. [PubMed](#)
17. Gomez-Iturriaga A, Casquero Ocio F, Ost P, et al. Outcomes after a first and/or second salvage treatment in patients with oligometastatic prostate cancer recurrence detected by (18-F) choline PET-CT. *Eur J Cancer Care (Engl).* 2019;28(5):e13093. [PubMed](#)
18. Jacobs CD, Palta M, Williamson H, et al. Hypofractionated Image-Guided Radiation Therapy With Simultaneous-Integrated Boost Technique for Limited Metastases: A Multi-Institutional Analysis. *Front Oncol.* 2019;9:469. [PubMed](#)
19. Kroeze SGC, Fritz C, Kaul D, et al. Stereotactic radiotherapy concurrent to immune or targeted therapy for oligometastatic NSCLC: Clinical scenarios affecting survival. *Ann Oncol.* 2019;30(Suppl 2):ii63.
20. Lohaus F, Zophel K, Lock S, et al. Can Local Ablative Radiotherapy Revert Castration-resistant Prostate Cancer to an Earlier Stage of Disease? *Eur Urol.* 2019;75(4):548-551. [PubMed](#)
21. Malik NH, Keilty DM, Louie AV. Stereotactic ablative radiotherapy versus metastasectomy for pulmonary metastases: guiding treatment in the oligometastatic era. *J Thorac Dis.* 2019;11(Suppl 9):S1333-S1335. [PubMed](#)
22. Marcu LG, Marcu D. The role of hypofractionated radiotherapy in the management of head and neck cancer - a modelling approach. *J Theor Biol.* 2019;482:109998. [PubMed](#)

23. Matsuo Y. Stereotactic body radiotherapy as an alternative to metastasectomy for pulmonary oligometastasis. *J Thorac Dis.* 2019;11(Suppl 9):S1420-S1422. [PubMed](#)
24. Qiu H, Katz AW, Milano MT. Stereotactic body radiation therapy versus metastasectomy for oligometastases. *J Thorac Dis.* 2019;11(4):1082-1084. [PubMed](#)
25. Rodrigues G, Yartsev S, Roberge D, et al. A Phase II Multi-institutional Clinical Trial Assessing Fractionated Simultaneous In-Field Boost Radiotherapy for Brain Oligometastases. *Cureus.* 2019;11(12):e6394. [PubMed](#)
26. Scorsetti M, Comito T, Franzese C, et al. Role of stereotactic body radiation therapy in the management of oligometastatic pancreatic cancer: single institution experience. *Ann Oncol.* 2019;30(Suppl 4):iv107.
27. Spencer K, Velikova G, Henry A, Westhoff P, Hall PT, van der Linden YM. Net Pain Relief After Palliative Radiation Therapy for Painful Bone Metastases: a Useful Measure to Reflect Response Duration? A Further Analysis of the Dutch Bone Metastasis Study. *Int J Radiat Oncol Biol Phys.* 2019;105(3):559-566. [PubMed](#)
28. Stintzing S, Einem JV, Fueweger C, Haidenberger A, Fedorov M, Muavcevic A. Long-term Survival in Patients Treated with a Robotic Radiosurgical Device for Liver Metastases. *Cancer Res Treat.* 2019;51(1):187-193. [PubMed](#)
29. Wegner RE, Abel S, Hasan S, Schumacher LY, Colonias A. Stereotactic Body Radiotherapy (SBRT) for Oligometastatic Lung Nodules: A Single Institution Series. *Front Oncol.* 2019;9:334. [PubMed](#)
30. Wujanto C, Vellayappan B, Siva S, et al. Stereotactic Body Radiotherapy for Oligometastatic Disease in Non-small Cell Lung Cancer. *Front Oncol.* 2019;9:1219. [PubMed](#)
31. SABR Combats Metastatic Disease. *Cancer Discov.* 2018;8(12):1501-1502. [PubMed](#)
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Inappropriate Format (For Example, Conference Abstract, Protocol; n = 5):

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Appendix 7: Considerations for Meta-Analyses

Table 17: Rationale for Not Conducting Meta-Analysis

Outcome	Intervention	Comparator	Relevant studies	Meta-analysis appropriate?
Question 1: Clinical Effectiveness				
OS	SABR plus SOC ^a	SOC	RCTs: SABR-COMET: Palma et al. (2019) ³² and Palma et al. (2020) ⁵⁸ Iyengar et al. (2018) ⁶⁹	No: Data unavailability (i.e., HRs available for 1 of 2 studies)
			NRSs: Ji et al. (2021) ⁸⁰ Liu et al. (2021) ⁸¹	No: Discordant results (i.e., large variability in the direction, magnitude, and statistical significance of the results)
	SABR	SOC	NRSs: Hurmuz et al. (2020) ⁶⁵ van de Ven et al. (2020) ⁶⁴ He et al. (2018) ⁶⁷ Filippi et al. (2016) ⁶⁸ Widder et al. (2013) ⁶⁰ and Lodeweges et al. (2017) ⁶¹ Buergy et al. (2021) ⁷⁹	No: Discordant results (i.e., large variability in the direction, magnitude, and statistical significance of the results)
PFS	SABR plus SOC	SOC	RCTs: SABR-COMET: Palma et al. (2019) ³² and Palma et al. (2020) ⁵⁸ Iyengar et al. (2018) ⁶⁹	No: Point estimates similar in direction, magnitude, and statistical significance; limited benefit to pooling 2 studies
			NRSs: Ji et al. (2021) ⁸⁰	No: One study
	SABR	SOC	RCT: Phillips et al. (2020) ⁶³	No: One study
			NRSs: Hurmuz et al. (2020) ⁶⁵ van de Ven et al. (2020) ⁶⁴ Filippi et al. (2016) ⁶⁸ Widder et al. (2013) ⁶⁰ and Lodeweges et al. (2017) ⁶¹ Buergy et al. (2021) ⁷⁹	No: Data unavailability (i.e., HRs available for 2 studies)
Question 2: Safety				
AEs	SABR plus SOC	SOC	RCTs: SABR-COMET: Palma et al. (2019) ³²	No: Data variability (e.g., AEs included different AE grades reported, treatment

Outcome	Intervention	Comparator	Relevant studies	Meta-analysis appropriate?
			and Palma et al. (2020) ⁵⁸ Iyengar et al. (2018) ⁶⁹	vs. non-treatment-related AEs, or event data vs. patient data)
			NRSs: Ji et al. (2021) ⁸⁰ Liu et al. (2021) ⁸¹	No: Data variability (e.g., AEs included different AE grades reported, treatment vs. non-treatment-related AEs, or event data vs. patient data)
	SABR	SOC	RCT: Phillips et al. (2020) ⁶³	No: One study
			NRSs: De Bleser et al. (2019) ⁶⁶ He et al. (2018) ⁶⁷ Filippi et al. (2016) ⁶⁸ Buergy et al. (2021) ⁷⁹	No: Data variability (e.g., AEs included different AE grades reported, treatment vs. non-treatment-related AEs, or event data vs. patient data)

AE = adverse event; HR = hazard ratio; NRS = nonrandomized study; OS = overall survival; PFS = progression-free survival; RCT = randomized controlled trial; SABR = stereotactic ablative radiotherapy; SOC = standard of care.

*SOC may include surgery, conventional radiotherapy, chemotherapy, immunotherapy, hormonotherapy, other ablative treatment, targeted therapy, or no treatment (observation).

Appendix 8: Characteristics of Included Publications

Table 18: Characteristics of Included Primary Studies

Author (year); country; trial acronym (registry ID); source of funding ^a	Study design, analytical approach, follow-up	Eligibility criteria	Sample size, patient characteristics	Intervention, comparator	Relevant for clinical research question(s); relevant outcomes measured
RCTs					
Phillips et al. (2020) ⁶³ US Trial acronym: ORIOLE (NCT02680587) Funding source: Nesbitt-McMaster Foundation, Ronald Rose and Joan Lazar, Movember Foundation, Prostate Cancer Foundation, and the NCI; SDW/DT and Shanahan Cancer Research Funds; NIH Director's New Innovator Award; Virginia and D.K. Ludwig Fund for Cancer Research; CRK Faculty Scholar Fund; Transdisciplinary Integration of Population Science Program of Sidney Kimmel Cancer Center–Jefferson Health, and a Challenge Grant from	RCT, phase II, open-label, parallel trial from 3 US radiation treatment facilities affiliated within a university hospital. Two-sided Fisher exact test used for comparisons of progression events. The Kaplan–Meier method used to calculate PFS and the P values were calculated using the log-rank test. The Holm-Šidák method for multiple t-tests was used to compare Brief Pain Inventory responses (QoL outcome) between and within arms across time. All analysis was performed on an ITT basis. Median follow-up (IQR): Total: 18.8 (5.8 to 35.0) months.	Inclusion criteria: Adult patients (≥ 18 years of age) with recurrent hormone-sensitive prostate cancer and 1 to 3 asymptomatic metastatic tumours of the bone or soft tissue within the prior 6 months that are ≥ 5.0 cm on the largest axis or 250 cm ² . Certain hematology values must have been within a certain range to qualify (PSA, testosterone, leukocytes, neutrophils). Primary tumours were treated with surgery or radiation or both. ADT was not allowed within 6 months of enrolment. Patients must have a life expectancy ≥ 12 months and an ECOG performance status ≤ 2. Locations of metastasis were bone or soft tissue. Exclusion criteria: Patients who previously received more than 3 years of ADT, received ADT in the prior 6 months, or	Total N = 54 Median age (IQR): • SABR: 68 (61 to 70) years • observation: 68 (64 to 76) years Sex, % male: 100.0 Number of metastases per patient: 1 to 3 • Mean (nodal) = 1.39 (SABR), 1.22 (observation) • Mean (bone) = 0.64 (SABR), 0.44 (observation)	SABR (n = 36) • Dose: 19.5 to 48.0 Gy in 3 to 5 fractions) • Equipment: NR Observation (n = 18) • Details NR	Research questions: 1, 2 Outcomes Primary: progression events Secondary: • PFS • AEs • Health-related QoL Definitions: • Progression = a PSA rise ≥ 2 ng/dL and 25% above nadir; concern for radiologic progression by CT, MRI, or bone scan as determined by the reading radiologist; initiation of ADT; or death. Withdrawal from the study after randomization was considered progression. • PFS = Time from starting of treatment to time of progression. • AEs: Assessed by CTCAE version 4.0 • Health-related QoL: Assessed

Author (year); country; trial acronym (registry ID); source of funding ^a	Study design, analytical approach, follow-up	Eligibility criteria	Sample size, patient characteristics	Intervention, comparator	Relevant for clinical research question(s); relevant outcomes measured
the Prostate Cancer Foundation.		developed castration-resistant disease; patients with spinal cord compression, suspected pulmonary or liver metastases > 10 mm in largest axis, and received other investigational drugs; patients with certain hematology values outside a specific range (serum creatinine, bilirubin, transaminases).			using Brief Pain Inventory (Short Form)
<p>SABR-COMET</p> <p>Palma et al. (2019),³² Palma et al. (2020),⁵⁸ and Olson et al. (2019)⁵⁹</p> <p>Canada, the Netherlands, UK, and Australia</p> <p>Trial acronym: SABR-COMET (NCT01446744)</p> <p>Funding source: Ontario Institute for Cancer Research and a London Regional Cancer Program Catalyst Grant.</p>	<p>RCT, phase II, open-label, parallel trial from 10 hospital centres.</p> <p>A chi-square test or Fisher exact test was used to compare differences in rates of grade 2 or higher toxicity and LC rate between groups. The Kaplan–Meier method were used to calculate OS and PFS, and the stratified log-rank test was used to compared differences. Hazard ratios were calculated using Cox regression adjusted for stratification. All analysis was performed on an ITT basis.</p> <p>Short-term follow-up</p>	<p>Inclusion criteria: Adult patients (≥ 18 years of age) with 1 to 5 metastases in total and a maximum of 3 metastases in any single organ system (e.g., lung, liver, brain, bone), with good ECOG performance status (score 0 to 1), and a life expectancy of at least 6 months. The primary tumour had to have been treated definitively by resection, radiofrequency ablation, or radiotherapy at least 3 months before enrolment with no progression at that site since definitive treatment. Locations of primary tumour were breast, colorectal, lung, prostate, and other. Location of metastases included</p>	<p>Total N = 99</p> <p>Median age (IQR):</p> <ul style="list-style-type: none"> • SABR + systemic therapy: 66.8 (42.8 to 89.4) years • systemic therapy: 68.6 (44.2 to 87.0) years <p>Sex, % male:</p> <ul style="list-style-type: none"> • SABR + systemic therapy: 61 • systemic therapy: 58^{58,59} <p>Gender, % men^b</p> <ul style="list-style-type: none"> • SABR 	<p>SABR + Systemic therapy (n = 66)</p> <ul style="list-style-type: none"> • Systemic therapy = choice of systemic drugs at the discretion of the medical oncologist • SABR dose: 30 Gy to 60 Gy in 3 to 8 fractions depending on target size and location. Single fractions of 16 Gy to 24 Gy were permitted for target in brain and vertebrae • SABR equipment: Not specified; treatment delivery with static beams (either 3DCRT or intensity-modulated) or rotational therapy (VMAT or tomotherapy) <p>Systemic therapy (n = 33)</p> <ul style="list-style-type: none"> • Systemic therapy = choice 	<p>Research questions: 1,^{32,58,59} 2^{32,58}</p> <p>Outcomes</p> <p>Primary:</p> <ul style="list-style-type: none"> • OS^{32,58} <p>Secondary:</p> <ul style="list-style-type: none"> • PFS^{32,58} • toxicity^{32,58} • proportion of patients with LC^{32,58} • Health-related QoL^{32,58,59} <p>Definitions:</p> <ul style="list-style-type: none"> • OS = Time from randomization to death from any cause • PFS = Time from randomization to disease progression at any site or death • LC = The absence of progression in the

Author (year); country; trial acronym (registry ID); source of funding ^a	Study design, analytical approach, follow-up	Eligibility criteria	Sample size, patient characteristics	Intervention, comparator	Relevant for clinical research question(s); relevant outcomes measured
	<p>Median follow-up (IQR):</p> <ul style="list-style-type: none"> • SABR + systemic therapy: 26 (23 to 37) months • Systemic therapy: 25 (19 to 54) months³² <p>Long-term follow-up</p> <p>Median follow-up (IQR):</p> <ul style="list-style-type: none"> • Total: 51 (46 to 58) months⁵⁸ 	<p>adrenal, bone, liver, lung, and other (brain [3 lesions in systemic therapy; 1 lesion in SABR + systemic therapy], lymph nodes [1 lesion in control, 3 lesions in SABR + systemic therapy], and para-renal [1 in systemic therapy]). Metastases had to have been previously treated and controlled by resection, radiofrequency ablation, or radiotherapy.</p> <p>Exclusion criteria: Patients with serious comorbidities that preclude radiotherapy, metastasis in a femoral bone, hormone-sensitive disease, 1 to 3 brain metastases and no disease elsewhere, prior radiotherapy to a site requiring treatment, malignant pleural effusion, clinical or radiologic evidence of spinal cord compression OR tumour within 3 mm of spinal cord on MRI, dominant brain metastasis requiring surgical decompression, pregnancy, or lactation.</p>	<p>+ systemic therapy: 61</p> <ul style="list-style-type: none"> • systemic therapy: 58³² <p>Number of metastases per patient:</p> <ul style="list-style-type: none"> • 1 to 5; mean NR 	<p>of systemic drugs at the discretion of the medical oncologist</p> <ul style="list-style-type: none"> • Radiotherapy was also delivered according to the principles of palliative radiotherapy as per the individual institution, with the goal of alleviating symptoms or preventing imminent complications • Depending on tumour location and indication, treatment dose ranged from 8 Gy in 1 fraction to 30 Gy in 10 fractions. 	<p>lesions initially present at randomization</p> <ul style="list-style-type: none"> • Toxicity = Assessed by CTCAE version 4.0 • Health-related QoL = Assessed using FACT-G

Author (year); country; trial acronym (registry ID); source of funding ^a	Study design, analytical approach, follow-up	Eligibility criteria	Sample size, patient characteristics	Intervention, comparator	Relevant for clinical research question(s); relevant outcomes measured
<p>Iyengar et al. (2018)⁶⁹ US</p> <p>Trial acronym: NR (NCT02045446)</p> <p>Funding source: NR</p>	<p>RCT, phase II, open-label, parallel trial from a single institution.</p> <p>Survival analyses for PFS and OS were performed using Kaplan–Meier method. The log-rank test was used to test for difference between groups. All analysis was performed on an ITT basis.</p> <p>Median follow-up (IQR):</p> <ul style="list-style-type: none"> Total: 9.6 (2.4 to 30.2) months 	<p>Inclusion criteria: Adult patients (≥ 18 years of age) with a Karnofsky Performance Scale score of 70 + , with biopsy-proven metastatic lung (NSCLC; stage IV). Metastases allowed per patient were 1 to 5 lesions with no more than 3 sites in the liver or lung. Primary tumour (lung) had been treated with platinum-based chemotherapy, achieving stable disease or a partial response on imaging by RECIST. Locations of metastasis were lung, adrenal, mediastinum, axilla, liver, nasopharynx, bone (rib, spine).</p> <p>Exclusion criteria: Patients receiving first-line targeted therapy for EGFR-positive or ALK-positive lung (NSCLC); patients with previously irradiated primary disease progressed within 3 months of that treatment; patients with untreated or uncontrolled brain metastases or disease involving the gastrointestinal tract and skin.</p>	<p>Total N = 29</p> <p>Median age (IQR):</p> <ul style="list-style-type: none"> SABR + maintenance chemotherapy: 63.5 (51.0; 78.0) years Maintenance chemotherapy: 70.0 (51.0; 79.0) years <p>Sex; % male:</p> <ul style="list-style-type: none"> SABR + maintenance chemotherapy: 64.3 Maintenance chemotherapy: 73.3 <p>Number of metastases per patient:</p> <ul style="list-style-type: none"> NR; mean NR 	<p>SABR + maintenance chemotherapy (n = 14)</p> <ul style="list-style-type: none"> SABR dose: 21 to 27 Gy in 1 fraction; 26.5 to 33 Gy in 3 fractions; 30 to 37.5 Gy in 5 fractions SABR equipment: Conventional linear accelerators and specialized linear accelerators with image guidance (e.g., Novalis, Trilogy, Synergy, Artiste) were allowed as well as specialized accelerators (CyberKnife or tomotherapy) maintenance chemotherapy = erlotinib, pemetrexed, docetaxel, gemcitabine, or bevacizumab <p>Maintenance chemotherapy (n = 15)</p> <ul style="list-style-type: none"> erlotinib, pemetrexed, docetaxel, gemcitabine, or bevacizumab 	<p>Research Questions: 1, 2</p> <p>Outcomes</p> <p>Primary: PFS</p> <p>Secondary:</p> <ul style="list-style-type: none"> OS progression events toxicity <p>Definitions:</p> <ul style="list-style-type: none"> OS = Time to death from any cause PFS = Time to development of new lesions, progression of existing lesions, or death, which ever came first Toxicity = Assessed by CTCAE version 4.0

Author (year); country; trial acronym (registry ID); source of funding ^a	Study design, analytical approach, follow-up	Eligibility criteria	Sample size, patient characteristics	Intervention, comparator	Relevant for clinical research question(s); relevant outcomes measured
NRSs					
Buergy et al. (2021) ⁷⁹ Germany Trial acronym: NA Funding source: NR	Retrospective cohort study from 21 centres. The Kaplan–Meier method was used to calculate OS, PFS and unadjusted LC rates. A cumulative incidence function was used to calculate a competing risk-adjusted local recurrence rate (CRA-LRR). Median follow-up (mean): • Total: 11.7 (15.9) months	Inclusion criteria: Patients with adrenal metastasis irrespective of the primary cancer. Exclusion criteria: NR	Total N = 366 Mean age (SD): • Total: 64.8 (10.5) years Sex; % male: • Total: 63.8 • SABR: 65.8 • 3DCRT/IMRT: 53.8 • Palliative RT: 63.2 Number of metastases per patient: • At least 1 (366 metastases from 326 patients)	SABR (n = 232) • Dose: ≤ 12 fractions, BED10 ≥ 50 Gy • Equipment: NR 3DCRT/IMRT (N = 26) • Dose: > 12 fractions, BED10 ≥ 50 Gy • Equipment: NR Palliative RT (N = 68) • Dose: any fractionation using low prescription doses (BED < 50 Gy) • Equipment: NR	Research question: 1, 2 Outcomes • OS • PFS • LC • Toxicity Definitions: • OS = Interval from the end of RT to the day of death or censoring; survival curves were truncated at 60 months • PFS = Time from the end of the RT to any in- or out-of-field disease progression, according to RECIST 1.1 • LC = Time from the end of the RT to the radiological diagnosed local relapse (in-field and/or penumbra) • Toxicity = Assessed by CTCAE version 5.0; or any toxicity required treatment
Ji et al. (2021) ⁸⁰ China Trial acronym: NA Funding source: Natural Science Foundation of Jiangsu Province	Retrospective cohort study in a hospital. The Kaplan–Meier method was used to calculate OS and PFS rates. Potential confounders between	Inclusion criteria: Patients with liver-only oligometastatic pancreatic cancer, which was confirmed histologically or cytologically, or clinically diagnosed. Oligometastatic disease was defined as	Total N = 89 Age: • ≤ 60 years: 50% in SABR + chemotherapy; 47.3% in	SABR + chemotherapy (n = 34) • Dose: average 41.1 Gy (range of 25 to 50 Gy) given in 5 to 7 fractions • Equipment: CyberKnife under ultrasound or CT guidance	Research question: 1, 2 Outcomes • OS • PFS • Local progression events • Metastatic progression events

Author (year); country; trial acronym (registry ID); source of funding ^a	Study design, analytical approach, follow-up	Eligibility criteria	Sample size, patient characteristics	Intervention, comparator	Relevant for clinical research question(s); relevant outcomes measured
	<p>groups were adjusted using propensity scores-matched analysis. The Cox proportional hazards regression model was used to compare the relative treatment efficacy between groups. Competitive risk analysis was used to estimate the cumulative incidence of local progression and the cumulative incidence of metastatic progression.</p> <p>Median follow-up (95% CI):</p> <ul style="list-style-type: none"> • Total: 20.9 (17.7 to 24.1) months 	<p>having a maximum of 5 metastases in the liver (< 4 cm in size).</p> <p>Exclusion criteria: Patients who had previously been treated with abdominal radiotherapy and had a synchronous abdominal cancer or other cancers requiring treatment.</p>	<p>chemotherapy</p> <ul style="list-style-type: none"> • > 60 years: 50% in SABR + chemotherapy; 52.7% in chemotherapy <p>Sex; % male:</p> <ul style="list-style-type: none"> • SABR + chemotherapy: 64.7 • Chemotherapy: 60 <p>Number of metastases per patient:</p> <ul style="list-style-type: none"> • NR; mean NR 	<p>Chemotherapy (n = 55)</p> <ul style="list-style-type: none"> • gemcitabine and nab-paclitaxel, gemcitabine and oxaliplatin, gemcitabine and S-1, gemcitabine and nedaplatin, or gemcitabine alone • Cycles: 1 to > 4 	<ul style="list-style-type: none"> • Toxicity <p>Definitions:</p> <ul style="list-style-type: none"> • OS = Time from the start of treatment to the death due to any cause • PFS = Time from the start of treatment to the progression of any site or death • Local progression = Progression of tumor in the pancreas from the start of treatment • Metastatic progression = New metastases or progression of existing metastases from the start of treatment • Toxicity = Assessed by CTCAE version 5.0
<p>Liu et al. (2021)⁸¹ China Trial acronym: NA Funding source: NR</p>	<p>Retrospective cohort study from 1 institution.</p> <p>The Kaplan–Meier method and log-rank were used to estimate and compare survival among the groups. The Cox regression method was used to analyze the HR and 95% CI for OS.</p> <p>Median follow-up (range):</p> <ul style="list-style-type: none"> • Total: 25.8 (4.8 to 122.7) months 	<p>Inclusion criteria: Patients with metastatic renal cell carcinoma. Details were not reported. Metastatic sites: Lung, bone, liver, brain.</p> <p>Exclusion criteria: NR</p>	<p>Total N = 190</p> <p>Median age (range):</p> <ul style="list-style-type: none"> • Total: 54 (18 to 86) years • SABR + TKI: 55 (21 to 86) • TKI: 54 (18 to 83) <p>Sex, % male:</p> <ul style="list-style-type: none"> • Total: 77.4 • SABR + TKI: 	<p>SABR + TKI (n = 85)</p> <ul style="list-style-type: none"> • Dose: 81.9% patients received 35 to 45 Gy in 5 fractions, and the median BED3 of all irradiated sites was 146.7 Gy (range of 65.6 to 237.5 Gy) • Equipment: NR <p>TKI (n = 105)</p> <ul style="list-style-type: none"> • Usual dosage regimens according to treatment guidelines 	<p>Research question: 1, 2</p> <p>Outcomes</p> <ul style="list-style-type: none"> • OS • PFS • LC • Time to change of systemic therapy • Toxicity <p>Definitions:</p> <ul style="list-style-type: none"> • OS = Time of metastasis detection to the last follow-up

Author (year); country; trial acronym (registry ID); source of funding ^a	Study design, analytical approach, follow-up	Eligibility criteria	Sample size, patient characteristics	Intervention, comparator	Relevant for clinical research question(s); relevant outcomes measured
			78.8 • TKI: 76.2 Number of metastases per patient: • NR; mean NR Oligometastatic subgroup: • Total: N = 82 • SABR + TKI: n = 41 • TKI: n = 41		or death • PFS = Time from the start of SABR to disease progression or death • LC = Freedom from progression at the treated sites after SABR • Time to change of systemic therapy = Time from the start of first-line TKIs to the initiation of second-line therapy • Toxicity = Assessed by CTCAE version 4.0
Hurmuz et al. (2020) ⁶⁵ Turkey Trial acronym: TROG Funding source: NR	Retrospective cohort study from 10 institutions. The Kaplan–Meier method was used to calculate OS and PFS rates. Univariate analysis was performed via the log-rank test. Multivariate analyses were performed using the Cox proportional hazards model, using covariates with a P value of less than 0.05 in univariate analysis. Median follow-up (IQR):	Inclusion criteria: Patients with biopsy-proven prostate cancer (treated between 2014 and 2019) and synchronous or metachronous bone or lymph node metastasis limited to ≤ 5 sites detected with 68Ga-PSMA-PET/CT and with a minimum of 3 months of follow-up after MDT. Patients included hormone-naïve, hormone-sensitive, or castration-resistant disease; concurrent ADT or chemotherapy at the time of SBRT was allowed. Exclusion criteria: Patients with ECOG performance	Total N = 176 Median age (range): • Total: 65 (42 to 84) years Sex, % male: 100.0 Number of metastases per patient: • NR; mean NR	SABR with or without hormonotherapy (n = 129) • Median fraction number: 3 (range 1 to 5) • Median fraction dose: 9 Gy (range 5 Gy to 24 Gy) • Total SABR doses: 27 Gy (range 15 Gy to 40 Gy) • Equipment: NR Conventional RT with or without hormonotherapy (n = 47) • Median fraction number: 28 (range of 25 to 39) • Median fraction dose: 2 Gy (range 1.8 Gy to 2.0 Gy)	Research question: 1 Outcomes • OS • PFS • Local progression events Definitions: • OS = Definition NR • PFS = Definition NR

Author (year); country; trial acronym (registry ID); source of funding ^a	Study design, analytical approach, follow-up	Eligibility criteria	Sample size, patient characteristics	Intervention, comparator	Relevant for clinical research question(s); relevant outcomes measured
	<ul style="list-style-type: none"> Total: 22.9 (3.3 to 77.8) months 	status of ≥ 2 and patients treated previously with radiotherapy to the same oligometastatic site.		<ul style="list-style-type: none"> Total radiation doses: 60 Gy (range 40 Gy to 78 Gy) 	
van de Ven et al. (2020) ⁶⁴ The Netherlands Trial acronym: PRESENT (NCT02356497) Funding source: NR	<p>Prospective cohort study (subset of patients with oligometastatic disease from full PRESENT cohort) from single institution.</p> <p>Linear mixed models for repeated measures were used to compare QoL between groups. All QoL analyses were adjusted for primary tumour, WHO performance status, presence of non-bone metastases, number of metastases, whether all metastases were treated at baseline, and pain at baseline. Survival outcomes were assessed using the Kaplan–Meier method and were compared using the log-rank test.</p> <p>Median follow-up (IQR):</p> <ul style="list-style-type: none"> SABR: 25 (5 to 52) months 	<p>Inclusion criteria: Adult patients (≥ 18 years of age) with either synchronous or metachronous oligometastatic disease (≤ 5 metastatic lesions within ≤ 3 different organs). Primary tumours were located at various sites (prostate, breast, lung [NSCLC], kidney, other). Some patients had received treatment of primary tumour and previous treatment of metastases. Locations of metastasis were bone and other.</p> <p>Exclusion criteria: NR</p>	<p>Total N = 131</p> <p>Mean age:</p> <ul style="list-style-type: none"> SABR: 64.4 years 3DCRT: 68.3 years <p>Sex, % male:</p> <ul style="list-style-type: none"> SABR: 51.4 3DCRT: 48.6 <p>Number of metastases per patient:</p> <ul style="list-style-type: none"> NR; mean NR 	<p>SABR (n = 65)</p> <ul style="list-style-type: none"> Dose: 18 Gy in 1 fraction (35%); 10 Gy in 3 fractions (30%); 7 Gy in 5 fractions (20%) Equipment: NR <p>3DCRT (n = 66)</p> <ul style="list-style-type: none"> Dose: 8 Gy in 1 fraction (44%); 3 Gy in 10 fractions (36%); 4 Gy in 5 fractions (12%) 	<p>Research Question: 1</p> <p>Outcomes</p> <ul style="list-style-type: none"> OS PFS Pain response Health-related QoL <p>Definitions:</p> <ul style="list-style-type: none"> OS = Definition NR. PFS = Time from start of radiation therapy until the date of a radiologic confirmed progression event (local or distant), death, or end of follow-up. Pain response = Defined according to international consensus criteria using NRS and Brief Pain Inventory scores, pain medication and daily oral morphine equivalent based on returned QoL questionnaires or during follow-ups. QoL = Assessed using global, functional, and role scales): EORTC QLQ-BM22, EORTC

Author (year); country; trial acronym (registry ID); source of funding ^a	Study design, analytical approach, follow-up	Eligibility criteria	Sample size, patient characteristics	Intervention, comparator	Relevant for clinical research question(s); relevant outcomes measured
	<ul style="list-style-type: none"> • 3DCRT: 46 (9 to 55) months 				QLQ-C15-PAL, Brief Pain Inventory, EQ-5D.
De Bleser et al. (2019) ⁶⁶ Belgium, Italy, France, Switzerland, UK, Spain Trial acronym: NA Funding source: NIHR	<p>Retrospective cohort study from 15 centres in several European countries.</p> <p>The Fisher exact test was used for comparisons between treatment groups.</p> <p>Median follow-up (IQR):</p> <ul style="list-style-type: none"> • Total: 36 (23 to 56) months 	<p>Inclusion criteria: Male adult patients (≥ 18 years of age) with hormone-sensitive nodal metachronous oligorecurrent prostate cancer (5 or fewer lymph nodes). Primary tumours were treated with local therapy (either radical prostatectomy, radiotherapy, or both). Some patients had previous treatment of metastases with ADT (39% in SBRT; 32% in ENRT). Locations of metastasis were pelvic lymph nodes, extra-pelvic lymph nodes, both (i.e., both regional [N1] and distant [M1a] included).</p> <p>Exclusion criteria: Patients with synchronous prostate relapse and bone or visceral metastasis at recurrence; patients having a testosterone level of < 50 ng/dL at the time of metastatic recurrence; patients with oligometastases at primary diagnosis.</p>	<p>Total N = 506</p> <p>Median age (IQR):</p> <ul style="list-style-type: none"> • SABR: 63 (58 to 68) years • ENRT: 63 (59 to 68) years <p>Sex, % male: 100.0</p> <p>Number of metastases per patient:</p> <ul style="list-style-type: none"> • NR; mean NR 	<p>SABR with or without ADT (n = 309)</p> <ul style="list-style-type: none"> • SABR dose: minimum 5 Gy per fraction, maximum 10 fractions • SABR equipment: NR • ADT was provided at the discretion of the physician <p>ENRT with or without ADT (n = 197)</p> <ul style="list-style-type: none"> • ENRT dose: minimum dose of 45 Gy in 25 fractions (or biologic equivalent), with or without a simultaneous integrated boost to the suspicious nodes • ADT was provided at the discretion of the physician 	<p>Research Questions: 1, 2</p> <p>Outcomes</p> <ul style="list-style-type: none"> • Local progression events • Toxicity <p>Definition:</p> <ul style="list-style-type: none"> • Toxicity = Assessed by CTCAE or RTOG grading system
He et al. (2018) ⁶⁷ China	Retrospective cohort study from a single institution.	Inclusion criteria: Adult patients (≥ 18 years of age) with colorectal cancer that had been treated with tumour	<p>Total N = 26</p> <p>Median age (IQR):</p>	SABR (n = 11)	<p>Research questions: 1, 2</p> <p>Outcomes</p> <ul style="list-style-type: none"> • OS

Author (year); country; trial acronym (registry ID); source of funding ^a	Study design, analytical approach, follow-up	Eligibility criteria	Sample size, patient characteristics	Intervention, comparator	Relevant for clinical research question(s); relevant outcomes measured
Trial acronym: NA Funding source: None	<p>Chi-square test was used for comparisons between groups. Survival analyses for OS and LCS were performed using the Kaplan–Meier method for univariate analysis and Cox regression model for multivariate analysis.</p> <p>Median follow-up:</p> <ul style="list-style-type: none"> • Total: 13 months 	<p>radical resection, post-operative staging IIIA-C (N positive), normal liver function (Child-Pugh class A), and unsuitable for or unwilling to undergo surgical resection.</p> <p>Patients diagnosed with a limited number of metachronous liver metastases (≤ 3 metastatic lesions in the liver per patient).</p> <p>Exclusion criteria: Patients with tumour site exceeding 6 cm in diameter, more than 3 metastatic lesions in the liver, presence or metastatic sites other than liver, and tumour recurrence in the abdomen or pelvis.</p>	<ul style="list-style-type: none"> • Total: 71 (45 to 87) years <p>Sex, % male:</p> <ul style="list-style-type: none"> • SABR: 45.5 • 3DCRT: 73.3 <p>Number of metastases per patient:</p> <ul style="list-style-type: none"> • 1 to 3; mean NR 	<ul style="list-style-type: none"> • Equipment: Not specified; treatment delivered using 6-MV X-ray from 3 to 5 fields <p>3DCRT (n = 15)</p> <ul style="list-style-type: none"> • Dose: 50 Gy in 25 fractions (2 Gy per fraction; 32 lesions) 	<ul style="list-style-type: none"> • Toxicity <p>Definitions:</p> <ul style="list-style-type: none"> • OS = Time from the beginning of radiation therapy to death (or last known living contact) • Toxicity = Assessed by CTCAE version 3.0
Filippi et al. (2016) ⁶⁸ Italy Trial acronym: NA Funding source: NR	<p>Retrospective cohort study from a single institution.</p> <p>Chi-square test, Fisher exact test, t-test, or Wilcoxon rank sum test were used to compared variables. The Kaplan–Meier method was used to calculate OS and PFS, which were compared using the log-rank test.</p>	<p>Inclusion criteria: Adult patients (≥ 18 years of age) with colorectal adenocarcinoma previously treated with radical surgery, both synchronous and metachronous lung metastases (1 to 5 lesions), controlled primary tumour or controlled extra-lung metastases by local therapies or previous systemic therapies. The maximum</p>	<p>Total N = 170</p> <p>Median age (IQR):</p> <ul style="list-style-type: none"> • SABR: 72.1 (66.1 to 77.0) years • Surgery: 66.4 (59.3 to 72.4) years <p>Sex; % male:</p> <ul style="list-style-type: none"> • SABR: 50.0 	<p>SABR (n = 28)</p> <ul style="list-style-type: none"> • Doses: 26 Gy in 1 fraction (31 lesions), 45 Gy in 3 fractions (8 lesions), 55 Gy in 10 fractions (2 lesions), and 60 Gy in 8 fractions (2 lesions) • Equipment: Linear accelerator (Elekta Precise, Elekta, Stockholm, Sweden) or IG-VMAT with SABR being delivered with a linear accelerator (Elekta Axesse, 	<p>Research questions: 1, 2</p> <p>Outcomes</p> <ul style="list-style-type: none"> • OS • PFS • Toxicity • All progression events • Local progression events <p>Definitions:</p> <ul style="list-style-type: none"> • OS = Time from the date of treatment for lung metastases

Author (year); country; trial acronym (registry ID); source of funding ^a	Study design, analytical approach, follow-up	Eligibility criteria	Sample size, patient characteristics	Intervention, comparator	Relevant for clinical research question(s); relevant outcomes measured
	Median follow-up (IQR): <ul style="list-style-type: none"> • SABR: 27 (16.1 to 71.7) months • Surgery: 45.8 (13.6 to 107.1) months 	tumour diameter had to be ≤ 50 mm. Patients must have had adequate pulmonary function and an ECOG performance status of 0 to 1. Exclusion criteria: NR	<ul style="list-style-type: none"> • Surgery: 61.3 Number of metastases per patient: <ul style="list-style-type: none"> • 1 to 5; mean NR 	Elekta, Stockholm, Sweden). Surgery (n = 142) <ul style="list-style-type: none"> • 5 (3.5%) received a thoracoscopic resection, 96 (67.6%) a wedge resection, 37 (26%) an anatomic resection (n = 24 for lobectomy, n = 12 for segmentectomy, n = 1 for pneumonectomy); n = 4 (2.9%) for a combined resection (anatomic resection + wedge resection) 	(SBRT or surgery) to the date of death from any cause or to the last follow-up <ul style="list-style-type: none"> • PFS = Time from the date of the treatment for lung metastases (SBRT or surgery) to the date of progression (death or first local or distant recurrence) or to the last follow-up • Toxicity = Assessed by CTCAE version 3.0
Widder et al. (2013) ⁶⁰ and Lodeweges et al. (2017) ⁶¹ The Netherlands Trial acronym: NA Funding source: NR	Retrospective cohort study from a single institution. Survival times were estimated using the Kaplan–Meier method and differences were assessed using the log-rank test. Short-term follow-up Median follow-up (IQR): <ul style="list-style-type: none"> • Total: 43 (36 to 60) months⁶⁰ Long-term follow-up Median follow-up (IQR): <ul style="list-style-type: none"> • Total: 91.2 (69.6 to 117.6) months⁶¹ 	Inclusion criteria: Adult patients (≥ 18 years of age) with up to 5 pulmonary metastases from various types of primary tumour (colorectal, sarcoma, lung (NSCLC), kidney, other) previously treated by surgery or thermal ablation. Exclusion criteria: NR	Total N = 110 Median age (IQR): <ul style="list-style-type: none"> • SABR: 70 (49 to 89) years • Surgery: 61 (18 to 81) years Sex; % male: <ul style="list-style-type: none"> • SABR: 64.3 • Surgery: 54.4 Number of metastases per patient: <ul style="list-style-type: none"> • 1 to 5; mean NR 	SABR (n = 42) <ul style="list-style-type: none"> • Doses: 60 Gy; 3 fractions \times 20 Gy (for all lesions surrounded by lung tissues and that were lying outside of a 2 cm volume surrounding the proximal airways); 5 fractions \times 12 Gy (for lesions adjacent to the thoracic wall), 8 fractions \times 7.5 Gy (if the whole or part of a lesion was found within the 2 cm volume surrounding the central proximal airways). • Equipment: Dedicated stereotactic unit (Novalis, Brainlab, Feldkirchen, Germany) 	Research question: 1 Outcomes <ul style="list-style-type: none"> • OS • PFS • LC Definitions: <ul style="list-style-type: none"> • OS = NR • PFS = NR • LC = Freedom from local progression or recurrence at the treated site as event

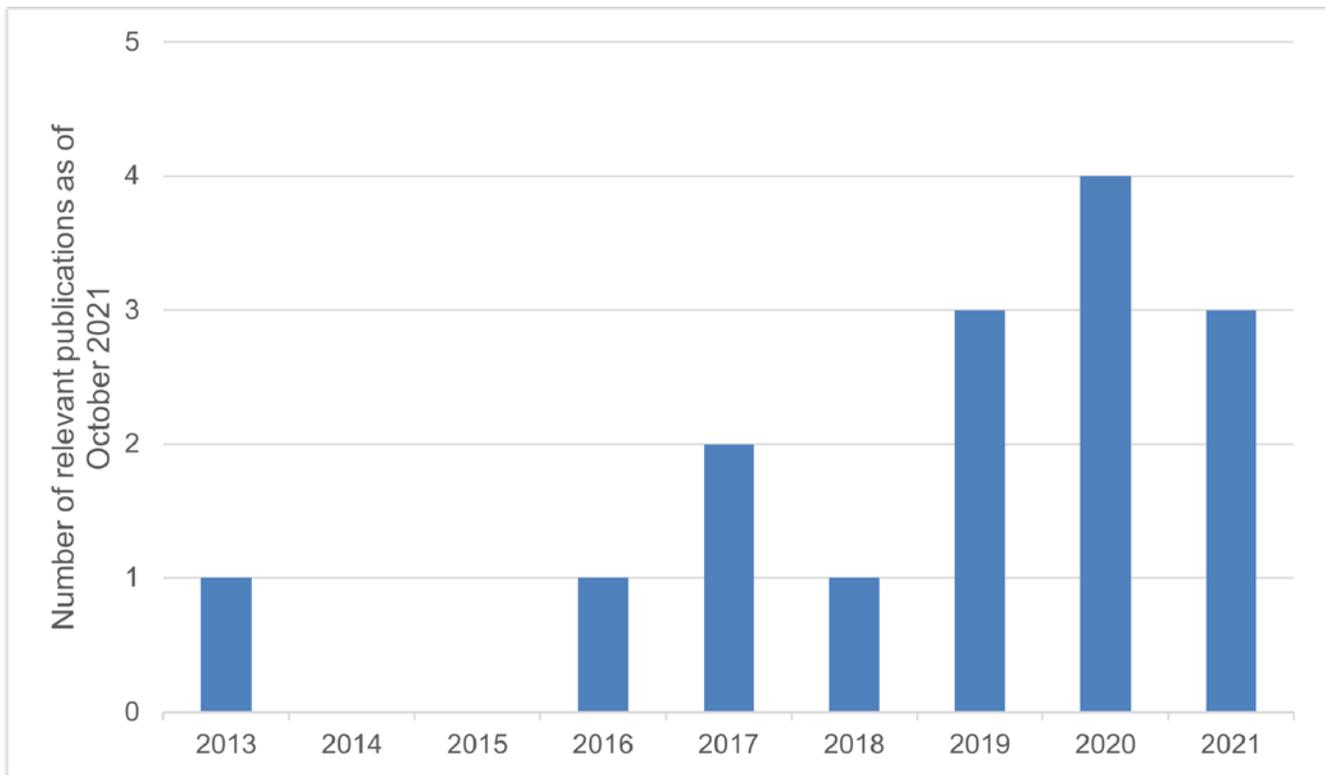
Author (year); country; trial acronym (registry ID); source of funding ^a	Study design, analytical approach, follow-up	Eligibility criteria	Sample size, patient characteristics	Intervention, comparator	Relevant for clinical research question(s); relevant outcomes measured
				Surgery (n = 68) • Pulmonary metastasectomy	

3DCRT = 3-dimensional conformal radiation therapy; ADT = androgen deprivation therapy; AE = adverse event; ALK = anaplastic lymphoma kinase; BED = biologically effective dose; CRA-LRR = competing risk-adjusted local recurrence rate; CI = confidence interval; CT = computed tomography; CTC/AE = Common Terminology Criteria for Adverse Events; ECOG = Eastern Cooperative Oncology Group; EGFR = estimated glomerular filtration rate; ENRT = elective nodal radiotherapy; EORTC = European Organisation for Research and Treatment of Cancer; FACT-G = Functional Assessment of Cancer Therapy-General; Gy = gray; HR = hazard ratio; IG-VMAT = image-guided volumetric modulated arc therapy; IMRT = intensity-modulated radiotherapy; IQR = interquartile range; ITT = intention to treat; LC = lesional control; LCS = local control survival; MDT = metastatic-directed therapy; MV = megavolt; MRI = MRI; N = node; NA = not applicable; NCI = National Cancer Institute; NIH = National Institutes of Health; NIHR = National Institute for Health Research; NR = not reported; NRS = nonrandomized study; NSCLC = non-small cell lung cancer; OS = overall survival; PET = PET; PFS = progression-free survival; PSA = prostate-specific antigen; PSMA = prostate-specific membrane antigen; QoL = quality of life; RCT = randomized controlled trial; RECIST = Response Evaluation Criteria In Solid Tumors; RT = radiotherapy; RTOG = Radiation Therapy Oncology Group; SABR = stereotactic ablative radiotherapy; SOC = standard of care; TKI = tyrosine kinase inhibitor; VMAT = volumetric modulated arc therapy.

^aStudies are presented by recency, followed by alphabetical order.

^bReported gender as described in the publication.

Figure 7: Number of Included Publications by Publication Year



Note: Some publications reported on the same study.

Appendix 9: Critical Appraisal of Included Studies

Table 19: Risk of Bias Among Randomized Controlled Trials (Cochrane Risk of Bias Tool 2⁵⁰)

Author (year); relevant for research question(s)	Bias arising from the randomization process	Bias due to deviations from intended interventions	Bias due to missing outcome data	Bias in measurement of the outcome	Bias in selection of the reported result	Overall risk of bias
Phillips et al. (2020) ⁶³ 1, 2	<p>High risk</p> <p>1.1 (Y). Allocation sequence random using an interactive web response system</p> <p>1.2 (NI). No information about whether allocation sequence was concealed until participants were enrolled and assigned to intervention</p> <p>1.3 (PY). The baseline differences between groups may suggest a problem with the randomization process (Gleason grade higher in the comparator arm vs. intervention arm;</p>	<p>Some concerns</p> <p>2.1 (Y). Participants were aware of their assigned intervention during the trial (open-label)</p> <p>2.2 (Y). Carers and people delivering the intervention were aware of the participants' assigned intervention during the trial (open-label)</p> <p>2.3 (NI). No information about whether there were deviations from the intended intervention that arose because of the trial context</p> <p>2.6 (Y). Appropriate analysis used to estimate the effect of assignment to intervention (ITT analysis)</p>	<p>PFS: Low risk</p> <p>AEs: Low risk</p> <p>QoL: Low risk</p> <p>Progression events: Low risk</p> <p>3.1 (Y for all outcomes). Outcome data available for all, or nearly all, participants randomized</p>	<p>PFS: Low risk</p> <p>AEs: Some concerns</p> <p>QoL: Some concerns</p> <p>Progression events: Low risk</p> <p>4.1 (PN for all outcomes). The method of measurement was probably not inappropriate (Kaplan–Meier method used to estimate PFS; CTCAE for AEs)</p> <p>4.2 (PN for all outcomes). It is not likely that the measurement or ascertainment of the outcome had been different between intervention groups</p> <p>4.3 (Y for all outcomes). Outcome assessors were aware of the intervention received by study participants</p> <p>4.4 (PY for AEs and QoL; PN for other outcomes). The assessment of the outcome probably could have been influenced by knowledge of the intervention received (can be some subjectivity for outcomes that involve assessment of a radiograph or clinical examination based on medical records, such as AE and QoL outcomes)</p> <p>4.5 (PN for all outcomes). It is not likely that the assessment of the outcome was influenced by the knowledge of the intervention received (PN)</p>	<p>Low risk</p> <p>5.1 (PY). Data that produced these results were probably analyzed in accordance with a pre-specified analysis plan</p> <p>The numerical result being assessed was not likely to have been selected, based on results from:</p> <ul style="list-style-type: none"> • 5.2 (PN). Multiple eligible outcome measurements within the outcome domain or • 5.3 (PN). Multiple eligible analyses of the data, based on the a priori protocol 	High risk

Author (year); relevant for research question(s)	Bias arising from the randomization process	Bias due to deviations from intended interventions	Bias due to missing outcome data	Bias in measurement of the outcome	Bias in selection of the reported result	Overall risk of bias
	higher proportion of patients in intervention arm received prior ADT (PY)					
SABR-COMET Palma et al. (2019), ³² Palma et al. (2020), ⁵⁸ Olson et al. (2019) ⁵⁹ 1, ^{32,58,59} 2 ^{32,58}	High risk 1.1 (Y). Allocation sequence randomized using a computer-generated randomization list with permuted blocks of 9 stratified by the number of metastases (1 to 3 vs. 4 to 5) 1.2 (NI). No information about whether allocation sequence was concealed until participants were enrolled and assigned to intervention 1.3 (PY). The baseline differences	Some concerns 2.1 (Y). Participants were aware of their assigned intervention during the trial (open label) 2.2 (Y). Carers and people delivering the intervention were aware of the participants' assigned intervention during the trial (open label) 2.3 (PN). No major deviations from the intended intervention arose because of the trial context (1 patient from comparator group withdrew consent for further follow-up to pursue SABR) ³² 2.4 (PY). Probably no imbalance in deviations from intended intervention between	OS: Low risk PFS: Low risk AEs: Low risk LC: Low risk QoL: Low risk 3.1 (Y for all outcomes) Outcome data available for all, or nearly all, participants randomized	OS: Low risk PFS: Low risk AEs: Some concerns LC: Low risk QoL: Some concerns 4.1 (PN for all outcomes). The method of measurement was probably not inappropriate (Kaplan–Meier method was used to estimate PFS and OS; CTCAE v.4 used to assess toxicity; FACT-G was used to assess QoL) 4.2 (PN for all outcomes). It is not likely that the measurement or ascertainment of the outcome had been different between intervention groups 4.3 (NI for all outcomes). No information about whether outcome assessors were aware of the intervention received by study participants 4.4 (PY for AEs and QoL; PN for other outcomes). The assessment of the outcome probably could have been influenced by knowledge of the intervention received (can be some subjectivity for outcomes that involve assessment of a radiograph or clinical examination based on medical records, such as LC, AE, and QoL outcomes) 4.5 (PN for all outcomes). It is not likely that the	Low risk 5.1 (PY) Data that produced these results were probably analyzed in accordance with a pre-specified analysis plan The numerical result being assessed was not likely to have been selected, based on results from: • 5.2 (PN). Multiple eligible outcome measurements within the outcome domain or • 5.3 (PN). Multiple eligible analyses of the data (PN), based on the a priori protocol	High risk

Author (year); relevant for research question(s)	Bias arising from the randomization process	Bias due to deviations from intended interventions	Bias due to missing outcome data	Bias in measurement of the outcome	Bias in selection of the reported result	Overall risk of bias
	between groups may suggest a problem with the randomization process (intervention group had a preponderance of patients with prostate cancer and all the patients had 5 metastases)	groups 2.5 (NA). ³² 2.6 (Y). Appropriate analysis used to estimate the effect of assignment to intervention (ITT analysis)		assessment of the outcome was influenced by the knowledge of the intervention received		
Iyengar et al. (2018) ⁶⁹ 1, 2	<p>Some concerns</p> <p>1.1 (NI). No information about whether allocation sequence was random</p> <p>1.2 (NI). No information about whether allocation sequence was concealed until participants were enrolled and assigned to intervention</p> <p>1.3 (N). The lack of baseline differences</p>	<p>Some concerns</p> <p>2.1 (Y). Participants were aware of their assigned intervention during the trial (open-label)</p> <p>2.2 (Y). Carers and people delivering the intervention were aware of the participants' assigned intervention during the trial (open-label)</p> <p>2.3 (NI). No information about whether there were deviations from the intended intervention that arose because of the trial context (NI)</p> <p>2.6 (Y). Appropriate</p>	<p>OS: Low risk</p> <p>PFS: Low risk</p> <p>AEs: Low risk</p> <p>Progression events: Low risk</p> <p>3.1 (Y for all outcomes) Outcome data available for all, or nearly all, of the randomized participants</p>	<p>PFS: Low risk</p> <p>AEs: Some concerns</p> <p>Progression events: Some concerns</p> <p>4.1 (PN for all outcomes). The method of measurement was probably not inappropriate (Kaplan–Meier method was used to estimate PFS and OS)</p> <p>4.2 (PN for all outcomes). It is not likely that the measurement or ascertainment of the outcome been different between intervention groups</p> <p>4.3 (NI for all outcomes). No information about whether outcome assessors were aware of the intervention received by study participants</p> <p>4.4 (PY for AEs and progression events; PN for PFS). The assessment of the outcome probably could have been influenced by knowledge of the intervention received (can be some subjectivity in the assessment of AE outcomes)</p>	<p>Low risk</p> <p>5.1 (PY). Data that produced these results were probably analyzed in accordance with a pre-specified analysis plan</p> <p>The numerical result being assessed was not likely to have been selected, based on results from:</p> <ul style="list-style-type: none"> • 5.2 (PN). Multiple eligible outcome measurements within the 	Some concerns

Author (year); relevant for research question(s)	Bias arising from the randomization process	Bias due to deviations from intended interventions	Bias due to missing outcome data	Bias in measurement of the outcome	Bias in selection of the reported result	Overall risk of bias
	between groups does not suggest a problem with the randomization process	analysis used to estimate the effect of assignment to intervention (ITT analysis)		4.5 (PN for all outcomes). It is not likely that the assessment of the outcome was influenced by the knowledge of the intervention received	outcome domain or <ul style="list-style-type: none"> 5.3 (PN). Multiple eligible analyses of the data, based on the a priori protocol 	

ADT = androgen deprivation therapy; AE = adverse event; CTCAE = Common Terminology Criteria for Adverse Events version 4.0; FACT-G = Functional Assessment of Cancer Therapy–General; ITT = intention to treat; N = no; NA = not applicable; NI = no information; OS = overall survival; PFS = progression-free survival; PN = probably no; PY = probably yes; QoL = quality of life; SABR = stereotactic ablative radiotherapy; Y = yes.

Table 20: Risk of Bias Among Nonrandomized Studies (RoBANS^{51,52})

Author (year); relevant for research question(s)	The possibility of the target group comparisons	Target group selection	Confounder	Exposure measurement	Blinding of assessors	Outcome assessment	Incomplete outcome data	Selective outcome reporting	Overall risk-of-bias judgment
	Selection bias due to selection of inappropriate comparison target group	Selection bias due to inappropriate intervention or inappropriate selection of exposure group or patient group	Selection bias due to inappropriate confounder confirmation and consideration	Performance bias due to inappropriate intervention or inappropriate exposure measurement	Confirmation bias due to inappropriate blinding of assessors	Confirmation bias due to inappropriate outcome assessment methods	Attrition bias due to inappropriate handling of incomplete data	Reporting bias due to selective outcome reporting	
Buergy et al. (2021) ⁷⁹ 1, 2	Low; not clinically relevant or statistically significant differences between the three groups	Unclear; unknown about inclusion or exclusion criteria	Unclear; Unclear confounders were considered during planning, patient selection or analysis	Low; Retrospective review of medical records, standardized measurements	Low; main end points are time-to-event (survival) outcomes	OS: Low PFS: Low LC: Low AEs: Low Outcomes likely confirmed with medical records	OS: Unclear PFS: Unclear LC: Unclear AEs: Unclear Unclear if all participant data were included in the analyses	Unclear; no protocol to verify	Some concerns
Ji et al. (2021) ⁸⁰ 1, 2	High; groups differ in some of the main characteristics (performance status, year of diagnosis, T category)	Low; participant recruitment strategy (standards for inclusion and exclusion and selection method) was the same for both groups	Low; groups were propensity-score-matched to reduce differences	Low; Retrospective review of medical records, standardized measurements	Low; main end points are time-to-event (survival) outcomes	OS: Low PFS: Low AEs: Low Outcomes likely confirmed with medical records	OS: Unclear PFS: Unclear AEs: Unclear Unclear if all participant data were included in the analyses	Unclear; no protocol to verify	High risk

Author (year); relevant for research question(s)	The possibility of the target group comparisons	Target group selection	Confounder	Exposure measurement	Blinding of assessors	Outcome assessment	Incomplete outcome data	Selective outcome reporting	Overall risk-of-bias judgment
	Selection bias due to selection of inappropriate comparison target group	Selection bias due to inappropriate intervention or inappropriate selection of exposure group or patient group	Selection bias due to inappropriate confounder confirmation and consideration	Performance bias due to inappropriate intervention or inappropriate exposure measurement	Confirmation bias due to inappropriate blinding of assessors	Confirmation bias due to inappropriate outcome assessment methods	Attrition bias due to inappropriate handling of incomplete data	Reporting bias due to selective outcome reporting	
Liu et al. (2021) ⁸¹ 1, 2	High; groups differ in some of the main characteristics (age, metastatic site)	Low; participant recruitment strategy (standards for inclusion and exclusion and selection method) was the same for both groups	Low; confounders were confirmed and considered during planning and analysis stages	Low; Retrospective review of medical records, standardized measurements	Low; main end points are time-to-event (survival) outcomes	OS: Low AEs: Low Outcomes likely confirmed with medical records	OS: Low AEs: Low No missing data in the analyses of all outcomes	Unclear; no protocol to verify	High risk
Hurmuz et al. 2020 ⁶⁵ 1	Unclear; patient characteristics of each group were not reported individually	Unclear; unknown whether participants selected from the 10 centres were balanced between groups	Unclear; some confounders were adjusted for PFS, but not for OS	Low; data obtained from medical records	Low; main end points are time-to-event (survival) outcomes	OS: Low PFS: Low Local Progression: Low Outcomes confirmed with medical records	OS: Unclear PFS: Unclear Local Progression: Unclear Unclear if all participant data were included in the analyses	Unclear; no protocol to verify	Some concerns
van de Ven et al.	High; groups differ in some of the main	Low; participant recruitment strategy	Low; confounders were confirmed	Low; data were obtained from patient records	Low; main end points are time-to-event	OS: Low PFS: Low Pain response:	OS: Low PFS: Low Pain response:	Low; registered protocol a priori with	High risk

Author (year); relevant for research question(s)	The possibility of the target group comparisons	Target group selection	Confounder	Exposure measurement	Blinding of assessors	Outcome assessment	Incomplete outcome data	Selective outcome reporting	Overall risk-of-bias judgment
	Selection bias due to selection of inappropriate comparison target group	Selection bias due to inappropriate intervention or inappropriate selection of exposure group or patient group	Selection bias due to inappropriate confounder confirmation and consideration	Performance bias due to inappropriate intervention or inappropriate exposure measurement	Confirmation bias due to inappropriate blinding of assessors	Confirmation bias due to inappropriate outcome assessment methods	Attrition bias due to inappropriate handling of incomplete data	Reporting bias due to selective outcome reporting	
(2020) ⁶⁴ 1	characteristics (age, type of metastases, pain)	(standards for inclusion and exclusion and selection method) was the same for both groups	and considered during planning and analysis stages		(survival) outcomes	Low QoL: Low Outcomes confirmed with medical records	High QoL: High Not all patient data used in the analysis of QoL (authors excluded all patients with no pain at baseline)	ClinicalTrials.gov (NCT02356497)	
De Bleser et al. (2019) ⁶⁶ 1, 2	High; groups differ in some of the main characteristics (use of adjuvant ADT at the time of MDT)	Unclear; unknown whether participants selected from the 15 centres were balanced between groups	Low; confounders were confirmed and considered during planning and analysis stages	Low; data were obtained from patient records from multiple centres	Low; main end points are time-to-event (survival) outcomes	Local progressions: Low AEs: Low Outcomes likely confirmed with medical records	Local progressions: Unclear AEs: Unclear Unclear if all participant data were included in the analyses	Unclear; no protocol to verify	High risk
He et al. (2018) ⁶⁷ 1, 2	Low; no statistical differences between	Low; participant recruitment strategy (standards	Unclear; unclear whether confounders were confirmed	Low; data were obtained from patient records	Low; main end points are time-to-event	OS: Low AEs: Low Outcomes likely	OS: Unclear AEs: Unclear Unclear if all	Unclear; no protocol to verify	Some concerns

Author (year); relevant for research question(s)	The possibility of the target group comparisons	Target group selection	Confounder	Exposure measurement	Blinding of assessors	Outcome assessment	Incomplete outcome data	Selective outcome reporting	Overall risk-of-bias judgment
	Selection bias due to selection of inappropriate comparison target group	Selection bias due to inappropriate intervention or inappropriate selection of exposure group or patient group	Selection bias due to inappropriate confounder confirmation and consideration	Performance bias due to inappropriate intervention or inappropriate exposure measurement	Confirmation bias due to inappropriate blinding of assessors	Confirmation bias due to inappropriate outcome assessment methods	Attrition bias due to inappropriate handling of incomplete data	Reporting bias due to selective outcome reporting	
	groups in pre-treatment clinical characteristics	for inclusion and exclusion and selection method) was the same for both groups	and considered during planning and analysis stages for OS outcome		(survival) outcomes	confirmed with medical records	participant data were included in the analyses		
Filippi et al. (2016) ⁶⁸ 1, 2	High; groups differ in some of the main characteristics (age, period of treatment)	Low; participant recruitment strategy (standard inclusion and exclusion selection method) was the same for both groups	Low; confounders were confirmed and considered during planning and analysis stages	Low; data were obtained from patient records	Low; main end points are time-to-event (survival) outcomes	OS: Low PFS: High AEs: Low Progressions: Low Outcomes confirmed with medical records Low validity of the PFS comparison due to different follow-up protocols used for the 2 cohorts.	OS: High PFS: High AEs: High Progressions: High More patients lost to follow-up in the intervention group (25%) compared to the control group (0.7%)	Unclear; no protocol to verify	High risk

Author (year); relevant for research question(s)	The possibility of the target group comparisons	Target group selection	Confounder	Exposure measurement	Blinding of assessors	Outcome assessment	Incomplete outcome data	Selective outcome reporting	Overall risk-of-bias judgment
	Selection bias due to selection of inappropriate comparison target group	Selection bias due to inappropriate intervention or inappropriate selection of exposure group or patient group	Selection bias due to inappropriate confounder confirmation and consideration	Performance bias due to inappropriate intervention or inappropriate exposure measurement	Confirmation bias due to inappropriate blinding of assessors	Confirmation bias due to inappropriate outcome assessment methods	Attrition bias due to inappropriate handling of incomplete data	Reporting bias due to selective outcome reporting	
Widder et al. (2013) ⁶⁰ and Lodeweges et al. (2017) ⁶¹ 1, 2	High; groups differ in some of the main characteristics (age, primary tumour, metastasis-free interval, prior chemotherapy)	Unclear; participant recruitment strategy (selection method) not clearly described	Low; confounders were confirmed and considered during planning and analysis stages	Low; data were obtained from patient records	Low; main end points are time-to-event (survival) outcomes	OS: Low PFS: Low LC: Low Outcomes likely confirmed with medical records	OS: Low PFS: Low LC: Low No missing data in the analyses of all outcomes	Unclear; no protocol to verify	High risk

ADT = androgen deprivation therapy; AE = adverse event; LC = lesional control; MDT = metastatic-directed therapy; OS = overall survival; PFS = progression-free survival; RoBANS = Risk of Bias Assessment Tool for Nonrandomized Studies; QoL = quality of life.

Appendix 10: Main Study Findings

Table 21: Overall Survival

Author (year); Design; RoB	Treatments (Intervention vs. comparator) Follow-up	Death events; n	OS rate, % (95% CI)					Median OS (95% CI); months	Unadj HR (95% CI)	Adj HR (95% CI)
			1-year	2-year	3-year	4-year	5-year			
RCTs										
SABR-COMET Palma et al. (2019) ³² and Palma et al. (2020) ⁵⁸ RCT RoB: High	SABR + systemic therapy (n = 66) vs. systemic therapy alone (n = 33) Short-term Median F/U (IQR): • SABR + systemic therapy: 26 (23 to 37) months • Systemic therapy: 25 (19 to 54) months ³² Long-term Median F/U (IQR): Total: 51 (46 to 58) months ⁵⁸	Short-term F/U: 24 vs. 16 Long-term F/U: 35 vs. 24	Short- and long-term F/U: NR	Short-term F/U: NR Long-term F/U: 42.3 (28 to 56) vs. 17.7 (6 to 34)	Short-term F/U: 41 (26 to not reached) vs. 28 (19 to 33) Long-term F/U: 50 (29 to 83) vs. 28 (18 to 39)	Short-term F/U: 0.57 (0.30 to 1.10); P = 0.09 Long-term F/U: 0.47 (0.27 to 0.81); P = 0.006	Short and long-term F/U: NR			
Authors' conclusions: "In patients with a controlled primary tumour and one to five oligometastases, SABR is associated with a 13-month increase in overall survival. With extended follow-up, the impact of SABR on OS was larger in magnitude than in the initial analysis and durable over time." ³²										
Iyengar et al. (2018) ⁶⁹ RCT	SABR + chemotherapy (n = 14) vs. chemotherapy alone (n = 15)	NR	NR	NR	NR	NR	NR	Not reached (NR) vs. about 1 year without crossover; 17 months with	NR	NR

Author (year); Design; RoB	Treatments (Intervention vs. comparator) Follow-up	Death events; n	OS rate, % (95% CI)					Median OS (95% CI); months	Unadj HR (95% CI)	Adj HR (95% CI)
			1-year	2-year	3-year	4-year	5-year			
RoB: Some concerns	Median F/U (IQR): Total: 9.6 (2.4 to 30.2) months							crossover (NR)		
Authors' conclusions: "Median OS was not reached for the SABR plus maintenance chemotherapy arm, though the study was not powered to show a statistical difference in survival." ⁶⁹										
NRSs										
Buergy et al. (2021) ⁷⁹ Retrospective cohort RoB: Some concerns	SABR (n = 232) vs. 3DCRT/IMRT (n = 26) vs. Palliative RT (n = 68) Median F/U (mean): Total: 11.7 (15.9) months	NR	67.1(NR) vs. 34.6 (NR) vs. (62.5 (NR)	45.6 (NR) vs. 26.9 (NR) vs. 27.0 (NR) P = 0.041 for SABR vs. Palliative RT P = 0.0028 for SABR vs. 3DCRT/IMRT	NR	NR	NR	19.1 (NR) vs. 5.7 (NR) vs. 17.1 (NR)	NR	NR
Authors' conclusions: "OS was longer after SABR compared to other groups (P < 0.05)." ⁷⁹										
Ji et al. (2021) ⁸⁰ Retrospective cohort RoB: High	SABR + chemotherapy (n = 34) vs. chemotherapy alone (n = 55) Median F/U (95% CI):	NR	34.0 (17.8 to 65.1) vs. 16.5 (5.9 to 46.1); P = 0.115	NR	NR	NR	NR	8.9 (5.7 to 18.8) vs. 7.5 (6.0 to 9.6); P = NR; NS	NR	Overall: 0.58 (0.29 to 1.15) ^b 1° tumor in head of pancreas: 0.28 (0.09 to 0.90)

Author (year); Design; RoB	Treatments (Intervention vs. comparator) Follow-up	Death events; n	OS rate, % (95% CI)					Median OS (95% CI); months	Unadj HR (95% CI)	Adj HR (95% CI)
			1-year	2-year	3-year	4-year	5-year			
	Total: 20.9 (17.7 to 24.1) months									Patients with good performance status (ECOG 0 to 1): 0.24 (0.07 to 0.86)
Authors' conclusions: "The addition of SBRT to chemotherapy in patients with liver-only oligometastatic pancreatic cancer improves the OS of those with primary tumor located in the head of pancreas or good performance status." ⁸⁰										
Liu et al. (2021) ⁸¹ Retrospective cohort RoB: High	SABR + TKI (n = 85) vs. TKI alone (n = 105) Median F/U (range): Total: 25.8 (4.8 to 122.7) months	NR	NR	NR	NR	NR	NR	NR	Oligo-metastasis subgroup (n=82): 0.33 (0.15 to 0.76); P = 0.009	NR
Authors' conclusions: "Combining SBRT with TKIs is tolerable and associated with longer OS in selected patients, such as those with oligometastases and favorable or intermediate risk." ⁸¹										
Hurmuz et al. (2020) ⁶⁵ Retrospective cohort RoB: Some concerns	SABR ± hormonotherapy (n = 129) vs. conventional fractionation radiotherapy ± hormonotherapy (n = 47) Median F/U (IQR): Total: 22.9 (3.3 to 77.8) months	NR	NR	87.7 (NR) vs. 87.3 (NR); P = 0.91	NR	NR	NR	NR	NR	NR
Authors' conclusions: "There was no significant difference in OS between patients treated with SBRT and conventional fractionation." ⁶⁵										

Author (year); Design; RoB	Treatments (Intervention vs. comparator) Follow-up	Death events; n	OS rate, % (95% CI)					Median OS (95% CI); months	Unadj HR (95% CI)	Adj HR (95% CI)	
			1-year	2-year	3-year	4-year	5-year				
van de Ven et al. (2020) ⁶⁴ Prospective cohort RoB: High	SABR (n = 65) vs. 3DCRT (n = 66) Median F/U (IQR): • SABR: 25 (5 to 52) months • 3DCRT: 46 (9 to 55) months	3 months: 2 vs. 5; 6 months: 4 vs. 13; 12 months: 6 vs. 20	85 (NR) vs. 65 (NR)	NR	NR	NR	NR	NR	Not reached (NR) at 18 months; P < 0.0001 vs. NR	0.44 (0.24 to 0.81); P = NR	NR
Authors' conclusions: "OS survival rates were significantly better in the SBRT group, which is probably largely due to selection of patients, and confirmed by the differences in baseline between the two treatment groups." ⁶⁴											
He et al. (2018) ⁶⁷ Retrospective cohort RoB: Some concerns	SABR (n = 11) vs. 3DCRT (n = 15) Median F/U: Total: 13 months	NR	68.2 (NR) vs. 55.8 (NR)	40.9 (NR) vs. 16.0 (NR)	20.5 (NR) vs. 0.0 (NR)	NR	NR	20 (NR) vs. 14 (NR)	0.61 (0.23 to 1.65); P = 0.323	NR	
Authors' conclusions: "The slightly better overall survival...in the stereotactic body radiation therapy group in comparison to the conformal radiation therapy group...is insignificant." ⁶⁷ The authors acknowledged that the OS results might be affected by study's limitations, i.e., small sample size, differences in study and patient characteristics between groups, and the lack chemotherapy after SABR or RTRT.											
Filippi et al. (2016) ⁶⁸ Retrospective cohort RoB: High	SABR (n = 28) vs. surgery (n = 142) Median F/U (IQR): • SABR: 27 (16.1 to 71.7) months • Surgery: 45.8 (13.6 to 107.1) months	10 vs. 37	89 (70 to 96) vs. 96 (92 to 99)	77 (56 to 89) vs. 82 (74 to 87)	NR	NR	NR	NR	1.7 (0.84 to 3.43); P = 0.139	1.71 (0.82 to 3.54); P = 0.149 ^c	
Authors' conclusions: "Patients treated with SBRT for CRC lung oligometastases could achieve overall survival rates at 2 years comparable with surgery." ⁶⁸											

Author (year); Design; RoB	Treatments (Intervention vs. comparator) Follow-up	Death events; n	OS rate, % (95% CI)					Median OS (95% CI); months	Unadj HR (95% CI)	Adj HR (95% CI)
			1-year	2-year	3-year	4-year	5-year			
Widder et al. (2013) ⁶⁰ and Lodeweges et al. (2017) ^{61a} Retrospective cohort RoB: High	SABR (n = 42) vs. surgery (PME) (n = 68) Short-term F/U: Median F/U (IQR): Total: 43 (36 to 60) months ⁶⁰ Long-term F/U: Median F/U (IQR): Total: 91.2 (69.6 to 117.6) months ⁶¹	Short-term F/U: 17 vs. 35 Long-term F/U: NR	Short- and long-term F/U: 98 (84 to 100) vs. 87 (76 to 93)	Short- and long-term F/U: 86 (71 to 93) vs. 74 (61 to 82)	Short-term F/U: 60 (42 to 73) vs. 62 (49 to 73) Long-term F/U: 64 (48 to 77) vs. 63 (51 to 73)	Short-term F/U: 60 (42 to 73) vs. 47 (33 to 59) Long-term F/U: 57 (41 to 70) vs. 50 (38 to 61)	Short-term F/U: 49 (25 to 69) vs. 41 (27 to 54) Long-term F/U: 45 (30 to 59) vs. 41 (29 to 53)	Short- and long-term F/U: NR	Short-term F/U: 0.79 (0.43 to 1.42); P = 0.427 Long-term F/U: 1.11 (0.70 to 1.75); P = NR; NS	Short-term F/U: NR Long-term F/U: 0.76 (0.38 to 1.54); P = NR; NS ^d
Authors' conclusions: "Although SABR was second choice after PME, survival after PME was not better than after SABR." ⁶⁰										

3DCRT = 3-dimensional conformal radiation therapy; adj = adjusted; CI = confidence interval; CRC = colorectal cancer; F/U = follow-up; HR = hazard ratio; IMRT = Intensity-modulated radiation therapy; IQR = interquartile range; NR = not reported; NS = non-significant; OS = overall survival; PME = pulmonary metastasectomy; RoBANS = Risk of Bias Assessment Tool for Nonrandomized Studies; RCT = randomized controlled trial; RoB: risk of bias; RT = radiotherapy; SABR = stereotactic ablative radiotherapy; SBRT = stereotactic body radiation therapy; TKI = tyrosine kinase inhibitor; unadj = unadjusted; vs. = versus.

^aOS rates at 6, 7, and 8 years for SABR vs. surgery (PME) were 35% (95% CI, 21% to 50%) vs. 37% (95% CI, 26% to 48%), 29% (95% CI, 16% to 44%) vs. 35% (95% CI, 24% to 46%), and 13% (95% CI, 3% to 30%) vs. 35% (95% CI, 24% to 46%), respectively.

^bAnalyses of OS in matched population adjusted for T stage, N stage, gender, age, performance status, primary pancreatic tumor location, CA19-9, and year of diagnosis.

^cAdjusted for gender, age at treatment, Charlson score, and carcinoembryonic antigen.

^dPropensity score adjustment was based on age, primary tumor, prior chemotherapy, number of prior local treatments for metastases, number of lesions, and MFI (duration from discovery or primary tumor of first detection of any metastases).

Table 22: Progression-Free Survival

Author (year); Design; RoB	Treatments (intervention vs. comparator) Follow-up	Progression events; n	PFS rate, % (95% CI)						Median PFS (95% CI); months	Unadj HR (95% CI)	Adj HR (95% CI)
			6-month	1-year	2-year	3-year	4-year	5-year			
RCTs											
Phillips et al. (2020) ⁶³ RCT RoB: High	SABR (n = 36) vs. Observation (n = 18) Median F/U (IQR): Total: 18.8 (5.8 to 35.0) months	7 vs. 11; P = 0.005	19 (9.6 to 35.4) vs. 61 (38.5 to 79.6)	NR	NR	NR	NR	NR	Not reached (NR) vs. 5.8 (NR)	0.3 (0.11 to 0.81); P = 0.002	NR
<p>Authors' conclusions: "SABR is a safe and effective modality for metastases-directed therapy in oligometastatic prostate cancer that improves PFS compared with observation and results in a systemic adaptive immune response."⁶³</p>											
SABR-COMET Palma et al. (2019) ³² Palma et al. (2020) ⁵⁸ RCT RoB: High	SABR + systemic therapy (n = 66) vs. systemic therapy alone (n = 33) Short-term Median F/U (IQR): • SABR + systemic therapy: 26 (23 to 37) months • Systemic therapy: 25 (19 to 54) months ³² Long-term Median F/U (IQR): Total: 51 (46 to 58) months ⁵⁸	Short-term F/U: 39 vs. 28 Long-term F/U: 45 vs. 29	Short- and long-term F/U: NR	Short- and long-term F/U: NR	Short- and long-term F/U: NR	Short- and long-term F/U: NR	Short-term F/U: NR Long-term F/U: 21.6 (12 to 33) vs. 3.2 (0 to 14)	Short-term F/U: NR Long-term F/U: 17.3 (8 to 30) vs. 0 (NA)	12 (6.9 to 30.4) vs. 6.0 (3.4 to 7.1) Long-term F/U: 11.6 (6.1 to 23.4) vs. 5.4 (3.2 to 6.8)	0.47 (0.30 to 0.76); P = 0.0012 Long-term F/U: 0.48 (0.31 to 0.76); P = 0.001	Short- and long-term F/U: NR

Author (year); Design; RoB	Treatments (intervention vs. comparator) Follow-up	Progression events; n	PFS rate, % (95% CI)						Median PFS (95% CI); months	Unadj HR (95% CI)	Adj HR (95% CI)
			6-month	1-year	2-year	3-year	4-year	5-year			
Authors' conclusions: "In patients with a controlled primary tumour and one to five oligometastases, SABR is associated with... a doubling of progression-free survival." ³²											
lyengar et al. (2018) ⁶⁹ RCT RoB: Some concerns	SABR + chemotherapy (n = 14) vs. chemotherapy (n = 15) Median F/U (IQR): Total: 9.6 (2.4 to 30.2) months	4 vs. 10	NR	NR	NR	NR	NR	NR	9.7 (NR) vs. 3.5 (NR)	0.304 (0.113 to 0.815); P = 0.01	NR
Authors' conclusions: "Consolidative SABR prior to maintenance chemotherapy appeared beneficial, nearly tripling PFS in patients with limited metastatic NSCLC compared with maintenance chemotherapy alone." ⁶⁹											
NRs											
Buergy et al. (2021) ⁷⁹ Retrospective cohort RoB: High	SABR (n = 232) vs. 3DCRT/IMRT (n = 26) vs. Palliative RT (n = 68) Median F/U (mean): Total: 11.7 (15.9) months	NR	NR	30.9 (NR) vs. 24.3 (NR) vs. 16.5 (NR)	16.1 (NR) vs. 19.5 (NR) vs. 5.9 (NR) P > 0.05 for SABR vs. 3DCRT/IMRT P = 0.009 for SABR vs. palliative RT	NR	NR	NR	5.9 (NR) vs. 4.1 (NR) vs. 3.7 (NR)	NR	NR

Author (year); Design; RoB	Treatments (intervention vs. comparator) Follow-up	Progression events; n	PFS rate, % (95% CI)						Median PFS (95% CI); months	Unadj HR (95% CI)	Adj HR (95% CI)
			6-month	1-year	2-year	3-year	4-year	5-year			
Authors' conclusions: "PFS data in our study showed improved outcomes after SABR compared to Palliative RT." ⁷⁹											
Ji et al. (2021) ⁸⁰ Retrospective cohort RoB: High	SABR + chemotherapy (n = 34) vs. chemotherapy alone (n = 55) Median F/U (95% CI): Total: 20.9 (17.7 to 24.1) months	NR	29.4 (NR) vs. 20.6 (NR); P = 0.468	0 (NR) vs. 5.2 (NR); P = 0.468	NR	NR	NR	NR	NR	NR	NR
Authors' conclusions: "Compared with chemotherapy alone group, the SBRT plus chemotherapy group also did not have the survival advantage on PFS." ⁸⁰											
Hurmuz et al. (2020) ⁶⁵ Retrospective cohort RoB: Some concerns	SABR ± hormonotherapy (n = 129) vs. conventional fractionation radiotherapy ± hormonotherapy (n = 47) Median F/U (IQR): Total: 22.9 (3.3 to 77.8) months	NR	NR	86.2 (NR) vs. 54.9 (NR); P < 0.001	NR	NR	NR	NR	NR	NR	0.26 (0.13 to 0.55); P < 0.001 ^b
Authors' conclusions: "2-year PFS was significantly better in patients treated with SBRT to the oligometastatic site than those treated with conventional fractionation." ⁶⁵											
Van de Ven et al. (2020) ⁶⁴ Retrospective cohort RoB: High	SABR (n = 65) vs. 3DCRT (n = 66) Median F/U (IQR): • SABR: 25 (5 to 52) months	NR	NR	54 (NR) vs. 19 (NR)	NR	NR	NR	NR	12 (NR) vs. 5 (NR); P = 0.002	0.63 (0.41 to 0.95); P = NR	NR

Author (year); Design; RoB	Treatments (intervention vs. comparator) Follow-up	Progression events; n	PFS rate, % (95% CI)						Median PFS (95% CI); months	Unadj HR (95% CI)	Adj HR (95% CI)
			6-month	1-year	2-year	3-year	4-year	5-year			
	<ul style="list-style-type: none"> • 3DCRT: 46 (9 to 55) months 										
<p>Authors' conclusions: "PFS survival rates were significantly better in the SBRT group, which is probably largely due to selection of patients, and confirmed by the differences in baseline between the 2 treatment groups."⁶⁴</p>											
Filippi et al. (2016) ⁶⁸ Retrospective cohort RoB: High	SABR (n = 28) vs. surgery (n = 142) Median F/U (IQR): <ul style="list-style-type: none"> • SABR: 27 (16.1 to 71.7) months • Surgery: 45.8 (13.6 to 107.1) months 	21 vs. 87	NR	NR	NR	NR	NR	NR	NR	2.44 (1.51 to 3.94); P < 0.001	2.78 (1.67 to 4.62); P < 0.001 ^c
<p>Authors' conclusions: "..., both Kaplan-Meier functions and Cox models indicated a worse prognosis in terms of PFS for the SBRT cohort. However, much of this effect seems to be attributable to the more intensive follow-up protocol applied after SBRT."⁶⁸</p>											
Widder et al. (2013) ⁶⁰ and Lodeweges et al. (2017) ⁶¹ Retrospective cohort RoB: High	SABR (n = 42) vs. surgery (PME) (n = 68) Short-term Median F/U (IQR): Total: 43 (36 to 60) months ⁶⁰ Long-term Median F/U (IQR): Total: 91.2 (69.6 to 117.6) months ⁶¹	Short-term F/U: 32 vs. 51 Long-term F/U: NR	Short- and long-term F/U: NR	Short-term F/U: 50 (34 to 64) vs. 54 (42 to 65) Long-term F/U: 49 (34 to 63) vs. 56 (43 to 66)	Short-term F/U: 21 (9 to 35) vs. 33 (22 to 45) Long-term F/U: 27 (14 to 41) vs. 35 (23 to 46)	Short-term F/U: 8 (2 to 22) vs. 22 (12 to 33) Long-term F/U: 18 (8 to 32) vs. 26 (16 to 36)	Short-term F/U: 8 (2 to 22) vs. 18 (9 to 30) Long-term F/U: 18 (8 to 32) vs. 23 (13 to 33)	Short-term F/U: NR Long-term F/U: 18 (8 to 32) vs. 20 (11 to 30)	Short- and long-term F/U: NR	Short- and long-term F/U: NR	Short- and long-term F/U: NR

Author (year); Design; RoB	Treatments (intervention vs. comparator) Follow-up	Progression events; n	PFS rate, % (95% CI)					Median PFS (95% CI); months	Unadj HR (95% CI)	Adj HR (95% CI)
			6-month	1-year	2-year	3-year	4-year			
Authors' conclusions: No specific conclusion regarding PFS was provided.										

3DCRT = 3-dimensional conformal radiation therapy; adj = adjusted; CI = confidence interval; ENRT = elective nodal radiotherapy; F/U = follow-up; HR = hazard ratio; IMRT = intensity-modulated radiotherapy; IQR = interquartile range; NA = not applicable; NR = not reported; PFS = progression-free survival; PME = pulmonary metastasectomy; RCT = randomized controlled trial; RoB = risk of bias; RT = radiotherapy; SABR = stereotactic ablative radiotherapy; SBRT = stereotactic body radiation therapy; unadj = unadjusted; vs. = versus.

^aPFS rates at 6, 7, and 8 years for SABR vs. surgery (PME) for all time points were 18% (95% CI, 8% to 32%) vs. 20% (95% CI, 11% to 30%).

^bCovariates with $P < 0.05$ in univariate analysis were used for adjustment in multivariate analyses, including clinical T stage, number of metastases, primary tumor treatment, metastasis treatment modality, and biological equivalent dose.

^cFactors used for adjustment in multivariable analyses included gender, age at treatment, Charlson score, and carcinoembryonic antigen.

Table 23: Health-Related QoL

Author (year); Design; RoB; Follow-up	Tools and definitions	Results
RCTs		
Phillips et al. (2020) ⁶³ RCT RoB: High	QoL: Brief Pain Inventory (Short Form)	QoL: Data not provided
Authors' conclusions: "No differences in Brief Pain Inventory (Short Form) scores were observed between arms or within either arm across time." ⁶³		
SABR-COMET Palma et al. (2019), ³² Palma et al. (2020), ⁵⁸ Olson et al. (2019) ⁵⁹ RCT RoB: High Short-term median F/U (IQR): <ul style="list-style-type: none"> • SABR + systemic therapy: 26 (23 to 37) months • Systemic therapy: 25 (19 to 54) months^{32,59} Long-term median F/U (IQR): Total: 51 (46 to 58) months ⁵⁸	QoL: FACT-G (4 subscales: physical well-being, social/family well-being, emotional well-being, and functional well-being)	QoL: SABR + systemic therapy vs. systemic therapy FACT-G at 6 months, mean (SD): ^{a,32} <ul style="list-style-type: none"> • Total scores (sum of FACT-G physical, social, emotional and functional well-being subscales): 82.6 (16.6) vs. 82.5 (16.4); P = 0.99 FACT-G subscales, mean (SD): <ul style="list-style-type: none"> • Physical: 22.4 (4.8) vs. 23.1 (4.9); P = 0.54 • Social: 22.8 (5.1) vs. 21.8 (6.3); P = 0.48 • Emotional: 18.1 (5.1) vs. 18.3 (4.3); P = 0.87 • Functional: 19.4 (5.8) vs. 18.8 (7.0); P = 0.74 FACT-G over 42 months ⁵⁹ : <ul style="list-style-type: none"> • Total score: P = 0.42 • Physical: P = 0.98 • Functional: P = 0.59 • Emotional: P = 0.82 • Social: P = 0.17 FACT-G over 5 years ⁵⁸ <ul style="list-style-type: none"> • Total score: P = 0.98 • Physical: P = 0.72 • Functional: P = 0.47

Author (year); Design; RoB; Follow-up	Tools and definitions	Results
		<ul style="list-style-type: none"> • Emotional: P = 0.77 • Social: P = 0.19 <p>Authors' conclusions: "There were no significant differences in overall mean FACT-G scores at 6 months, or in any of the physical, social, functional, or emotional QoL subscales."³² "The use of SABR, compared with standard of care, was not associated with a QoL detriment. This suggests that broad QoL changes are due to underlying disease processes over time. Future research could further explore site- and tumour-specific QoL measures and their ability to detect more subtle changes over time and differences between treatment options. We believe this work supports future clinical trials that are histology and site specific."⁵⁹ "The long-term analysis of FACT-G scores over time are shown in Figure 3, with no differences in total QoL scores, or subscale score."⁵⁸</p>
NRS		
<p>Van de Ven et al. (2020)⁶⁴</p> <p>Prospective cohort</p> <p>RoB: High</p> <p>Median F/U (IQR):</p> <ul style="list-style-type: none"> • SABR: 25 (5 to 52) months • 3DCRT: 46 (9 to 55) months 	<p>Pain: Pain scores and response were assessed only in patients who reported pain at baseline</p> <p>Pain response: Defined according to international consensus criteria using NRS and Brief Pain Inventory scores; information on pain medication and daily oral morphine equivalent based on returned QoL questionnaires or gathered during follow-ups</p> <p>Partial response = a pain reduction of at least 2 points without an increase in analgesic use, or at least a 25% reduction in opioid use without an increase in pain score</p> <p>Complete response = a pain score of 0 without an increase in analgesic use</p> <p>Pain progression = an increase in pain score of 2 or more points above baseline with no change in analgesic use, or an increase in pain score of 1 point above baseline with an increase in analgesic use of 25% or more</p> <p>Stable pain = no change in pain score or analgesic use</p> <p>Intermediate response = all other responses that do not fit under partial response, complete response, pain progression, or stable pain</p>	<p>Pain</p> <p>Number of patients with pain at baseline:</p> <ul style="list-style-type: none"> • SBRT: n = 38; 3DCRT: n = 57 <p>Mean (SD) NRS scores at baseline:</p> <ul style="list-style-type: none"> • SBRT: 3.0 (3.5); 3DCRT: 4.6 (3.3) <p>Pain response:</p> <ul style="list-style-type: none"> • SBRT: 84% (n = 32); 3DCRT: 81% (n = 46); P = 0.79 <p>Complete response:</p> <ul style="list-style-type: none"> • 3 months – SBRT: 16% (n = 4); 3DCRT: 25% (n = 10); P = 0.359 • 6 months – SBRT: 34.6% (n = 9); 3DCRT: 19.4% (n = 6); P = 0.180 • 12 months – SBRT: 40% (n = 4); 3DCRT: 15.4% (n = 4); P = 0.119 <p>Partial response</p> <ul style="list-style-type: none"> • 3 months – SBRT: 56% (n = 14); 3DCRT: 42.5% (n = 17) • 6 months – SBRT: 34.6% (n = 9); 3DCRT: 41.9% (n = 13) • 12 months – SBRT: 40% (n = 4); 3DCRT: 34.6% (n = 9) <p>Pain progression:</p> <ul style="list-style-type: none"> • 3 months – SBRT: 24% (n = 6); 3DCRT: 17.5% (n = 7) • 6 months – SBRT: 11.5% (n = 3); 3DCRT: 29% (n = 9) • 12 months – SBRT: 10% (n = 1); 3DCRT: 15.4% (n = 4)

Author (year); Design; RoB; Follow-up	Tools and definitions	Results
	<p>Responders = complete or partial response was achieved on at least 1 of the follow-up time points</p> <p>Duration of pain response = time until pain progression, intermediate pain response, stable pain, or death</p> <p>Ongoing pain response = a continuous pain response (e.g., partial or complete) 1 year after treatment</p> <p>QoL tools (global, functional, and role scales) EORTC QLQ-BM22, EORTC QLQ-C15-PAL, Brief Pain Inventory, EQ-5D; validated tools used</p>	<p>Intermediate responses + stable responses:</p> <ul style="list-style-type: none"> • 3 months – SBRT: 4.2% (n = 1); 3DCRT: 15% (n = 6) • 6 months – SBRT: 19.2% (n = 5); 3DCRT: 9.7% (n = 3) • 12 months – SBRT: 10% (n = 1); 3DCRT: 34.6% (n = 9) <p>Responders:</p> <ul style="list-style-type: none"> • 3 months – SBRT: 72% (n = 18); 3DCRT: 67.5% (n = 27); P = 0.702 • 6 months – SBRT: 69% (n = 18); 3DCRT: 60% (n = 19); P = 0.502 • 12 months – SBRT: 80% (n = 8); 3DCRT: 50% (n = 13); P = 0.04 <p>Median duration of pain response (range):</p> <ul style="list-style-type: none"> • SBRT: 24 weeks (0 to 50) • 3DCRT: 23 weeks (1 to 58); P = 0.79 <p>Ongoing pain response:</p> <ul style="list-style-type: none"> • 6 months – SBRT: 65%; 3DCRT: 61%; P = 0.79 • 12 months – SBRT: 50%; 3DCRT: 42%; P = 0.77 <p>Re-irradiation for pain recurrence or progression:</p> <ul style="list-style-type: none"> • SBRT: 5% • 3DCRT: 33.3%; P < 0.05 <p>QoL (where P values of < 0.01 were considered statistically significant for mixed models)</p> <ul style="list-style-type: none"> • No significant differences between groups for any QoL subscales
	<p>Authors' conclusions: "In patients with oligometastatic disease, SBRT to bone metastases did not improve pain response or QoL compared with 3DCRT. Reirradiation was less often needed in the SBRT group."⁶⁴</p>	

3DCRT = 3-dimensional conformal radiation therapy; EORTC QLQ-BM22 = European Organization for Research and Treatment of Cancer Quality of Life Questionnaire for Patients with Bone Metastasis 22; EORTC QLQ-C15-PAL = European Organization for Research and Treatment of Cancer Quality of Life Questionnaire Core 15 Palliative; EQ-5D = EuroQol 5-Dimensions questionnaire; FACT-G = Functional Assessment of Cancer Therapy-General; F/U = follow-up; IQR = interquartile range; NRS = numeric rating scale; QoL = quality of life; SABR = stereotactic ablative radiotherapy; RCT = randomized controlled trial; RoB = risk of bias.

*Baseline values were not reported numerically, but graphically instead.

Table 24: Lesional Control

Author (year); Design; RoB	Treatments (intervention vs. comparator); follow-up	Local progression events; n	Crude LC rate, % (95% CI)	LC rate, % (95% CI)						Median LC (95% CI); months	Unadj HR (95% CI)	Adj HR (95% CI)
				1-year	2-year	3-year	4-year	5-year	6-year			
RCTs												
SABR-COMET Palma et al. (2019) ³² Palma et al. (2020) ⁵⁸ RCT RoB: High	SABR + systemic therapy (n = 66) vs. systemic therapy (n = 33)	Short- and long-term F/U: NR	Short-term F/U: 75 (NR) vs. 49 (NR); P = 0.0010 Long-term F/U: 63 (NR) vs. 46 (NR); P = 0.039	NR	NR	NR	NR	NR	NR	NR	NR	NR
	Short-term Median F/U (IQR): <ul style="list-style-type: none"> SABR + systemic therapy: 26 (23 to 37) months systemic therapy: 25 (19 to 54) months³² Long-term Median F/U (IQR): Total: 51 (46 to 58) months ⁵⁸											
Authors' conclusions: "The proportion of patients with lesional control (i.e., the absence of progression in the lesions initially present of randomization) was 49% (28 of 57 assessable lesions) in the control group and 75% (75 of 100 assessable lesions) in the SABR group (p=0.0010), represented by an absolute increase of 26% (95% CI 10–41)" (p. 2055). ³² "The overall long-term LC rate, defined as the absence of progression in the lesions initially present at random assignment on the basis of RECIST version 1.1, was 46% (26 of 57 assessable lesions) in the control arm and 63% (65 of 104 assessable lesions) in the SABR arm (P = .039), corresponding to an absolute increase of 17% (95% CI, 1% to 33%)" (p. 4). ⁵⁸												
Iyengar et al. (2018) ⁶⁹ RCT RoB: Some concerns	SABR + chemotherapy (n = 14) vs. chemotherapy (n = 15)	0 vs. 7	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR
	Median F/U (IQR): Total: 9.6 (2.4 to 30.2) months	Authors' conclusions: No specific conclusion provided.										
NRSs												
Buergy et al. (2021) ⁷⁹	SABR (n = 232) vs. 3DCRT/IMRT (n = 26) vs. Palliative RT (n = 68)	NR	NR	Unadj: 80.8	NR	NR	NR	NR	NR		NR	NR

Author (year); Design; RoB	Treatments (intervention vs. comparator); follow-up	Local progression events; n	Crude LC rate, % (95% CI)	LC rate, % (95% CI)						Median LC (95% CI); months	Unadj HR (95% CI)	Adj HR (95% CI)	
				1-year	2-year	3-year	4-year	5-year	6-year				
Retrospective cohort RoB: High	Median F/U (mean): Total: 11.7 (15.9) months			(NR) vs. 60.6 (NR) vs. 57.7 (NR) P > 0.05 for SABR vs. 3DCRT/ IMRT P = 0.026 for SABR vs. palliative RT							39.7 (NR) for all patients		
Authors' conclusions: "Adrenal RT was associated with an acceptable FFLP in all arms and a favorable FFLP after SBRT." ⁷⁹													
De Bleser et al. (2019) ⁶⁶ Retrospective cohort RoB: High	SABR (n = 309) vs ENRT (n = 197) Median F/U (IQR): Total: 36 (23 to 56) months	50 vs. 9	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR
Authors' conclusions: No specific conclusion provided.													
Hurmuz et al. (2020) ⁶⁵ Retrospective cohort RoB: Some concerns	SABR ± hormonotherapy; n = 129 vs. conventional fractionation radiotherapy ± hormonotherapy; n = 47 Median F/U (IQR): Total: 22.9 (3.3 to 77.8) months	2 vs. 7	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR
Authors' conclusions: No specific conclusion provided.													

Author (year); Design; RoB	Treatments (intervention vs. comparator); follow-up	Local progression events; n	Crude LC rate, % (95% CI)	LC rate, % (95% CI)						Median LC (95% CI); months	Unadj HR (95% CI)	Adj HR (95% CI)
				1-year	2-year	3-year	4-year	5-year	6-year			
Filippi et al. (2016) ⁶⁸ Retrospective cohort RoB: High	SABR (n = 28) vs. surgery (n = 142) Median F/U (IQR): • SABR: 27 (16.1 to 71.7) mo • Surgery: 45.8 (13.6 to 107.1) mo	6 vs. 6	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR
Authors' conclusions: No specific conclusion provided.												
Widder et al. (2013) ⁶⁰ and Lodeweges et al. (2017) ^{61a} Retrospective cohort RoB: High	SABR (n = 42) vs. surgery (PME) (n = 68) Short-term F/U Median F/U (IQR): Total: 43 (36 to 60) months ⁶⁰ Long-term F/U Median F/U (IQR): Total: 91.2 (69.6 to 117.6) months ⁶¹	Short- and long-term F/U: NR	NR	Short-term F/U: 94 (79 to 99) vs. 93 (83 to 97) Long-term F/U: 95 (80 to 99) vs. 93 (83 to 97)	Short-term F/U: 94 (79 to 99) vs. 90 (78 to 96) Long-term F/U: 95 (80 to 99) vs. 91 (79 to 96)	Short-term F/U: 85 (55 to 96) vs. 83 (65 to 92) Long-term F/U: 95 (80 to 99) vs. 90 (70 to 97)	Short-term F/U: 85 (55 to 96) vs. 83 (65 to 92) Long-term F/U: 90 (70 to 97) vs. 85 (70 to 93)	Short-term F/U: NR Long-term F/U: 83 (57 to 94) vs. 81 (65 to 90)	Short-term F/U: NR Long-term F/U: 83 (57 to 94) vs. 81 (65 to 90)	Short- and long-term F/U: NR	NR Long-term F/U: 0.8 (0.24 to 2.65)	Short- and long-term F/U: NR
Authors' conclusions: "Patterns of progressions and post-treatment management did not differ between SABR and PME" (p. 411). ⁶⁰												

CI = confidence interval; 3DCRT = three-dimensional conformal radiotherapy; ENRT = elective nodal radiotherapy; FFLP = freedom from local progression; F/U = follow-up; HR = hazard ratio; IMRT = intensity-modulated radiotherapy; IQR = interquartile range; LC = lesion control; NR = not reported; PME = pulmonary metastasectomy; RCT = randomized controlled trial; RoB = risk of bias; RT = radiotherapy; SABR = stereotactic ablative radiotherapy; SBRT = stereotactic body radiation therapy; vs. = versus.

^aLC rates at 7 and 8 years for SABR vs. surgery (PME) for both time points was 83% (95% CI, 57% to 94%) vs. 81% (95% CI, 65% to 90%).

Table 25: Adverse Events

Author (year); Design; RoB; Follow-up	Tools	Results
RCTs		
Phillips et al. (2020) ⁶³ RCT RoB: High Median F/U (IQR): Total: 18.8 (5.8 to 35.0) months	CTCAE v4.0	Number of patients with AEs New grade 1 Aes at 90 days: <ul style="list-style-type: none"> • SABR: 29/36 (81%) vs. observation: 12/16 (75%) New grade 1 Aes at 180 days: <ul style="list-style-type: none"> • SABR: 15/36 (42%) vs. observation: 3/11 (27%) New grade 2 Aes at 90 days: <ul style="list-style-type: none"> • SABR: 3/36 (8%) vs. observation: 0/16 (0) New grade 2 Aes at 180 days: <ul style="list-style-type: none"> • SABR: 2/36 (6%) vs. observation: 0/11 (0) Grade 3 or higher Aes: None Authors' conclusions: "The adverse effects associated with SABR were mild and did not appear to affect quality of life."
SABR-COMET Palma et al. (2019), ³² Palma et al. (2020) ⁵⁸ RCT RoB: High Short-term Median F/U (IQR): <ul style="list-style-type: none"> • SABR + systemic therapy: 26 (23 to 37) months • systemic therapy: 25 (19 to 54) months³² Long-term Median F/U (IQR):	CTCAE v4.0	Number of patients with AEs AE grade ≥ 2: <ul style="list-style-type: none"> • SABR + systemic therapy: 61% (n = 40) vs. systemic therapy: 46% (n = 15); P = 0.15 Treatment-related AE grade ≥ 2: <ul style="list-style-type: none"> • SABR + systemic therapy: 29% (n = 19) vs. systemic therapy: 9% (n = 3); P = 0.026 with an absolute increase of 20% (95% CI, 5 to 34) Death (grade 5): <ul style="list-style-type: none"> • SABR + systemic therapy: 4.5% (n = 3; radiation pneumonitis [n = 1], pulmonary abscess [n = 1], and subdural hemorrhage after surgery to repair a SABR-related perforated gastric ulcer [n = 1]) vs. systemic therapy: 0% (n = 0); P = 0.55 Fatigue (grade 2): <ul style="list-style-type: none"> • SABR + systemic therapy: 6% (n = 4) vs. systemic therapy: 6% (n = 2); P = 0.45 Fatigue (grade 3): <ul style="list-style-type: none"> • SABR + systemic therapy: 0% (n = 0) vs. systemic therapy: 3% (n = 1); P = 0.45

Author (year); Design; RoB; Follow-up	Tools	Results
<p>Total: 51 (46 to 58) months⁵⁸</p>		<p>Dyspnea (grade 2):</p> <ul style="list-style-type: none"> • SABR + systemic therapy: 2% (n = 1) vs. systemic therapy: 0% (n = 0); P = 1.00 <p>Dyspnea (grade 3):</p> <ul style="list-style-type: none"> • SABR + systemic therapy: 2% (n = 1) vs. systemic therapy: 0% (n = 0); P = 1.00 <p>Pain (any type, including muscle, bone, and other; grade 2)</p> <ul style="list-style-type: none"> • SABR + systemic therapy: 8% (n = 5) vs. systemic therapy: 0% (n = 0); P = 0.14 <p>Pain (any type, including muscle, bone, and other; grade 3)</p> <ul style="list-style-type: none"> • SABR + systemic therapy: 5% (n = 3) vs. systemic therapy: 0% (n = 0); P = 0.14 <p>Authors' conclusions: "SABR was associated with an improvement in overall survival, meeting the primary end point of this trial, but 3 (4.5%) of 66 patients in the SABR group had treatment-related death."³²; "There were no new safety signals, and SABR had no detrimental impact on QoL."⁵⁸</p>
<p>Iyengar et al. (2018)⁶⁹ RCT RoB: Some concerns Median F/U (IQR): Total: 9.6 (2.4 to 30.2) months</p>	<p>CTCAE v4.0</p>	<p>Toxicity (number of events)</p> <p>Grade 1:</p> <ul style="list-style-type: none"> • SABR + maintenance: 13 vs. maintenance only: 17 <p>Grade 2:</p> <ul style="list-style-type: none"> • SABR + maintenance: 5 vs. maintenance only: 5 <p>Grade 3:</p> <ul style="list-style-type: none"> • SABR + maintenance: 4 vs. maintenance only: 2 <p>Grade 4:</p> <ul style="list-style-type: none"> • SABR + maintenance: 0 vs. maintenance only: 1 <p>Grade 5:</p> <ul style="list-style-type: none"> • SABR + maintenance: 3 vs. maintenance only: 6 <p>Authors' conclusions: "Consolidative SABR prior to maintenance chemotherapy appeared beneficial, nearly tripling PFS in patients with limited metastatic NSCLC compared with maintenance chemotherapy alone, with no difference in toxic effects."⁶⁹</p>
NRSs		
<p>Bueryg et al. (2021)⁷⁹ Retrospective cohort</p>	<p>CTCAE v5.0</p>	<p>The authors reported radiotherapy-related toxicities without specifying the types of radiotherapy (i.e., SABR, 3DCRT/IMRT, or palliative RT)</p> <ul style="list-style-type: none"> • 4 cases of adrenal insufficiency:

Author (year); Design; RoB; Follow-up	Tools	Results
<p>RoB: High</p> <p>Median F/U (mean): Total: 11.7 (15.9) months</p>		<ul style="list-style-type: none"> ◦ 1 patient receiving bilateral treatment and RT doses of 48.7 and 49.5 Gy for right- and left-side RT, respectively. ◦ 1 patient receiving bilateral treatment and RT doses of 116.4 and 101.6 Gy for right- and left-side RT, respectively. ◦ 1 patient receiving unilateral treatment and RT dose of 38.1 Gy. ◦ 1 patient receiving unilateral treatment and RT dose of 77.9 Gy. • 15 patients had acute gastrointestinal toxicity (nausea, vomiting) requiring antiemetic therapy, but no hospital admission. • 1 patient had duodenal stenosis and pain (Grade 3) 1 month after SABR. • 9.8% of patients had fatigue. • 1 patient had gastric ulceration 6 months after RT (Dmax of 31 Gy in 5 fractions to the stomach). • <1% of the patients had flank pain. • No other toxicities (e.g., hepatic, renal or skin) were reported. <p>Authors' conclusions: "Toxicity was mostly mild; notably four cases of adrenal insufficiency occurred, two of which were likely caused by immunotherapy or tumor progression. Radiotherapy for adrenal metastases was associated with a mild toxicity profile in all groups"⁷⁹</p>
<p>Ji et al. (2021)⁸⁰</p> <p>Retrospective cohort</p> <p>RoB: High</p> <p>Median F/U (95% CI): Total: 20.9 (17.7 to 24.1) months</p>	<p>CTCAE v5.0</p>	<p>All patients had mild toxic effects of Grade 1 or 2 (transient fatigue, anorexia, nausea, and vomiting)</p> <p>No significant differences between SABR + chemotherapy and chemotherapy alone groups in hepatotoxic nephrotoxic, and hematologic toxic effects, between groups.</p> <p>1 patient had duodenal ulcer bleeding due to adverse effects of radiotherapy; the symptom was improved after endoscopic intervention.</p> <p>Authors' conclusions: "It is safe and effective method for local progression control and local symptomatic palliation in patients with metastatic pancreatic cancer."⁸⁰</p>
<p>Liu et al. (2021)⁸¹</p> <p>Retrospective cohort</p> <p>RoB: High</p> <p>Median F/U (range): Total: 25.8 (4.8 to 122.7) months</p>	<p>CTCAE v4.0</p>	<p>Toxicities after SABR:</p> <ul style="list-style-type: none"> • No Grade 4 or 5 occurred. • Grade 2: 24 (28.2%) patients (2 events of dermatitis radiation, 4 events of nausea/vomiting, 1 event of colonic hemorrhage, 3 events of neuropathy, 2 events of bronchopleural fistula, 9 events of neutropenia, 2 events of anemia, 1 event of thrombocytopenia, 2 events of fracture. • Grade 3: 5 (5.9%) patients (1 event of dermatitis radiation, 1 event of neuropathy, 2 events of neuropathy, 6 events of anemia) <p>Authors' conclusions: "SBRT combined with TKI was generally well tolerated."⁸¹</p>

Author (year); Design; RoB; Follow-up	Tools	Results
De Bleser et al. (2019) ⁶⁶ Retrospective cohort RoB: High Median F/U (IQR) : Total: 36 (23 to 56) months	CTCAE or RTOG grading system	Number of patients with AEs Grade 3 or higher in both early and late toxicity <ul style="list-style-type: none"> • SABR: 0 (0%) • ENRT: 5 (2.5%); P = 0.009 Early toxicity of all grades: <ul style="list-style-type: none"> • SABR: 3 (1%) • ENRT: 12 (6%); P = 0.002 Late toxicity of all grades: <ul style="list-style-type: none"> • SABR: 16 (5%) • ENRT: 31 (16%); P < 0.001
Authors' conclusions: "ENRT reduces the number of nodal recurrences as compared with SBRT, however at higher toxicity." ⁶⁶		
He et al. (2018) ⁶⁷ Retrospective cohort RoB: Some concerns Median F/U: Total: 13 months	CTCAE v3.0 or RTOG	Liver toxicity: <ul style="list-style-type: none"> • SABR: One patient had grade 1 to 2; 1 patient had grade 3 • 3DCRT: Three patients had grade 1 and 2; 2 patients had grade 3 Hepatic toxicity-inducing rate: <ul style="list-style-type: none"> • No difference between groups (P = 0.674)
Authors' conclusions: "Non-invasive radiation therapy provides satisfactory survival benefit for limited colorectal cancer liver metastases without intolerable toxicity and is therefore especially suitable for those elderly patients with poor performance status." ⁶⁷		
Filippi et al. (2016) ⁶⁸ Retrospective cohort RoB: High Median F/U (IQR): <ul style="list-style-type: none"> • SABR: 27 (16.1 to 71.7) months • Surgery: 45.8 (13.6 to 107.1) months 	CTCAE v3.0	Number of patients with AEs SABR: <ul style="list-style-type: none"> • Pulmonary toxicity – grade 0: 64.2% (n = 18); grade 1: 21.4% (n = 6); grade 2: 14.4% (n = 4) • Radiological lung toxicity – grade 0: 39.2% (n = 11); grade 1: 17.8% (n = 5); grade 2: 28.6% (n = 8); grade 3: 14.4% (n = 4) • Chronic chest wall pain – grade 2: 3.6% (n = 1); grade 3: 3.6% (n = 1) • Skin toxicity – grade 2: 3.6% (n = 1) Surgery: <ul style="list-style-type: none"> • Death: 0.7% (n = 1) within 30 days

Author (year); Design; RoB; Follow-up	Tools	Results
		Authors' conclusions: No specific conclusions for AEs.

3DCRT = 3-dimensional conformal radiation therapy; AE = adverse event; CI = confidence interval; CTCAE = Common Terminology Criteria for Adverse Events; ENRT = elective nodal radiotherapy; F/U = follow-up; IMRT = Intensity-modulated radiation therapy; IQR = interquartile range; NSCLC = non-small cell lung cancer; PFS = progression-free survival; QoL = quality of life; SABR = stereotactic ablative radiotherapy; RCT = randomized controlled trial; RoB = risk of bias; SABR = stereotactic ablative radiotherapy; SBRT = stereotactic body radiotherapy; NRS = nonrandomized study; RT = radiotherapy; RTOG = Radiation Therapy Oncology Group; TKI = tyrosine kinase inhibitor.

Table 26: Patient and Public Involvement in CADTH’s SABR for the Treatment of Oligometastatic Cancer HTA

Section and topic	Item	Reported on page
1: Aim	A patient with experience with SABR was involved in developing the protocol and commenting on the findings. This patient, and other patient stakeholder groups (Canadian Partnership Against Cancer, Canadian Cancer Survivor Network) were invited to provide feedback on the draft of the baseline clinical review.	26, 27
2: Methods	<p>We engaged one patient with oligometastatic cancer (primary head and neck cancer with a lung metastasis) that was treated with SABR. An oncology trialist identified this individual as a patient collaborator.</p> <p>After giving informed consent, the patient collaborator discussed their experience of SABR treatment via teleconference and email communication.</p> <p>Once preliminary findings from the review were available, the patient was invited to give their perceptions of key findings, including whether the findings are understandable, and if they reflect their experiences.</p>	27
3: Study results	<p>In their discussions, the researchers were made aware of the importance of three outcomes in particular: overall survival, progression-free survival, and quality of life, especially with regards to breathing problems and fatigue. They mentioned being able to exercise/be active was important to them. They mentioned satisfaction in being able to return to work after SABR treatment.</p> <p>The involvement of a patient prompted the research team to discuss which adverse effects of SABR were of concern to the patient collaborator. Pain and fatigue were mentioned and reported in the results where available.</p> <p>Sharing these concerns allowed the research team to consider the evidence in the context of the wider experiences of patients and caregivers when preparing the assessment.</p>	62, 63
4: Discussion and conclusions	<p>Success of patient involvement in this report is related to several factors. First, the patient partners are briefed on the objectives of the project and their role. Second, they are supported by experienced Patient Engagement Officers who can facilitate the use of their involvement with the research team.</p> <p>Established processes are in place, and our patient collaborator was offered compensation for their time to participate in the project.</p> <p>However, there were limitations. The topic and research questions were already determined before engaging the patient collaborator. Due to time constraints, our collaborator and other patient stakeholders were invited to participate within a set time frame, and with a deadline for providing feedback.</p>	65, 66
5: Reflections and critical perspective	<p>Our patient collaborator was highly engaged in the conversation with researchers. They had clear opinions and concerns during the teleconference. They reported family-borne costs or burdens such as travel that was covered by private insurance. Although not within the scope of this report, the conversation of patient-borne costs and experiences of travelling for treatment helped the researchers appreciate the reality of receiving SABR treatment.</p> <p>Ethical and equity issues are sometimes revealed in the telling of their experiences. For example, our patient collaborator</p>	66, 67

Section and topic	Item	Reported on page
	<p>lived in a northern, rural location. It was 1200 km to the largest cancer centre where the treatment plan was made, and a PET scan performed. They were able to receive treatment 450 km from home at a regional cancer centre. They sometimes needed a family member to travel with them. They stayed in housing for patients and families located near the cancer centre for the duration of their treatment. Many of their costs were covered by their private insurance plan through work. These comments allowed the researchers to reflect on geographic barriers to accessing services, as well as additional patient considerations when travelling for treatment.</p> <p>Some limitations of our patient engagement are that people often have concerns that are not part of the project scope (e.g., accessing diagnosis, difficulty finding a knowledgeable health care provider), but the topic and question are already identified when the project begins.</p> <p>It can be difficult to identify a patient whose experience is similar to the population of interest.</p> <p>The timeframe of the project makes it difficult for patients to participate fully, on terms that work for them (e.g., daytime teleconferences). People need access to reliable technology, phone, and internet to participate, possibly excluding some voices.</p>	

HTA = Health Technology Assessment; PET = PET; SABR = stereotactic ablative radiotherapy.